



STATE OF MICHIGAN
DEPARTMENT OF EDUCATION
LANSING



THOMAS D. WATKINS, JR.
SUPERINTENDENT OF
PUBLIC INSTRUCTION

JENNIFER M. GRANHOLM
GOVERNOR

April 9, 2003

MEMORANDUM

TO: State Board of Education

FROM: Thomas D. Watkins, Jr., Chairman

SUBJECT: Approval of Criteria for Special Project Grants in FY 2003-2004 under the *Improving the Health, Education and Well-Being of Young People through Coordinated School Health Programs* funding from the Centers for Disease Control and Prevention

The Michigan Department of Education will administer Special Project grants in the FY 2003-2004 under the *Improving the Health, Education and Well-Being of Young People through Coordinated School Health Programs* funding from the Centers for Disease Control and Prevention. The goal of the program is to: coordinate school programs and impact health outcomes and academic achievement of students by integrating classroom, school, and community programs and policies that support young people.

Improving the Health, Education and Well-Being of Young People through Coordinated School Health Programs Special Project grants will be distributed through both a competitive and negotiated process to local and intermediate school districts, public school academies, and to agencies and organizations.

The State application for *Improving the Health, Education and Well-Being of Young People through Coordinated School Health Programs* for the FY 2003-2004 funding cycle was submitted to the Centers for Disease Control and Prevention on November 1, 2002, and approval was received for the five-year funding cycle on February 28, 2003 in the sum of \$768,400. Of this amount, \$296,000 will be awarded in Special Project grants to support Coordinated School Health Programs and HIV Prevention. These grants assist the Department in completing the activities identified in the application for this fiscal year, March 1, 2003 to February 28, 2004. Therefore, the Office of School Excellence is submitting criteria for State Board of Education approval at this time.

Attachment A contains information about the FY 2003-2004 Special Project grants activities

It is recommended that the State Board of Education approve the grant criteria for *Improving the Health, Education and Well-Being of Young People through Coordinated School Health Programs* grants as attached to the Superintendent's memorandum dated April 9, 2003.

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MICHIGAN STATE BOARD OF EDUCATION

*Criteria for Improving the Health, Education and Well-Being of Young People
through Coordinated School Health Programs*

The State Board of Education has adopted as its Strategic Goal to: “Attain substantial and meaningful improvement in academic achievement for all students/children, with primary emphasis on chronically underperforming schools and students.” To the extent possible, all grant criteria and grant awards will include priority consideration of the Strategic Goal and the following five Strategic Initiatives:

- Ensuring Excellent Educators
- Elevating Educational Leadership
- Embracing the Information Age
- Ensuring Early Childhood Literacy
- Integrating Communities and Schools

BACKGROUND/PURPOSE OF GRANT

Competitive

Formula

New

Continuation

Michigan has made significant gains in the reduction of health risk behaviors over the past decade; yet, many young people continue to engage in behaviors such as sexual intercourse, physical inactivity, unhealthy eating, and tobacco use that place them at risk for serious health problems now and in the future. Coordinated school programs provide the opportunity to impact health outcomes and academic achievement of students by integrating classroom, school, and community programs and policies that support young people.

The Michigan Department of Education has been funded by the Centers for Disease Control and Prevention, Division of Adolescent and School Health, since 1988 to implement HIV prevention programs and policies and since 1992 to implement expanded health education programs and to build infrastructure to support Coordinated School Health Programs (CSHP) at the state and local levels. The Michigan Department of Education and its partner agency, the Michigan Department of Community Health, have worked collaboratively to provide leadership in these areas. The partnership between education and health, to promote school health, has been supported and enhanced by the state leadership of the Healthy Schools Network and the involvement of education and health-related organizations such as the Michigan Parent Student Teacher Association, the United Dairy Industry of Michigan, Michigan State University Extension, the Governor’s Council for Physical Fitness, and the American Lung Association of Michigan.

