TO: Child and Adult Care Food Program Institutions

FROM: Mary Ann Chartrand, Director
      Grants Coordination and School Support

DATE: January 7, 2005

SUBJECT: Meal Pattern Requirements for Infants 8 Through 11 months in the Child Nutrition Programs

This memo clarifies that, for infants 8 through 11 months of age, reimbursable lunch or supper has three components. A reimbursable lunch or supper must include:

(1) Fluid Milk:

   6 to 8 fluid ounces of breastmilk, or iron-fortified infant formula, or both

(2) Cereal, or “Meat/Meat Alternate,” or both:

   2 to 4 tablespoons of iron-fortified dry infant cereal,
   or
   1 to 4 tablespoons of meat, or
   1 to 4 tablespoons of fish, or
   1 to 4 tablespoons of poultry, or
   1 to 4 tablespoons of egg yolk, or
   1 to 4 tablespoons of cooked dry beans, or
   1 to 4 tablespoons of cooked dry peas, or
   ½ to 2 ounces (weight) of cheese, or
   **1 to 4 ounces (weight) of cottage cheese, or**
   1 to 4 ounces (weight) of cheese food,
   or
   appropriate quantities (as listed above) of cereal and meat/meat alternate
(3) **Fruit or Vegetable:**

1 to 4 tablespoons of fruit, or vegetable, or both

Hopefully this information makes it easier to understand the infant meal pattern requirements that are written in sections 226.20(b)(5)(iii)(B) and 210.10(o)(5)(iii)(B), and the accompanying tables in sections 226.20(b)(6) and 210.10(o)(6).

*Please keep this memo on file or in a notebook for quick and easy reference.*