

Blood Pressure Sunday

May 2002

Program Results

American Heart Association 



Michigan Department
Of Community Health

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During May 2002, blood pressure screenings were held in 79 Detroit Area Churches by specially trained volunteer nurses and health professionals. More than 2200 individuals were screened, and an estimated 4,000 were reached through educational materials distributed at the sites. Below are the statistical highlights from the screenings:

Number Screened at Each Location

Antioch Lutheran	18
Apostolic Church	230
Celebration Church of Christ	22
Christ Temple Apostolic	17
Christ the King Lutheran	39
Christian Gospel Center Church of God in Christ	36
Eastern Star MBC	36
Eastside Church of Christ	96
El Bethel Temple	8
First Church of the Redeemed	48
First Presbyterian	26
First United Methodist Church of St. Clair Shores	10
Genesis Church	45
Gethsemane Christian Church	45
Grace Community	16
Grace Apostolic	75
Greenfield Ave. Church of God	11
Hartford Memorial Baptist	85
Holy Cross Lutheran Church	16
Holy Ground Temple	10
Hope Lutheran	9
Jehovah Baptist Church	23
Lighthouse Cathedral	29
Little Rock	33
Macdonia Missionary Baptist Church	32
Marimont Community	22
Monument of Faith	33
Mt Olive Baptist	34
New Mt. Moriah	109
New Mt. Zion	58
New Prospect Baptist Church	86
New Salem Missionary Baptist Church	25
Orchard Lake Community - Presbyterian	42
Pontiac Southside SDA	37
Presbyterian Our Lady of Victory	16
Redford Presbyterian	23
Revelation Lutheran Church, ELCA	23
Second Baptist	27
Second Corinthian Baptist Church	87
St. Andrew	27
St. Clair Shores	20
ST. Mary of Redford	25
St. Isidore	38
St. John Lutheran	26
St. Kenneth - Plymouth	14
St Mary	38
St Peter's	56
St. Paul Life of Praise Center	58
St. Renee Goupal	16
St. Segaines - Detroit	24
St Theresa of Lissux	76
Tried Stone Baptist Church	30
Victory Christian Center	32
West Side Community	42
TOTAL	2,152

SPONSORED BY: American Heart Association/Midwest Affiliate and the Michigan Department of Community Health

History

Blood Pressure Sunday is an annual blood pressure and stroke-screening event. The event takes place primarily in 90+ African American Churches and includes other ethnic groups throughout metro Detroit. Usually held in May, this event is a collaborative effort between the American Heart Association and the Michigan Department of Community Health.

Objectives include: **1.** Identifying those who have high blood pressure and those at increased risk for stroke. **2.** Providing each participant with a complete review and explanation of their screening as well as resources that will help them understand how to lower their risk. **3.** Encouraging those identified at risk to follow-up with their family physician.

A one-day volunteer training conference for health professionals is held prior to the event. This training includes blood pressure measurement and equipment update, orientation to the event, forms, procedures, and educational material.

Demographic Breakdown

In 2002 the Blood Pressure Sunday screenings served mostly African Americans within the City of Detroit. More than half of the participants were seniors (55+).

Findings

Reported results over the past five years have identified individuals with high blood pressure readings. Many of these individuals were unaware of their blood pressure numbers. Blood Pressure screening can potentially save lives by referring high-risk individuals for follow up and medical treatment.

*For more information about Blood Pressure,
check out our web site today!*

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