In the next five years, Michigan will need to focus on several areas to improve development and implementation of policies and programs that support school-age youth based on six years of surveillance data from the Youth Risk Behavior Survey, and local school district requests for technical assistance and professional development. Five-year goals for Priority 1, 2A, and 3 work plans focus on building partnerships, developing model policies and programs, preparing quality educators, reaching high-risk youth, and sharing successes with stakeholders. The long-term goal in all priority areas is to reduce risk behaviors and health disparities and to promote student achievement.

Several specific objectives for FY 2003-2004 include: assessing the current status of CSHP and HIV programs and policies; analyzing the results of the Bureau of Juvenile Justice Youth Risk Behavior Survey; developing and pilot-testing a standardized post and delayed-post evaluation for health education teacher trainings; educating decision-makers regarding the link between health and academic achievement; and developing new partners and mechanisms for reaching youth at greater risk for HIV and chronic disease risks at a time when funding is limited and collaboration a priority.

This grant will enhance the collaboration between education, health, communities, parents, and other key stakeholders to reduce health disparities and promote the health, well-being, and academic achievement of all of Michigan's school-age youth.

LEGISLATION

This program is authorized under the Department of Health and Human Services, Public Health Service, Centers for Disease Control and Prevention, Authorization Sections 301(A), 311(B) & (C), 317 (K)(2) Physical Activity, for *Improving the Health, Education and Well-Being of Young People through Coordinated School Health Programs* grants.

RATIONALE FOR CRITERIA

The *Improving the Health, Education and Well-Being of Young People through Coordinated School Health Programs* Special Project grants further assists the Michigan State Board of Education with the goal of uplifting underperforming schools and students by prioritizing service to low-performing schools. The grant program addresses the Strategic Initiatives of Integrating Communities and Schools, Ensuring Excellent Educators, and Elevating Educational Leadership to be met throughout this funding cycle.

CRITERIA

Defined in Legislation Defined in Department's Grant to CDC Proposed by Staff

I. SPECIAL PROJECTS COMPETITIVE MINI-GRANT APPLICATIONS

Two Special Project competitive mini-grant applications will be developed to: 1) revise the high school HIV/STD prevention program; and 2) address the childhood obesity epidemic in Michigan by promoting a healthy environment by establishing a team to implement the *School Health Index* and recommendations from the consensus paper, *The Role of Michigan Schools in Promoting Healthy Weight*. Total allocation for HIV/STD revisions will not exceed \$20,000 and funding for promoting a healthy environment will not exceed \$25,000. Each mini-grant will range between \$500 and \$1,500. Both competitive grants will be reviewed based on a rubric format that will be developed to differentiate between proposals that have a high need.

The rubric will denote levels of quality for applicants. Applications must include the following:

- Brief explanation of the need for the project, the expected outcomes, and how data and information will be utilized to change and improve the school environment and curriculum.
- An advisory committee must be actively involved with the project. The teams must be representative, i.e., school administrator, clergy member, health education teacher,

physical education teacher, health services personnel, nutrition services personnel, parent, student, community representative, community health agency representative.

Applicants will propose tasks to accomplish throughout the duration of the grant. The rubric will guide reviewers to determine if the proposal is realistic and meets grant intent and spirit. Applications must reflect how the program will meet the State Board of Education's strategic goal and to the greatest extent, explain how *one or more* of the five Strategic Initiatives will be addressed through this project.

Minimally, applicants will be expected to convene an advisory committee (or a subcommittee) to: a) review the current programs, b) conduct a needs assessment of the schools and community and available local, state, and national programs and resources, and (c) prepare a written recommendation and share results publicly with the school board.

Provide a statement of support of participation in the grant.

Applicants must provide a budget detail and narrative to demonstrate an appropriate use of grant funds. Funds can be used to support the committee process (e.g., stipend for project coordinator and/or committee members, teacher sub fees, clerical support, mileage reimbursement, printing and mailing for committee work, meals/snacks for committee meetings) and to purchase curriculum supplies or send staff or committee members to conferences or other professional development activities.

Primary emphasis will be placed on funding chronically underperforming schools.

