

The Michigan Department of Community Health,
through the Michigan Association of Community Mental Health Boards,

presents

October 9, 2006

***Integrating Services for People with Co-Occurring
Substance-Related and Mental Disorders:
What Does It All Mean and Are You Ready?***

October 10, 2006

***How to Make Integrated Services Really Work: Bringing
Together the Treatment Team, Consumers,
Services and Documentation***

Agenda

**Holiday Inn, Grayling
October 9 & 10, 2006**

Featuring:

David Mee-Lee, M.D.

David Mee-Lee, M.D. is a board-certified psychiatrist and is certified by examination of the American Society of Addiction Medicine (ASAM). He is based in Davis, California and is involved in full-time training and consulting both nationally and internationally. Dr. Mee-Lee is Chief Editor of the Revised Second Edition of the ASAM Criteria, ASAM PPC-2R, which includes criteria for co-occurring mental and substance-related disorders. He is a Senior Fellow for the Co-Occurring Center for Excellence (COCE) for Substance Abuse and Mental Health Services Administration (SAMHSA).

Dr. Mee-Lee has over twenty-five years experience in treatment and program development for people with co-occurring mental and substance use disorders and has authored a number of book chapters and papers in a variety of professional publications.

This training is targeted for all mental health and substance abuse staff and clinicians who are treating consumers with co-occurring disorders.

(You may sign up for one or both of the above trainings.)

This initiative is funded through the Federal Community Mental Health block grant administered through the Michigan Department of Community Health

Integrating Services for People with Co-Occurring Substance-Related and Mental Disorders: What Does It All Mean and Are You Ready?

**Holiday Inn, Grayling
October 9, 2006**

Training Overview:

A large proportion of individuals suffering from alcoholism and drug dependence also suffer from psychiatric problems and vice versa. Because clinicians often lack training in both addiction and mental health treatment, clients with co-occurring mental and substance-related disorders frequently receive inadequate care, and may be caught in the gap between the mental health and addiction treatment systems. The addiction and mental health treatment fields have arisen from very different roots. This has accounted for the ongoing fragmentation that has been aggravated by different training, systems and funding.

This training will present an integrated treatment model that incorporates practices that have been found effective for people suffering from mental health and substance use problems.

Even though many are committed to best practices in integrated dual disorders treatment, it is difficult to actually change clinician attitudes and skills to provide truly integrated services. This training will also focus on ways to change assessment, services and systems for programs and teams ready to integrate services in daily practice. It will refer to the ASAM Patient Placement Criteria, Second Edition Revised (ASAM PPC-2R), which includes criteria for Co-Occurring Disorders.

Training Objectives:

Participants will:

1. Review the context and background of the behavioral health field that has created attitudinal and values differences contributing to fragmentation.
2. Identify specific practices for integrated services with demonstrated effectiveness in services research.
3. Apply ASAM multidimensional assessment to develop services that meet the multiple needs of people with co-occurring disorders.
4. List ways to implement immediate changes in daily clinical work to improve integrated care.

October 9: Training Schedule

- 8:00 AM Registration/Continental Breakfast
- 8:30 AM Welcome and Introduction: Tison Thomas, Program Specialist
Service Innovation and Consultation Section, MDCH
- 8:45 AM Integrated Treatment Initiative in Michigan: Patty Degnan, Manager, Service
Innovation & Consultation Section, MDCH
- 9:00 AM A. Dilemmas in Definition, Diagnosis and Disposition
- ❖ Incidence and prevalence of co-occurring disorders
 - ❖ Why diagnostic confusion?
 - ❖ Identifying clients according to severity of each disorder
- B. Cultural Clashes in the Behavioral Health Field
- ❖ Polarized perspectives about presenting problems
 - ❖ Different theoretical perspectives; different treatment methodologies
- 10:30 AM *Break*
- 10:45 AM C. Research-Based Principles for an Integrated Treatment Model
- ❖ Implications for skills and services
 - ❖ Engaging clients in participatory treatment
 - ❖ Stages of change and assessing readiness
- 12:00 PM Lunch (included)
- 1:15 PM D. Person-Centered Assessment and Treatment Services
- ❖ ASAM multidimensional assessment and service needs
 - ❖ Implications for treatment planning and placement
- 2:30 PM *Break*
- 2:45 PM E. Case Consultation and Application to Daily Clinical Work
- ❖ Case presentation format and presentation of cases
 - ❖ How ASAM multidimensional assessment can help integrate services
 - ❖ Next steps to implement changes in real world settings
- 4:00 PM Adjourn

How to Make Integrated Services Really Work: Bringing Together the Treatment Team, Consumers, Services and Documentation

**Holiday Inn, Grayling
October 10, 2006**

Training Description:

Many clinicians have had initial training in integrated systems of care and various cognitive behavioral treatment methods. However there are still difficulties in implementing this knowledge in day-to-day services and systems. This training will focus on developing clinical leadership in co-occurring disorders (COD) programming, and discuss how to align clinical systems (treatment teams, the referral process, treatment planning and other documentation) with COD consumer expectations.

The person who should know most about their treatment plan is the client. It is their life and they are the ones who should be working the hardest on their treatment plan. This training provides the opportunity for skill-building on person-centered treatment planning with COD clients. It will also suggest ways to improve individual and group treatment and documentation that makes sense to the client, other practitioners and the family.

Educational Objectives:

Participants will:

1. Review principles of person-centered treatment planning and the implications for co-occurring disorders.
2. Discuss how to align clinical teams, services and documentation to integrate treatment in co-occurring disorders.
3. Identify ways to involve consumers, families and other practitioners in treatment planning and individual and group work that make sense to clients.

