

Content Guidelines/Standards Matrix

College/University _____ Code MB

Source of Guidelines/Standards Michigan State Board of Education, 2000 Program/Subject Area Physical Education

DIRECTIONS: List required courses on matrix and provide additional narrative to explain how standards are met. If electives are included, they should be clearly indicated.

#	Guideline/Standard	Courses and/or Experiences that Fulfill the Guideline	
1.0	CONTENT KNOWLEDGE The teacher knows, understands, and applies physical education content knowledge, concepts, and tools of inquiry necessary for the development of a physically educated person.		
1.1	Value		
1.1.1	The teacher believes physical activity and fitness are important to the health and well being of individuals.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.1.2	The teacher has enthusiasm for the importance of physical education as a means of developing a physically educated person.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
1.1.3	The teacher seeks to keep abreast of new ideas and understandings in disciplines related to physical education and education.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.1.4	The teacher believes that physical activity can foster self expression, development, and learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
1.1.5	The teacher appreciates how the content of physical education interconnects with other subject areas.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline		
1.2	Knowledge			
1.2.1	<p>The teacher knows and understands the critical elements and development of fundamental motor skills:</p> <ul style="list-style-type: none"> * locomotor skills, * object control skills, * postural nonlocomotor skills, and * rhythmic skills. <p>For more detailed information please refer to the State of Michigan Content Standards and Benchmarks for students grades K-12.</p>	Elementary		
		Major:	Minor:	
		Secondary	Major:	Minor:
		K-12	Major:	
		1.2.2	<p>The teacher knows and understands concepts of body awareness, time, space, direction and force of movement.</p>	Elementary
				Major:
Secondary	Major:			Minor:
K-12	Major:			

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.2.3 The teacher knows and understands concepts and strategies related to physical activity and fitness: * the effects of activity and inactivity. * the effects of lifestyle choices on health-related fitness. * developing and maintaining healthy levels of: cardiorespiratory endurance, muscular strength and endurance, flexibility of selected joints of the body, and body composition.		Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
1.2.4 The teacher knows and understands the relationships between physical education content and the content of other subject matter areas.		Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.2.5	The teacher knows and understands the relationships among physical activity, fitness, and health.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
1.2.6	The teacher knows and understands a broad range of categories of lifelong physical activities, such as: <ul style="list-style-type: none"> • swimming, • individual, dual, and team sports, • dance, • recreational games, • outdoor pursuits, and • fitness activities. 	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
Minor:			

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.2.7	The teacher knows and understands the foundations of the profession: * historical, * philosophical, * sociological, and * psychological.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
1.2.8	The teacher knows and understands the organic, skeletal, and neuromuscular structures of the human body, how these systems adapt to physical activity, and how they contribute to motor performance and fitness.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.2.9	The teacher knows and understands positive personal/social character traits (e.g., best effort, compassion, cooperation, following directions, etc.) that commonly occur in a physical activity context.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.3	Skills		
1.3.1	<p>The teacher demonstrates the critical elements of form in fundamental motor skills and physical activities:</p> <ul style="list-style-type: none"> * locomotor skills, * object control skills, * postural nonlocomotor skills, and * rhythmic skills <p>For more detailed information please refer to the State of Michigan Content Standards and Benchmarks for students grades K-12.</p>	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
1.3.2	<p>The teacher demonstrates the ability to perform selected health-enhancing lifelong physical activity skills, such as:</p> <ul style="list-style-type: none"> * swimming, * individual, dual, and team sports, * dance, * recreational games, * outdoor pursuits, and * fitness activities. 	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
1.3.3	The teacher engages in regular physical activity that fosters healthy levels of: cardiorespiratory endurance, muscular strength and endurance, flexibility of selected joints of the body, and body composition.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
1.3.4	The teacher demonstrates positive personal/social character traits.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	