II. SPECIAL PROJECT NEGOTIATED GRANT APPLICATIONS

Special Project negotiated grants will be disseminated to intermediate school districts, agencies, and organizations.

- To the Michigan Department of Community Health – a designated grant of \$100,000 to support critical coordination and support for the 2003 Youth Risk Behavior Survey for school health education, and to work in cooperation with the Michigan Department of Education to carry out a variety of major activities in the Coordinated School Health Program. This funding is a requirement under the federal funding source. The funding supports 1 FTE of a Public Health Consultant--salary and fringe benefits (\$81,288), .2 FTE of a Public Health Consultant--salary and fringe benefits (\$14,962), and \$3,750 has been allocated for travel and supplies.
- To the Educational Materials Center – a designated grant of \$6,000 to provide a summer Trainer of Trainers for the Michigan Model for Comprehensive School Health Coordinators for master secondary education curriculum training.
- To the Governor's Council on Physical Fitness, Health and Sports/Michigan Fitness Foundation – a designated grant of \$65,000 to provide oversight and technical assistance of: day-to-day Exemplary Physical Education Curriculum evaluation implementation, evaluation of the Healthy Weight and School Health Index implementation grant projects and evaluation survey, finalization of the Brain Break activities for elementary classroom teachers, development of a state-level white paper on the role of school health programs in Michigan, and four technical assistance trainings for Institutes of Higher Education for health and physical education, and develop a needs assessment for juvenile justice facilities and analyze data results.
- To the Michigan Education Special Services Association (MESSA) – a designated grant of \$3,000 to provide Coordinated School Health Program support at the annual Wellness Conference for school personnel with the intent to enhance the focus of the conference to include Coordinated School Health Programs.

To the Michigan Maternal and Child Health Council – a designated grant of \$5,000 to help build state-level support for school health education, foster support for the relationship between health and academic achievement and health status, develop a partnership with the School and Community Health Alliance to promote expansion of various school health options at the local level, and provide training and technical assistance to School Health Coordinators to conduct a school/community needs assessment regarding school health issues and learn effective ways to work more collaboratively with community networks and grass roots advisory committees.

- To the Michigan Department of Community Health, Division of HIV/AIDS-STD – a designated grant of \$15,000 to support critical coordination and support for the activities of the HIV/STD and Adolescent Networking Committee, a statewide network of professionals committed to improving prevention efforts for high-risk youth. The Michigan Network for Youth and Families to plan and implement regional trainings to support staff in homeless and runaway agencies throughout Michigan to more effectively provide HIV/STD prevention outreach to unattached and high-risk youth.
- To the Michigan Parent Teacher Association – a designated grant of \$30,000 to support technical assistance and parental support workshops and sexuality education Advisory Committee.
- A designated grant of \$12,000 to support secondary teacher curriculum trainings on HIV/STD prevention will be awarded to a vendor to be determined.
- To the School Community Health Alliance – a designated grant of \$5,000 to support technical assistance and training for state, private, and locally-funded Teen Health Centers on HIV/STD prevention efforts, Sexual Minority Youth, School Health Index, and enhancing statewide efforts for school health collaboration.
- To Calhoun Intermediate School District – a designated grant of \$10,000 to provide four regional trainings on Silent Crisis/Sexual Minority Youth.

ELIGIBLE APPLICANTS/TARGET POPULATION TO BE SERVED BY GRANT

All Local Education Agencies, including Public School Academies, are eligible to apply for the competitive mini-grants. Private Schools and Intermediate School Districts are not eligible for these funds due to the content and local curriculum/program focus. Only one application per district will be accepted. Districts receiving funds from the FY 2001-2002 *School Health Index* mini-grant program are eligible to apply for a one-time only reduced sustainability grant.

All identified negotiated grants were discussed with applicants during the development of this application. All applicants will be invited to apply for funding to support collaborative activities and projects that enhance the Department's ability to service Michigan students.

TOTAL FUNDS AVAILABLE

The total amount available for grants for FY 2003-2004 is \$296,000.

OFFICE ADMINISTERING GRANT/PROGRAM CONTACT

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