October 10: Training Agenda

- 8:30 AM Registration and Continental Breakfast
- 9:00 AM A. Principles of Person-Centered Services in Co-Occurring Disorders
- ❖ Multidimensional assessment – ASAM PPC Dimensions
 - ❖ Client-directed treatment and documentation
 - ❖ Moving from assessment to treatment plans to placement
- 10:30 AM *Break*
- 10:45 AM B. Aligning Teams, Services and Documentation
- ❖ Staff and program issues
 - ❖ Systems fragmentation
- C. Making Treatment Plans a “Living” Document
- ❖ Matching treatment to stage of change
 - ❖ Changes necessary to “re-tool” treatment planning and services
- 12 Noon Lunch (included)
- 1:15 PM D. Skill-Building in Developing and Communicating the Treatment Plan
- ❖ The treatment contract and implications for measurable objectives
 - ❖ Involving the family and other practitioners
 - ❖ Application to clinical cases
- 2:30 PM *Break*
- 2:45 PM E. Improving Individual and Group Treatment in COD
- ❖ Linking individual and group work with participatory treatment plans
 - ❖ Bringing documentation into the therapeutic process
 - ❖ Focusing on improving function and outcomes not compliance
- 4:00 PM Adjourn

<p>When and Where: October 9 & 10, 2006 Holiday Inn, Grayling 2650 I-75 Business Loop PO Box 473 Grayling, MI 49738-0473 989-348-7611</p>	<p>Cost: \$52 per session, \$92 if attending both</p> <p>Registration fee for each day includes breaks, continental breakfast, lunch and training materials.</p>
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Cancellation/Refund Policy:

Substitutions are permitted at any time. No shows will be billed at the full training rate. Cancellations must be received in writing at least 10 business days prior to the training for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund can be given.

Overnight Accommodations:

Registrants are responsible for their own overnight accommodations. Call the Holiday Inn at 989-348-7611. Be sure to mention you are with the Michigan Association of CMH Boards to receive the special rate of \$65.

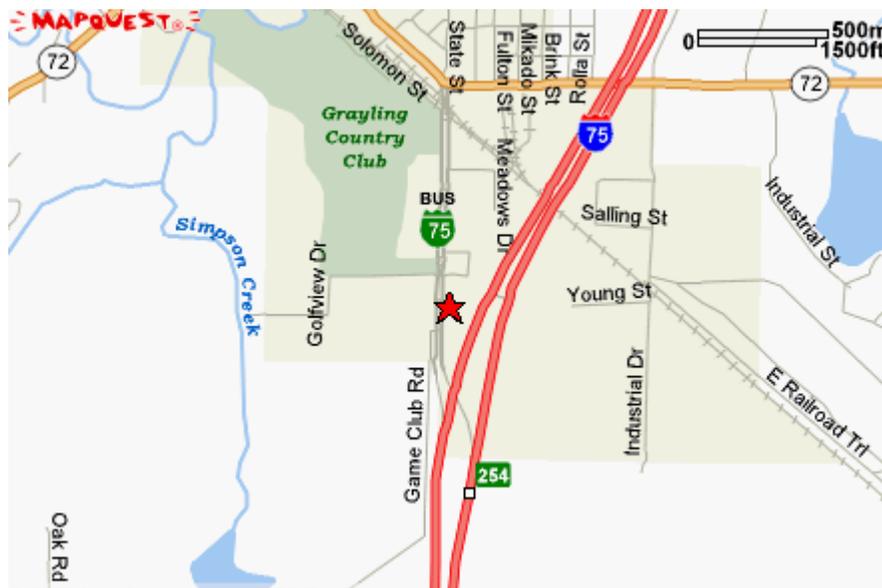
Certificates:

Certificates will be mailed within two weeks following this training. Six (6) contact hours will be awarded for each day of attendance.

QUESTIONS??? Please call the Michigan Association of CMH Boards at (517) 374-6848.

Driving Directions

TAKE EXIT 254 IF TRAVELING NORTH ON I-75, HOTEL IS ON LEFT HAND SIDE. TAKE EXIT 256 OR 259 IF TRAVELING SOUTH ON I-75 CONTINUING SOUTH ON I-75 BUSINESS LOOP TO HOTEL.



Impact Training Registration Form
David Mee-Lee, M.D. – October 9 & 10, 2006

3 EASY WAYS TO REGISTER

✓ register online at www.macmhb.org ✓ MAIL TO: **MACMHB** ✓ FAX TO: **517-374-1053**
426 S. Walnut
Lansing, MI 48933

Please check the session you plan to attend.

___ October 9 only ___ October 10 only ___ Both October 9 & 10

Name _____ Title _____
Agency _____
Mailing Address _____
City / State / Zip _____
Phone _____ Fax _____
E-Mail Address _____

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Special Needs:

If you have special needs, please specify. _____
Arrangements for special needs will be honored for those written requests received 10 business days prior to the training. Clearly state your specific needs for dietary restrictions, mobility assistance, interpreters, etc. All attempts for on-site requests will be made.

Payment Method: Payment or PO # must be received on or before the training.

Cost (please check one): ___ \$52/October 9 Only
 ___ \$52/October 10 Only
 ___ \$92/Both October 9 & 10

___ Check (make payable to MACMHB)
___ PO # (please attach)
___ Charge to: ___ Visa ___ Master Card ___ American Express ___ Discover

_____ Expiration Date ___/___

Signature _____ Cardholder's Phone # _____

***TO RESERVE YOUR SPOT AT THIS TRAINING, REGISTER NOW. PAYMENT DOES NOT NEED TO ACCOMPANY REGISTRATION FORM BUT MUST BE RECEIVED BY THE DAY OF TRAINING. PLEASE NOTE: CONFIRMATION LETTERS ARE ONLY SENT VIA EMAIL IF EMAIL ADDRESS IS PROVIDED ABOVE.**