2.0	GROWTH AND DEVELOPMENT The teacher knows and understands how individuals grow and develop, and provides opportunities that reflect such understanding.		
2.1	Values		
2.1.1	The teacher appreciates the role of physical activity in growth and development.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
2.1.2	The teacher appreciates individual variations in growth and development.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
2.2	Knowledge		
2.2.1	The teacher knows and understands how individuals grow and develop physically, cognitively, socially, and emotionally.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
2.2.2	The teacher knows and understands how physical activity/inactivity influences growth and development.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
2.2.3	The teacher knows and understands how growth and development relates to learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
2.2.4	The teacher knows and understands individual variations in growth and development, and readiness for learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
2.3	Skills		
2.3.1	The teacher demonstrates the ability to design developmentally appropriate lessons.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
2.3.2	The teacher demonstrates the ability to modify instruction based on individual variability.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
2.3.3	The teacher demonstrates the ability to select developmentally appropriate equipment, activities, and instructional procedures.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline												
3.0	LEARNERS AND LEARNING The teacher knows and understands how individuals differ in their approaches to learning and applies such knowledge to planning and instruction.													
3.1	Values													
3.1.1	The teacher believes that all learners can develop motor skills, feel successful, and enjoy physical activity.	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2" style="text-align: center; background-color: #e0e0e0;">Elementary</td> </tr> <tr> <td style="width: 50%;">Major:</td> <td style="width: 50%;">Minor:</td> </tr> <tr> <td colspan="2" style="text-align: center; background-color: #e0e0e0;">Secondary</td> </tr> <tr> <td style="width: 50%;">Major:</td> <td style="width: 50%;">Minor:</td> </tr> <tr> <td colspan="2" style="text-align: center; background-color: #e0e0e0;">K-12</td> </tr> <tr> <td colspan="2">Major:</td> </tr> </table>	Elementary		Major:	Minor:	Secondary		Major:	Minor:	K-12		Major:	
Elementary														
Major:	Minor:													
Secondary														
Major:	Minor:													
K-12														
Major:														
3.1.2	The teacher appreciates and values human diversity and shows respect for varied talents and perspectives.	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2" style="text-align: center; background-color: #e0e0e0;">Elementary</td> </tr> <tr> <td style="width: 50%;">Major:</td> <td style="width: 50%;">Minor:</td> </tr> <tr> <td colspan="2" style="text-align: center; background-color: #e0e0e0;">Secondary</td> </tr> <tr> <td style="width: 50%;">Major:</td> <td style="width: 50%;">Minor:</td> </tr> <tr> <td colspan="2" style="text-align: center; background-color: #e0e0e0;">K-12</td> </tr> <tr> <td colspan="2">Major:</td> </tr> </table>	Elementary		Major:	Minor:	Secondary		Major:	Minor:	K-12		Major:	
Elementary														
Major:	Minor:													
Secondary														
Major:	Minor:													
K-12														
Major:														

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
3.1.3	The teacher helps learners find personal meaning in physical education content.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
3.1.4	The teacher seeks to understand and shows respect for families, communities, and cultural values of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
3.2	Knowledge		
3.2.1	The teacher knows and understands the different approaches to learning (e.g., different learning styles [visual, auditory, kinesthetic], and multiple intelligences [linguistic, logical-mathematical, bodily-kinesthetic, visual, musical, interpersonal, intrapersonal, and naturalist]).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
3.2.2	The teacher knows and understands learning theories (e.g., social learning theory, theory of reasoned action/theory of planned behavior).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
3.2.3	The teacher knows and understands areas of special needs including physical and emotional challenges, learning disabilities, sensory difficulties, and language barriers (e.g., English as a second language).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
3.2.4	The teacher knows and understands how learning is influenced by personal experiences, talents, and prior learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
3.2.5	The teacher knows and understands how learning is influenced by culture, family circumstances, community settings, health, and economic conditions.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
3.2.6	The teacher knows and understands the uses of a variety of equipment, materials, and human and technological resources (e.g., computers, audiovisual technologies, videotapes and discs, local experts, and printed resources) to enhance learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
3.3	Skills		
3.3.1	The teacher demonstrates the ability to implement developmentally appropriate instruction that is responsive to the multiple needs of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
3.3.2	The teacher demonstrates the ability to use appropriate strategies, services, and resources to meet special and diverse learning needs.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
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3.3.3	The teacher demonstrates the ability to implement strategies that are sensitive to the family, cultural, and community experiences of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline
4.0	PLANNING AND INSTRUCTION	

