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GOVERNOR

One Michigan

STATE OF MICHIGAN
OFFICE OF DRUG CONTROL POLICY
Department of Community Health

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Director

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Department of Community Health

Federally Recognized Safe, Disciplined and Drug-Free Programs

<i>Program</i>	<i>Contact Information</i>	<i>Target Age Group</i>	<i>Brief Program Summary</i>	<i>Federal Agency Recognition</i>
Across Ages	Andrea S. Taylor, Ph.D. Phone: (215) 204-6970 Email: ataylor@temple.edu www.temple.edu/cil/Acrossageshome.htm	9 to 13 years old	Across Ages is a school- and community-based drug prevention program that seeks to strengthen the bonds between adults and youth and provide opportunities for positive community involvement. The unique and highly effective feature of Across Ages is the pairing of older adult mentors (age 55 and above) with young adolescents.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Aggression Replacement Training	Arnold Goldstein Phone: (315) 443-9641	5 to 18 years old	Aggression Replacement Training is a program for aggressive adolescents and young children that is administered by teachers or school counselors. The program seeks to enhance interpersonal skills, self-mediated ability to control anger, and a youth's concern for the rights and needs of others.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Aggressors, Victims, and Bystanders: Thinking and Acting to Prevent Violence	Erica Macheca Phone: (617) 969-7100 Email: Emacheca@edc.org http://www.edc.org/thtm	11 to 15 years old	Aggressors, Victims and Bystanders: Thinking and Acting to Prevent Violence is a 12-session curriculum designed for use with youths. AVB aims to prevent or reduce violence by altering patterns of thought and action that lead individuals to become involved in violence as either aggressors, victims, or bystanders.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Al's Pals: Kids Making Healthy Choices	Susan R. Geller Phone: (804) 967-9002 Email: sgeller@wingspanworks.com www.wingspanworks.com	3 to 8 years old	Al's Pals: Kids Making Healthy Choices is a resiliency-based early childhood curriculum and teacher training program that develops personal, social, and emotional skills in children. Uses 46 interactive lessons.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
All Stars	William B. Hansen, Ph.D. Phone: (800) 826-4539, ext. 101 Email: billhansen@tanglewood.net www.tanglewood.net	11 to 14 years old	All Stars is a school- or community-based program designed to delay and prevent high-risk behaviors in middle school-age adolescents, including substance abuse, violence, and premature sexual activity, by fostering development of positive personal characteristics.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

Athletes Training and Learning to Avoid Steroids	Linn Goldberg, M.D. Phone: (503) 494-8051 Email: hpsm@ohsu.edu www.atlasprogram.com	9 to 19 years old	Athletes Training and Learning to Avoid Steroids is a multicomponent school-based program for male high school athletes. It capitalizes on team-centered dynamics and uses positive peer pressure and role modeling to reduce the use of drugs.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Big Brothers Big Sisters of America	Joseph Radalet Phone: (215) 567-7000 Email: national@bbbsa.org www.bbbsa.org	6 to 18 years old	Big Brothers Big Sisters of America has been providing adult support and friendship to youth for nearly a century. A report in 1991 demonstrates that through BBBSA's network of nearly 500 agencies across the country, more than 70,000 youth and adults were supervised in one-to-one relationships.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Brief Strategic Family Therapy	José Szapocznik, Ph.D. Phone: (305) 243-8217 Email: Jszapocz@med.miami.edu www.cfs.med.miami.edu	6 to 17 years old	Brief Strategic Family Therapy successfully reduces problem behaviors in children and adolescents, and strengthens their families. BSFT provides families with tools to decrease individual and family risk factors through focused interventions that improve problematic family relations and skill building strategies that strengthen families.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Caring School Community Program	Eric Schaps, Ph.D. Phone: (800) 666-7270 Email: info@devstu.org www.devstu.org/csrd/cdp_index.html	5 to 12 years old	CDP significantly reduces children's early use of alcohol and marijuana and their involvement in violence-related behavior. CDP is designed to strengthen connections among peers and between students of different ages, teachers and students, and home and school.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
CASASTART	Lawrence Murray, CSW Phone: (212) 841-5208 Email: lmurray@casacolumbia.org www.casacolumbia.org	8 to 13 years old	CASASTART is a community-based, school-centered program designed to keep high-risk preadolescents free of drug and crime involvement. The central notion underlying the program is that while rates of experimentation with drugs and alcohol are similar for preadolescents from all backgrounds, those who lack effective human and social support are at higher risk of continuing and intensifying substance abuse.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Communities Mobilizing for Change on Alcohol	Alexander C. Wagenaar, Ph.D. Phone: (612) 624-8370 Email: wagenaar@epi.umn.edu www.epi.umn.edu/alcohol/	13 to 20 years old	Communities Mobilizing for Change on Alcohol is a community-organizing program designed to reduce adolescent access to alcohol by changing community policies and practices.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Community of Caring	Brian J. Mooney Phone: (202) 824-0351 Email: contact@communityofcaring.org http://www.communityofcaring.org	5 to 18 years old	The primary focus of the Community of Caring program is to strengthen the decision-making skills that young people need to avoid destructive behaviors that lead to early sexual involvement, teen pregnancy, substance abuse, delinquent behavior, and dropping out of school.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Community Trials Intervention to Reduce High-Risk Drinking	Harold D. Holder, Ph.D. Phone: (510) 486-1111 www.PREV.org	All ages	Community Trials to Reduce High-Risk Drinking is a multicomponent, community-based program developed to alter alcohol use patterns of people of all ages, and related problems.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

