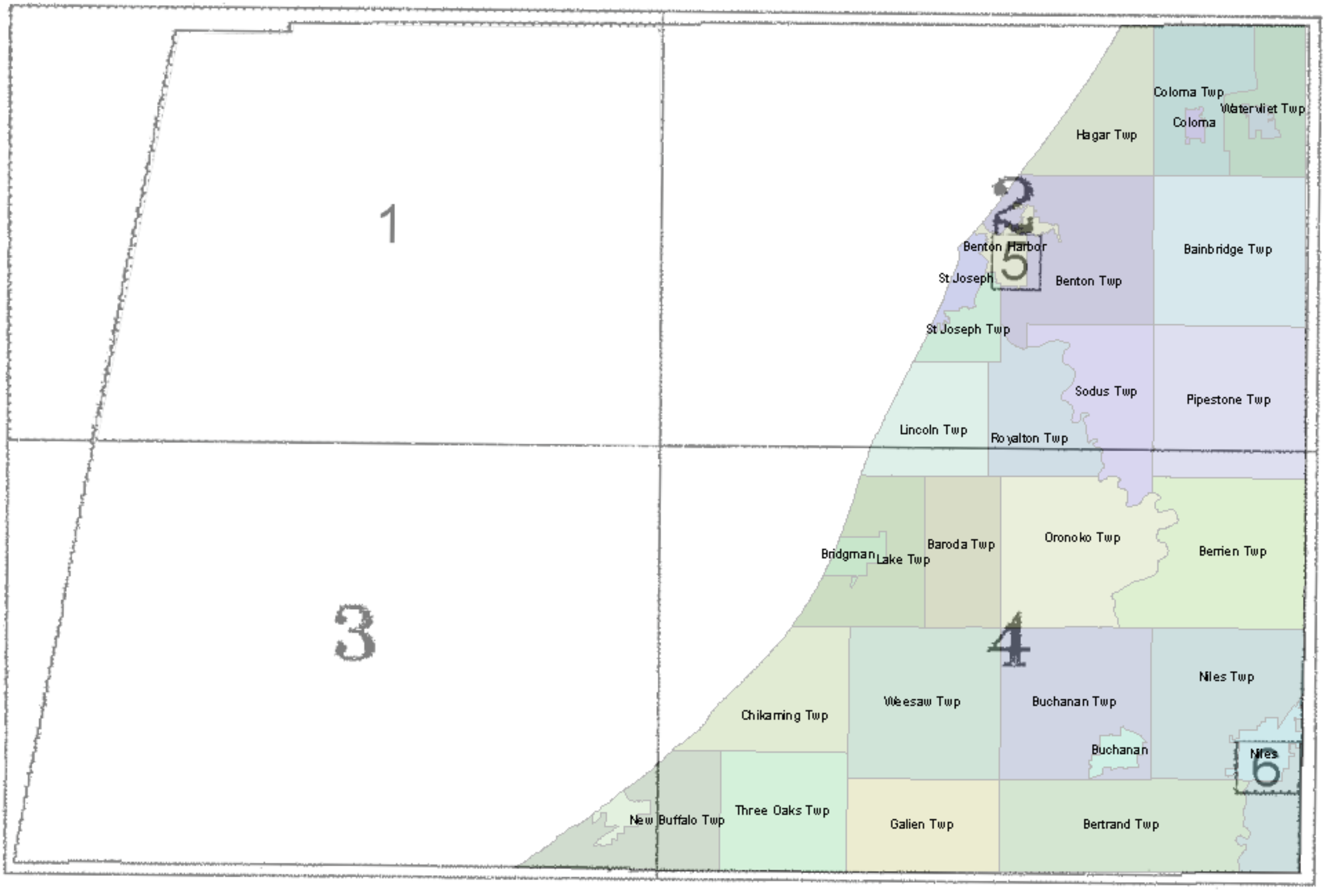Index to Parent Sheets and Inset Areas