	The teacher <i>knows, understands, plans, and implements</i> a variety of developmentally appropriate instructional strategies.	
4.1	Values	
4.1.1	The teacher believes that the safety of students is the first priority in planning and instruction.	Elementary
		Major: _____ Minor: _____
		Secondary
		Major: _____ Minor: _____
		K-12
Major: _____		
4.1.2	The teacher values short- and long- term planning to reach curricular goals.	Elementary
		Major: _____ Minor: _____
		Secondary
		Major: _____ Minor: _____
		K-12
Major: _____		

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline
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4.1.3	The teacher believes that plans must be open to revision based on student needs and changing circumstances.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
4.1.4	The teacher is committed to using learner strengths as a basis for planning instruction.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline
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4.1.5	The teacher is committed to continuous learning about pedagogical content knowledge and its impact on learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
4.1.6	The teacher values the use of multiple instructional strategies to develop competence, cooperation, and higher order learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.1.7	The teacher is committed to helping individuals become competent and self-confident.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	

4.2	Knowledge		
4.2.1	The teacher <i>knows and understands</i> selected curricular models (e.g., sport education model, physical fitness model, movement education model) and curricula (e.g., EPEC [Exemplary Physical Education Curriculum], SPARK, and Australia=s Model: Daily Physical Education).	Elementary	
		Major: <input type="text"/>	Minor: <input type="text"/>
		Secondary	
		Major: <input type="text"/>	Minor: <input type="text"/>
		K-12	
		Major: <input type="text"/>	
4.2.2	The teacher <i>knows and understands</i> relationships among program goals, project objectives, and instructional objectives.	Elementary	
		Major: <input type="text"/>	Minor: <input type="text"/>
		Secondary	
		Major: <input type="text"/>	Minor: <input type="text"/>
		K-12	
		Major: <input type="text"/>	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline
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4.2.3	The teacher <i>knows and understands</i> contextual issues to consider when planning instruction (e.g., instructional materials, individual interests, needs, aptitudes, and community resources).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
4.2.4	The teacher <i>knows and understands</i> how to design instructional sequences and learning experiences that maximize learner participation and success.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline
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4.2.5	The teacher <i>knows and understands</i> principles of effective instruction (e.g., giving clear explanations, conducting demonstrations, implementing learning activities that match lesson objectives, providing feedback to students, etc.)	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
4.2.6	The teacher <i>knows and understands</i> techniques, advantages, and limitations of various instructional strategies to build a community of learners (e.g., cooperative learning, direct instruction, discovery learning, independent study, and interdisciplinary instruction).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.2.7	The teacher <i>knows and understands</i> the safety issues to consider when planning and implementing instruction (e.g., environmental checks for equipment, field and movement space; contraindicated exercises and body positions; basic first aid and CPR).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
4.2.8	The teacher <i>knows and understands</i> essential steps in learning motor skills.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.2.9	The teacher <i>knows and understands</i> appropriate cues that facilitate learning (e.g., key words and mnemonics).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
4.2.10	The teacher <i>knows and understands</i> ways to address the historical and cultural contributions of various physical activities.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.2.11	The teacher <i>knows and understands</i> how to match curriculum content with time available.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
4.2.12	The teacher <i>knows and understands</i> the various roles a teacher can assume to facilitate learning (e.g., model, assessor, monitor, and facilitator).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.3	Skills		
4.3.1	The teacher <i>demonstrates</i> the ability to plan lessons to achieve program goals and objectives.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
4.3.2	The teacher <i>demonstrates</i> the ability to select teaching resources and curriculum materials that address program goals and objectives.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.3.3	The teacher <i>demonstrates</i> the ability to implement instructional strategies based on developmental levels, learning styles, safety issues, and available resources.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
4.3.4	The teacher <i>demonstrates</i> the ability to apply basic principles of effective instruction (e.g., giving clear explanations, conducting demonstrations, presenting learning activities that match lesson objectives, providing feedback to students).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.3.5	The teacher <i>demonstrates</i> the ability to use demonstrations and explanations to capture key components and link them to experiences of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