Creating Lasting Family Connections	Ted N. Strader, M.S. Phone: (502) 583-6820 Email: tstrader@sprynet.com www.copes.org/include/clfc.htm	9 to 17 years old	Creating Lasting Family Connections is a comprehensive family strengthening, substance abuse, and violence prevention curriculum that has scientifically demonstrated that youth and families in high-risk environments can be assisted to become strong, healthy, and supportive people.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
DARE To Be You	Jan Miller-Heyl, M.S. Phone: (970) 565-3606 Email: darecort@coop.ext.colostate.edu www.coopext.colostate.edu/DTBY/	2 to 5 years old	DARE To Be You is a multilevel, primary prevention program for children 2 to 5 years old and their families. It significantly lowers the risk of future substance abuse and other high-risk activities by dramatically improving parent and child protective factors in the areas of communication, problem solving, self-esteem, and family skills.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Early Risers Skills for Success	Gerald J. August, Ph.D. Phone: (612) 273-9711 Email: august001@tc.umn.edu	6 to 10 years old	Early Risers is a multicomponent, high intensity, competency enhancement program that targets elementary school children who are at high risk for early development of conduct problems, including substance use.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Facing History and Ourselves	Terry Tollefson Phone: (617) 232-1595 Email: Terry_Tollefson@facing.org http://www.facing.org	11 to 18 years old	Facing History and Ourselves engages students of diverse backgrounds in an examination of the historical roots of racism, prejudice, and anti-Semitism. The lessons encourage the development of individual competencies that will lead to responsible participation in a democratic society. The program works to prevent violence and reduce intolerance among young people as they learn to balance self-interest with a genuine interest in the welfare of others.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Families And Schools Together	Lynn McDonald, Ph.D., M.S.W. Phone: (608) 263-9476 Email: mrmcdona@facstaff.wisc.edu www.wcer.wisc.edu/fast	5 to 12 years old	Families and Schools Together is a multifamily group intervention designed to build protective factors and reduce the risk factors associated with substance abuse and related problem behaviors for children.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Families That Care-Guiding Good Choices	Richard Catalano, Ph.D. Phone: (877) 896-8532 Email: PrevSci@channing-bete.com www.preventionscience.com/FTC/GGC.html	8 to 13 years old	Families That Care—Guiding Good Choices is a multimedia program that gives parents of children the knowledge and skills needed to guide their children through early adolescence.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Family Effectiveness Training	José Szapocznik, Ph.D. Phone: (305) 243-8217 Email: Jszapocz@med.miami.edu www.cfs.med.miami.edu	6 to 12 years old	Family Effectiveness Training is a family-based program developed for and targeted to Hispanics. It is effective in reducing risk factors and increasing protective factors for adolescent substance abuse and related disruptive behaviors.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
FAST Track	Mark T. Greenberg, Ph.D. Phone: (814) 863-0112 Email: prevention@psu.edu www.fasttrackproject.org	6 to 11 years old	FAST Track is a comprehensive and long-term prevention program that aims to prevent chronic and severe conduct problems for high-risk children. It is based on the view that antisocial behavior stems from the interaction of multiple influences, and it includes the school, the home, and the individual in its intervention. FAST Track's main goals are to enhance children's social, cognitive, and problem-solving skills, and ultimately decrease disruptive behavior.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP

Functional Family Therapy	James F. Alexander, Ph.D. Phone: (801) 581-6538 Email: jfafft@psych.utah.edu www.ffaft.com	11-18 years old	Functional Family Therapy is an outcome-driven prevention/intervention program for youth who have demonstrated the entire range of maladaptive, acting out behaviors and related syndromes.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Growing Healthy	Director of Education Phone: (212) 334-9470 Email: nche@nche.org http://www.nche.org	4 to 11 years old	Growing Healthy's extensive program goals are related to numerous life skills and physical health. The program teaches children several core elements that help them resist social pressures to smoke and to use alcohol and other drugs. The core elements include a fundamental knowledge of the biology of the human body; principles of health and illness; and an understanding of health in the larger family, community and even national context.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
The High/Scope Perry Preschool Program	David Weikart, Ph.D. Phone: (734) 485-2000 Email: info@highscope.org www.highscope.org	3 to 5 years old	The High/Scope Perry Preschool Program (High/Scope) utilizes an active learning approach to educating children, imparting skills that will support their development through school and into young adulthood.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
I Can Problem Solve	Myrna B. Shure, Ph.D. Phone: (215) 762-7205 Email: mshure@drexel.edu www.thinkingchild.com/icps.htm	4 to 5 years old	I Can Problem Solve is a school-based intervention that trains children in generating a variety of solutions to interpersonal problems, considering the consequences of these solutions, and recognizing thoughts, feelings, and motives that generate problem situations. By teaching children to think, rather than what to think, the program changes thinking styles and, as a result, enhances children's social adjustment, promotes pro-social behavior, and decreases impulsivity and inhibition.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
The Incredible Years	Carolyn Webster-Stratton, Ph.D. Phone: (206) 285-7565 Email: incredibleyears@seanet.com www.incredibleyears.com	3 to 8 years old	The Incredible Years series features three comprehensive, multi-faceted, and developmentally based curricula for parents, teachers, and children. The program is designed to promote emotional and social competence and to prevent, reduce, and treat behavioral and emotional problems in young children.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Intensive Protective Supervision Project	Kathy Dudley Phone: (919) 662-4738	6 to 16 years old	The Intensive Protective Supervision Project removes juvenile offenders from criminal justice institutions and provides them with more proactive and extensive community supervision than they would otherwise receive. Its primary goals are to reduce undisciplined acts, decrease the likelihood of future, serious delinquency, and increase socially acceptable behaviors.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Keep A Clear Mind	Michael Young, Ph.D., FAAHB Phone: (479) 575-5639 Email: meyoung@comp.uark.edu www.keepaclearmind.com	8 to 12 years old	Keep A Clear Mind is a take-home drug education program for upper elementary school students and their parents. The take-home material consists of 4 weekly sets of activities to be completed by parents and their children together.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

