



State of Michigan YMCA Membership

The **YMCA Grand Rapids** will provide the following to State of Michigan employees and their families from 4/1/08 through 4/1/09:

A free one week adult or family guest pass which can be used at any of the six Greater Grand Rapids YMCA locations.

When you join the YMCA, you can expect to receive:

- ◆ **\$50 off of joining fee** for adult or family memberships
- ◆ **3 free personal training sessions** with the option to give one away to a family member or friend.
- ◆ **Free body age assessment**
- ◆ **Free Y-Weight Get Fit Orientation Program**
- ◆ **\$25 offer** to be spent in the **corporate rewards** catalog

State of Michigan employees will need to **show** the Y their **employee ID card** or a pay stub when obtaining a new membership.

Contact: Bennett Mallory, Corporate Health & Wellness Program Director

Phone: 616-855-9552

Email: bmallory@grymca.org





Greater Grand Rapids Locations:

- ◆ David D. Hunting Branch
475 Lake Michigan Dr NW, Grand Rapids
- ◆ Ionia County Branch
250 E. Tuttle St., Ionia
- ◆ Lowell Branch
1335 West Main St., Lowell
- ◆ Southeast Branch
730 Forest Hill SE, Grand Rapids
- ◆ Visser Family Branch
3540 Fairlanes SW, Grandville
- ◆ Wolverine World Wide Family Branch
6555 Jupiter Ave, Belmont

www.grymca.org/