4.3.6	The teacher <i>demonstrates</i> the ability to help learners use problem solving and critical thinking strategies.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.3.7	The teacher <i>demonstrates</i> the ability to assume appropriate roles in the instructional process based on the content, purpose of instruction, and the needs of learners (e.g., model, assessor, monitor, facilitator).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
4.3.8	The teacher <i>demonstrates</i> the ability to incorporate learning experiences that enable learners to integrate knowledge and skills to engage in health-enhancing, life-long physical activities.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
4.3.9	The teacher <i>demonstrates</i> the ability to apply essential steps in learning motor skills.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
5.0	MANAGEMENT AND MOTIVATION The teacher <i>knows and understands</i> individual and group motivation and creates a learning environment that encourages positive social interaction, active engagement in learning, and self-motivation.		
5.1	Values		
5.1.1	The teacher accepts responsibility for establishing a positive climate in the physical education setting.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
5.1.2	The teacher believes that involving learners in instructional decisions increases their commitment to learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
5.1.3	The teacher recognizes the importance of positive peer relationships in establishing a climate for learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
5.1.4	The teacher recognizes the value of intrinsic motivation to life-long participation in physical activity.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
5.1.5	The teacher is committed to using appropriate motivational strategies to meet the needs of individuals.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
5.2	Knowledge		
5.2.1	The teacher <i>knows and understands</i> the value of physical activity and its contribution to lifelong health and well-being.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
5.2.2	The teacher <i>knows and understands</i> developmentally appropriate practices that motivate learners to acquire the knowledge and skills to participate in physical activity.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
5.2.3	The teacher <i>knows and understands</i> strategies that facilitate behavior change (health belief model, stages of change/transtheoretical model).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
5.2.4	The teacher <i>knows and understands</i> strategies that help learners acquire responsible personal and social behaviors.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
5.2.5	The teacher <i>knows and understands</i> the principles of effective management and strategies that promote an equitable and meaningful learning environment.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
5.2.6	The teacher <i>knows and understands</i> factors related to intrinsic motivation and strategies to help learners become self-motivated.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
5.3	Skills		
5.3.1	The teacher <i>demonstrates</i> the ability to use developmentally appropriate practices to motivate learners to participate in physical activity inside and outside of the school.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
5.3.2	The teacher <i>demonstrates</i> the ability to use strategies to promote mutual respect, support, safety, and cooperative participation.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
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5.3.3	The teacher <i>demonstrates</i> the ability to use managerial and instructional techniques which create smoothly functioning learning experiences.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
5.3.4	The teacher <i>demonstrates</i> the ability to use strategies that foster positive behavior change.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline
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5.3.5	The teacher <i>demonstrates</i> the ability to organize, allocate, and manage resources (e.g., time, space, equipment, activities, and teacher attention) to provide active and equitable learning experiences.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.0	COMMUNICATION The teacher knows, understands, and applies effective verbal, nonverbal, and media communication techniques to foster inquiry, collaboration, and engagement in physical activity.		
6.1	Values		
6.1.1	The teacher recognizes the importance of communication skills and being informed of technological advances.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
6.1.2	The teacher appreciates the cultural dimensions of communication and seeks to foster sensitive interactions with and among learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.1.3	The teacher is committed to communicating with school colleagues, parents/guardians, and the community.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
6.1.4	The teacher is committed to serving as a role model.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.2	Knowledge		
6.2.1	The teacher knows and understands various communication techniques (e.g., verbal, visual, tactical, and kinesthetic).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
6.2.2	The teacher knows and understands appropriate verbal and nonverbal cues, and when to use them.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.2.3	The teacher knows and understands how ethnic, cultural, economic, ability, gender, and environmental differences affect communication.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