Leadership and Resiliency Program	Laura Yager, M.Ed., LPC, CPP-ATOD Phone: (703) 934-5476 Email: Laura.Yager@fairfaxcounty.gov	14 to 19 years old	The Leadership and Resiliency Program is a school- and community-based program for high school students that works to enhance youths' internal strengths and resiliency, while preventing involvement in substance use and violence.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Let Each One Teach One Mentor Program	Vicki Tomlin Phone: (303) 769-0414 Email: vtomlin@uswest.net	10 to 18 years old	Let Each One Teach One Mentor Program is specifically for at-risk, black male adolescents. The goals of the program center on increasing the academic success of students. The program measures its effectiveness by monitoring improved grades, enhanced self-efficacy, improved behavioral conduct, improved self-perceptions, fewer office referrals, fewer suspensions, and improved attendance.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
LifeSkills Training	Gilbert J. Botvin, Ph.D. Phone: (800) 293-4969 or (914) 421-2525 Email: LSTinfo@nhpanet.com www.lifeskillstraining.com	8 to 18 years old	LifeSkills Training is a program that seeks to influence major social and psychological factors that promote the initiation and early use of substances. LifeSkills has distinct elementary and middle school curricula that are delivered in a series of classroom sessions over 3 years.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Linking the Interests of Families and Teachers	John Reid, Ph.D. Phone: (541) 485-2711 www.oslc.org/dproj.html#lift	6 to 10 years old	Linking the Interests of Families and Teachers is a school-based intervention for the prevention of conduct problems such as antisocial behavior, involvement with delinquent peers, and drug/alcohol use. It is based on the view that the most reasonable interventions for child conduct problems would utilize an existing service system with widespread access to children, be conducted at the earliest possible point in the life of a child, and target malleable precursors of later conduct problems.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Lions-Quest Skills for Adolescence	Susan Keister, M.A. Phone: (800) 446-2700 Email: info@lions-quest.org www.lions-quest.org	10 to 14 years old	Lions-Quest Skills for Adolescence is a comprehensive positive youth development and prevention program designed for school wide and classroom implementation in grades six through eight. It involves educators, parents, and community members to develop in young adolescents.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Lions-Quest Working Toward Peace	Greg Long Phone: (740) 522-6400 Email: gregl@quest.edu http://www.quest.edu	10 to 14 years old	Lions-Quest Working Toward Peace is a school-based, comprehensive program designed to teach and reinforce a repertoire of anger management and conflict resolution skills. It brings together the school, community, family, peers, and media into a network of support to teach and reinforce anger and conflict management skills.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

Michigan Model for Comprehensive School Health Education	Don Sweeney Phone: (517) 335-8390 Email: sweeneyd@michigan.gov http://www.emc.cmich.edu	5 to 18 years old	The Michigan Model for Comprehensive School Health Education brings together an array of national, state, and private resources to promote comprehensive school health. The program is designed for implementation as part of the core school curriculum. The goals of the program are to establish a single focus for school-based youth prevention programs; provide a common language and approach for parent, community and student health programs; and reinforce prevention messages from a variety of sources.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Midwestern Prevention Project	Mary Ann Pentz, Ph.D. Phone: (323) 865-0330 Email: pentz@hsc.usc.edu	11 to 14 years old	The Midwestern Prevention Project is a comprehensive, community-based, multi-faceted program for adolescent drug abuse prevention. The MPP involves an extended period of programming. Although initiated in a school setting, it goes beyond this setting into the family and community contexts.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Minnesota Smoking Prevention Program	Ann Standing Phone: (800) 328-9000 ext. 4030 Email: astanding@hazelden.org http://hazelden.org	11 to 15 years old	The Minnesota Smoking Prevention Program is a school-based curriculum. The goals of the program are to prevent students from beginning to use tobacco, to help students stop using tobacco if they have experimented with it, and to help students influence friends and family members not to use tobacco.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Multisystemic Therapy	Scott W. Henggeler, Ph.D. Phone: (843) 876-1800 Email: henggesw@musc.edu	12 to 17 years old	Multisystemic Therapy is an intensive family- and community-based treatment that addresses the multiple determinants of serious antisocial behavior in juvenile offenders. The multisystemic approach views individuals as being nested within a complex network of interconnected systems that encompass individual, family, and other (peer, school, neighborhood) factors. Intervention may be necessary in any one or a combination of these systems.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Olweus Bullying Prevention	Dan Olweus, Ph.D. Phone: (475) 558-2327 Email olweus@psych.uib.no	6 to 15 years old	Olweus Bullying Prevention is a multilevel, multicomponent school-based program designed to prevent or reduce bullying in elementary, middle, and junior high schools. The program attempts to restructure the existing school environment to reduce opportunities and rewards for bullying.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Open Circle Curriculum	Pamela Seigle Phone: (781) 283-3778 Email : pseigle@wellesley.edu http://www.wellesley.edu/OpenCircle	4 to 11 years old	The Open Circle Curriculum is a grade-differentiated, multiyear, social and emotional learning curriculum targeting elementary school students. This curriculum focuses on communication, self-control, and social problem-solving.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

