PHYSICAL THERAPY ASSISTANT

N- Not exposed to the task
1- Exposed to the task
2- Accomplished task with help
3- Accomplished task to criteria
4- Able to teach task

4	3	2	1	N	
					1. Introduction to Physical Therapy Assistant
					1.1 Identify the roles and responsibilities of team members
					1.2 Identify the educational requirements and certification(s) of physical therapy team members
					1.3 Identify opportunities for employment in the physical therapy field
					1.4 Identify and list the functions of the professional organization(s) for the occupational area
					1.5 Identify location of various types of physical therapy fields
					1.6 Follow a chain of command
					1.7 Practice professional work habits
					1.8 Comply with state regulations for occupational area
					1.9 Locate OSHA poster(s) and MSDS(s) in clinical site
					1.10 Identify OSHA regulations that pertain to clinical site
					1.11 Identify biohazard labels
					1.12 Identify different departments in a typical physical therapy department
					1.13 Apply ethical standards to the occupational area
					1.14 Apply legal standards to the occupational area
					1.15 Demonstrate confidentiality in the occupational area
					1.16 Demonstrate various public relations and marketing techniques
					1.17 Identify, define and use terminology specific to the occupation
					1.18 Demonstrate effective stress management
					2. Basic Patient Care
					2.1 Exhibit sensitivity to client's pain and loss
					2.2 Respond appropriately to physical therapy clients who have sensory deficits
					2.3 Manage lines, tubes, and bags
					2.4 Reposition a displaced nasal cannula or oxygen mask
					2.5 Assist client with toileting including bedpan and urinal
					2.6 Assist client to dress and undress
					2.7 Identify the types of casts and materials which make up the cast
					2.8 Describe symptoms that indicate decreased circulation/ complication of area in cast
					2.9 Describe care of cast
					2.10 Discuss psychological needs of client in a cast
					2.11 Describe emotional, psychological aspects regarding assistance with ADLs

4	3	2	1	N	
					3. Equipment Used in Physical Therapy
					3.1 Identify parts of the crutch and safety measures
					3.2 Demonstrate measurement of client for crutches
					3.3 Describe the gaits used in crutch walking
					3.4 Identify the basic rules for ambulating with crutches
					3.5 Identify parts of the walker and types of walkers
					3.6 Explain proper use and safety measure when ambulating with a walker
					3.7 Describe gaits used with the walker
					3.8 Identify types of canes
					3.9 Demonstrate safety measures when ambulating with a cane; one/two cane use
					3.10 Identify parts of a mechanical lift; manual and electric
					3.11 Demonstrate safety measures when utilizing a mechanical lift
					3.12 Explain the principles of heat treatments including the physiology
					3.13 Describe the safety measures necessary during a heat treatment
					3.14 Identify the disease states/conditions requiring heat treatments
					3.15 Describe methods of providing heat treatments
					3.16 Describe the principles of cold treatment
					3.17 Explain safety measures required during a cold treatment
					3.18 Describe the disease states/conditions that require cold treatment
					3.19 Identify methods of providing cold treatment
					3.20 Identify parts of traction equipment
					3.21 Describe safety measures necessary during the use of traction equipment
					3.22 Identify responsibilities when assisting client with traction device
					3.23 Demonstrate set up of traction devices
					3.24 Identify types of footboards/cradles
					3.25 Discuss rationale for use of footboards/cradles
					3.26 Demonstrate proper positioning of client feet/ankles with use of footboard/cradle
					3.27 Discuss safety precautions with footboard/cradle/ use
					3.28 Demonstrate proper application of footboard/cradle
					3.29 List types of splints
					3.30 Identify reasons for splint use and safety measures
					3.31 Define responsibilities in the application/care of a splint
					3.32 Discuss impairments that may necessitate the use of splints
					3.33 List items available to assist with dressing

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4	3	2	1	N	
					4. Patient Mobility
					4.1 Identify good body mechanics
					4.2 Supervise independent transfer
					4.3 Perform stand and pivot transfers-client assisted and unassisted
					4.4 Perform swing transfer
					4.5 Perform sliding board transfer
					4.6 Perform sliding transfer from gurney to treatment table
					4.7 Perform three-person carry transfer
					4.8 Perform two-person sitting transfer
					4.9 Perform mechanical lift transfer
					5. Assisting with Treatment
					5.1 Move/assist clients to the head of the mat (one and two person)
					5.2 Move client to one side of mat
					5.3 Place client in supine position for treatment
					5.4 Place patient in side-lying position for treatment
					5.5 Place client in prone position for treatment
					5.6 Drape upper extremity for treatment-sitting position
					5.7 Drape upper extremity for treatment-supine position
					5.8 Drape lower extremity for treatment
					5.9 Drape for back treatment
					5.10 Assist with hot pack treatments
					5.11 Assist with ultrasound treatments
					5.12 Assist with paraffin bath
					5.13 Assist with diathermy
					5.14 Assist with Fluidotherapy
					5.15 Assist with ice pack treatments
					5.16 Assist with ice massage
					5.17 Assist with hydrotherapy
					5.18 Assist with electrotherapy
					5.19 Assist with cervical traction
					5.20 Assist with lumbar traction
					5.21 Set up and take down equipment used in exercise
					6. ROM Exercise and Ambulation
					6.1 Complete upper extremity ROM exercises
					6.2 Complete lower extremity ROM exercises
					6.3 Describe safety measures necessary before beginning/during ROM exercises
					6.4 Identify types of ROM exercises
					6.5 Ambulate client using walker
					6.6 Ambulate client using crutches
					6.7 Ambulate client up and down stairs with crutches
					6.8 Ambulate client with cane
					6.9 Ambulate client using gait belt

4	3	2	1	N	
					7. Maintaining Treatment Area
					7.1 Check linens and supplies and restock as needed
					7.2 Follow precautions when using chemicals
					7.3 Prepare treatment booth
					7.4 Return equipment to storage area
					7.5 Perform routine cleaning and maintenance of equipment
					7.6 Clean whirlpool or full body tank
					8. Office Communication
					8.1 Identify effective telephone techniques
					8.2 Fill out message slip
					8.3 Greet clients and visitors
					8.4 Communicate with the health team members