6.2.4	The teacher knows and understands how to use computers and other technologies to communicate.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.2.5	The teacher knows and understands strategies for communicating with school colleagues, parents, and the community (e.g., P.T.A., advisory committees, and conferences).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.3	Skills		
6.3.1	The teacher demonstrates the ability to communicate in ways that show sensitivity to ethnic, cultural, economic, ability, gender, and environmental differences.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
6.3.2	The teacher demonstrates the ability to communicate managerial and instructional information in a variety of ways (e.g., bulletin boards, music, task cards, posters, and video).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.3.3	The teacher demonstrates the ability to communicate with school colleagues, parents/guardians, and the community through open houses, faculty meetings, newsletters, and conferences.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
6.3.4	The teacher demonstrates the ability to model communication strategies (e.g., restating ideas and making connections, active listening, sensitivity to the effects of messages and the nonverbal cues given and received).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
6.3.5	The teacher demonstrates the ability to communicate using computers and other technology.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
7.0	LEARNER ASSESSMENT The teacher knows, understands and applies formal and informal assessment strategies to evaluate the physical, cognitive, social and emotional development of learners.		
7.1	Values		
7.1.1	The teacher values ongoing assessment to identify the needs and abilities of learners in order to make instructional decisions.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
7.1.2	The teacher recognizes the value of a variety of assessment strategies.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
7.2	Knowledge		
7.2.1	The teacher knows and understands the characteristics, uses, advantages, and limitations of different types of assessment (e.g., criterion and norm-referenced, formative and summative, motor performance and physical fitness, portfolio and authentic assessments).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
7.2.2	The teacher knows and understands how to select and use developmentally appropriate assessment strategies and instruments to measure achievement of program goals and objectives.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
7.2.3	The teacher knows and understands measurement issues, such as validity, reliability, and bias.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
7.2.4	The teacher knows and understands the use of assessment as an integral part of instruction to provide feedback to learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
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7.2.5	The teacher knows and understands how to interpret and use the performance data of learners to make instructional decisions and report progress.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
7.3	Skills		
7.3.1	The teacher demonstrates the ability to select and use appropriate formal and informal assessment strategies and instruments to measure the progress of learners (e.g., criterion and norm-referenced, formative and summative, motor performance and physical fitness, portfolio and authentic assessments).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
7.3.2	The teacher demonstrates the ability to use strategies to involve learners in self-assessment.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
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7.3.3	The teacher demonstrates the ability to maintain records and communicate the progress of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
7.3.4	The teacher demonstrates the ability to use assessment data to make instructional decisions.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline												
8.0	REFLECTION The teacher is a reflective practitioner who evaluates the effects of his or her actions on others (e.g., learners, parents/guardians, and other professionals in the learning community), and seeks opportunities to grow professionally.													
8.1	Values													
8.1.1	The teacher is committed to on-going self-reflection, assessment, critical thinking, and learning.	<table border="1"> <tr> <td colspan="2" data-bbox="884 540 1906 597">Elementary</td> </tr> <tr> <td data-bbox="884 597 1392 711">Major:</td> <td data-bbox="1392 597 1906 711">Minor:</td> </tr> <tr> <td colspan="2" data-bbox="884 711 1906 768">Secondary</td> </tr> <tr> <td data-bbox="884 768 1392 881">Major:</td> <td data-bbox="1392 768 1906 881">Minor:</td> </tr> <tr> <td colspan="2" data-bbox="884 881 1906 938">K-12</td> </tr> <tr> <td colspan="2" data-bbox="884 938 1906 1040">Major:</td> </tr> </table>	Elementary		Major:	Minor:	Secondary		Major:	Minor:	K-12		Major:	
Elementary														
Major:	Minor:													
Secondary														
Major:	Minor:													
K-12														
Major:														
8.1.2	The teacher is committed to refining instructional practices to address individual needs of learners.	<table border="1"> <tr> <td colspan="2" data-bbox="884 1040 1906 1097">Elementary</td> </tr> <tr> <td data-bbox="884 1097 1392 1211">Major:</td> <td data-bbox="1392 1097 1906 1211">Minor:</td> </tr> <tr> <td colspan="2" data-bbox="884 1211 1906 1268">Secondary</td> </tr> <tr> <td data-bbox="884 1268 1392 1382">Major:</td> <td data-bbox="1392 1268 1906 1382">Minor:</td> </tr> <tr> <td colspan="2" data-bbox="884 1382 1906 1438">K-12</td> </tr> <tr> <td colspan="2" data-bbox="884 1438 1906 1498">Major:</td> </tr> </table>	Elementary		Major:	Minor:	Secondary		Major:	Minor:	K-12		Major:	
Elementary														
Major:	Minor:													
Secondary														
Major:	Minor:													
K-12														
Major:														