PeaceBuilders	Michelle Molina Phone: (564) 590-3600 Email: Info@peacebuilders.com http://www.peacebuilders.com	4 to 14 years old	PeaceBuilders is a violence prevention program that aims to reinforce positive behavior throughout the community, at school, at home, in after-school settings, in peer interactions, and in the mass media. The PeaceBuilders model is an explicit attempt to systematically provide a culture that models and reinforces pro-social behavior, reduces sources of adult attention to inappropriate behaviors, and increases peer attention to display of positive behaviors and competencies.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
The Peacemakers Program	Jeremy Shapiro Phone: (216) 696-5800 ext. 1144 Email: jeremyshapiro@yahoo.com http://www.applewoodcenters.org	8 to 12 years old	The Peacemakers Program is a school-based violence prevention intervention. Its goal is to reduce aggression and violence among participating youths. Aggressive behavior is reduced across a broad spectrum of severity, ranging from hurtful speech, to physical fighting, to use of weapons.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Peers Making Peace	Susan Armoni Phone: (972) 671-9550 Email: susan.armoni@pmuinc.com http://www.pmuinc.com	5 to 18 years old	Peers Making Peace is an innovative peer-mediation program that uses a preventive approach for handling conflicts both in and out of school. The program's goal is to improve the school environment by reducing violence, assaults, and discipline referrals and increasing academic performance. This is accomplished by training teams of students to act as peer mediators on their school campuses.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Positive Action	Carol Gerber Allred, Ph.D. Phone: (208) 733-1328 Email: info@positiveaction.net www.positiveaction.net	5 to 18 years old	Positive Action is an integrated, comprehensive, and coherent program that has been shown to improve academic achievement and behaviors of children and adolescents in multiple domains. It is intensive, with lessons at each grade level.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Preparing for the Drug-Free Years	Channing Bete Company Phone: (877) 896-8532 Email: PrevSci@channing-bete.com www.channing-bete.com	8 to 14 years old	Preparing for the Drug-Free Years is designed to assist parents in reducing risks in their families that could contribute to alcohol and drug abuse. The goals of the program are to empower parents of children to reduce the risk that their children will develop problems with drugs and alcohol in adolescence and to enhance protective parent-child interaction.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Preventive Intervention	Brenna Bry, Ph.D. Phone: (732) 445-2189	11 to 14 years old	This school-based intervention helps prevent juvenile delinquency, substance use, and school failure for high-risk adolescents. It targets juvenile cynicism about the world and the accompanying lack of self-efficacy to deal with problems. Preventive Intervention provides a school environment that allows students to realize that their actions can bring about desired consequences, and it reinforces this belief by eliciting participation from teachers, parents, and individuals.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Preventive Treatment Program	Richard E. Tremblay, Ph.D. Phone: (514) 343-6963 Email: gripret@ere.umontreal.ca	7 to 9 years old	The program is designed to prevent antisocial behavior of boys who display early, problem behavior. It provides training for both parents and youth to decrease delinquency, substance use, and gang involvement.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP

Primary Mental Health Project	Deborah B. Johnson Phone: (716) 295-1000 Email: djohnson@childrensinstitute.net http://www.pmhp.org	4 to 8 years old	Primary Mental Health Project is a school-based early-intervention program for young children who show evidence of school adjustment difficulties. As an indicated prevention program, PMHP targets children deemed to “at risk” and not those with already crystallized serious dysfunction. Through therapeutic interventions in a one-to-one setting, the program aims to address risk and protective factors of children in preschool through grade 3.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Project ACHIEVE	Dr. Howard M. Knoff Phone: (813) 978-1718 Email: knoffprojectachieve@earthlink.net www.coedu.usf.edu/projectachieve	3 to 4 years old	Project ACHIEVE is an innovative school reform and school effectiveness program developed for use in preschool, elementary, and middle schools. It is designed to help schools, communities, and families develop, strengthen, and solidify their youth's resilience, protective factors, and self-management skills.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Project ALERT	G. Bridget Ryan Phone: (800) 253-7810 Email: gbryan@projectalert.best.org www.projectalert.com	11 to 14 years old	Project ALERT is a drug prevention curriculum for middle-school students, which dramatically reduces both the onset and regular use of substances. The 2-year, 14-lesson program focuses on the substances that adolescents are most likely to use.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Project Northland	Cheryl Perry, Ph.D. Phone: (651) 213-4030 Email: astanding@hazelden.org www.hazelden.org	10 to 14 years old	Project Northland is a multilevel, multiyear program proven to delay the age at which young people begin drinking, reduce alcohol use among those who have already tried drinking, and limit the number of alcohol-related problems of young drinkers. Designed for sixth, seventh, and eighth grade students, Project Northland addresses both individual behavioral change and environmental change.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Project PATHE	Denise Gottfredson, Ph.D. Phone: (301) 405-4717 Email: dgottfredson@crim.umd.edu www.gottfredson.com/pathe.htm	10 to 17 years old	Project PATHE is a comprehensive program implemented in secondary schools that reduces school disorder and improves the school environment to enhance students’ experiences and attitudes about school. More specifically, it increases students’ bonding to the school, self-concept, and educational and occupational attainment which, in turn, reduce juvenile delinquency.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Project STAR	Karen Bernstein Phone: (323) 865-0325 Email: karenber@usc.edu	10 to 12 years old	Project STAR is a comprehensive, community-based program to prevent or reduce adolescent substance abuse. Its primary goal is to prevent or reduce gateway substance use. The following program components are introduced in sequence to communities: School, parent, community organization, and health policy, with utilization of the mass media to publicize positive efforts for drug prevention.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