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
8.1.3	The teacher recognizes responsibility for participating in and supporting professional organizations and activities.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
8.2	Knowledge		
8.2.1	The teacher knows and understands self-assessment and problem-solving strategies to reflect on teaching practice and its influence on learning.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
8.2.2	The teacher knows and understands how to search the professional literature and find resources available for professional development (e.g., journals, associations, and development activities).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
8.3	Skills		
8.3.1	The teacher demonstrates the ability to reflect upon and revise practice based on self-assessment and the observation of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
8.3.2	The teacher demonstrates the ability to consult professional literature, colleagues, and other resources to evolve as a teacher.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
8.3.3	The teacher demonstrates the ability to participate in the professional organizations and within the broader educational field.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
8.3.4	The teacher demonstrates the ability to reflect on the appropriateness of program design for the development of physically educated individuals.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
9.0	COLLABORATION The teacher develops professional relationships with colleagues, parents/guardians, and community agencies to support the growth and well-being of the learners.		
9.1	Values		
9.1.1	The teacher values collaboration with all school personnel.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
9.1.2	The teacher is willing to consult with others regarding the total well-being and education of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
9.1.3	The teacher respects the privacy of learners and the confidentiality of information.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			
9.1.4	The teacher is willing to work with others to improve the overall school environment.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
Major:			

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
9.2	Knowledge		
9.2.1	The teacher knows and understands how physical education functions within the context of school and community.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
9.2.2	The teacher knows and understands laws related to the rights of the learner and the responsibilities of the teacher (e.g., equity, inclusion, confidentiality, privacy, and child abuse).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
9.2.3	The teacher knows and understands issues related to the welfare of schools (e.g., school culture, inclusion, school-based management).	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
9.2.4	The teacher knows and understands the need to consult with counselors and other professionals.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
9.3	Skills		
9.3.1	The teacher demonstrates the ability to advocate for physical education in the school and community.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
9.3.2	The teacher demonstrates the ability to identify and use community resources to enhance physical activity opportunities.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

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#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
9.3.3	The teacher demonstrates the ability to collaborate with parents/guardians to support the growth and well-being of learners.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	
9.3.4	The teacher demonstrates the ability to recognize signs of distress in students and to make appropriate referrals as needed.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	

#	Guideline/Standard	Courses and/or Experience that Fulfill the Guideline	
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9.3.5	The teacher demonstrates the ability to participate in activities that make the school a productive learning environment.	Elementary	
		Major:	Minor:
		Secondary	
		Major:	Minor:
		K-12	
		Major:	