Project STATUS	Marshall Croddy, Ph.D. Phone: (213) 316-2113	10 to 17 years old	Project STATUS is a school-based program that helps students become active, responsible members of their community. Based on the belief that isolating students in book-learning environments fails to inspire commitment to schools and belief in social rules, the Project provides a more challenging and relevant educational experience. It increases students' prosocial behaviors by providing contact with positive adult role models, enhancing stakes in conformity, and altering peer relationships.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Project SUCCESS	Ellen Morehouse, M.S.W., CASAC, CPP Phone: (914) 332-1300 Email: sascorp@aol.com www.sascorp.org	14 to 18 years old	Project SUCCESS prevents and reduces substance use among high-risk, multiproblem high school adolescents. Developed and tested with alternative school youth, the program places highly trained professionals in schools to provide a full range of substance use prevention and early intervention services.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Project T.N.T.: Towards No Tobacco Use	Steve Sussman, Ph.D. FAAHB Phone: (626) 457-6635 Email: ssussma@hsc.usc.edu www.cceanet.org/Research/Sussman/tnd.htm	14 to 19 years old	Project Towards No Tobacco Use is a highly interactive program designed to help high school youth resist substance use. A school-based program, TNT consists of twelve 40- to 50-minute lessons that include motivational activities, social skills training, and decision making components that are delivered through group discussions, games, role-playing exercise, videos, and student worksheets.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Promoting Alternative Thinking Strategies	Carol A. Kusché, Ph.D. Phone: (814) 863-0112 Email: mxg47@psu.edu www.prevention.psu.edu/PATHS/	5 to 12 years old	Promoting Alternative Thinking Strategies is a comprehensive program for promoting emotional and social competencies and reducing aggression and acting-out behaviors in elementary-school-aged children, while simultaneously enhancing the educational process in the classroom. This innovative curriculum for kindergarten through sixth grade is used by educators and counselors as a multiyear, prevention model.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Protecting You/Protecting Me	Kappie Bliss, M.Ed., LPC Phone: (512) 693-9422 Email: kappie@kbliss.com www.pypm.org/	6 to 11 years old	Protecting You/Protecting Me is a 5-year, classroom-based alcohol-use prevention curriculum for elementary students in grades one through five. Designed to reduce alcohol-related injury and death in our Nation's youth.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Reconnecting Youth	Leona L. Eggert, Ph.D., RN, FAAN Phone: (425) 861-1177 Email: eggert@u.washington.edu www.son.washington.edu/departments/pch/ry	14 to 18 years old	Reconnecting Youth is a school-based prevention program for youth in grades nine through twelve who are at risk for school dropout. These youth may also exhibit multiple behavior problems, such as substance abuse, aggression, depression, or suicide risk behaviors.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Residential Student Assistance Program	Ellen R. Morehouse, ASW, CASAC Phone: (914) 332-1300 Email: sascorp@aol.com www.sascorp.org/residesap.htm	14 to 17 years old	The Residential Student Assistance Program is a substance abuse prevention program developed for high-risk adolescents living in residential facilities. The program works by placing highly trained professionals in residential facilities to provide residents with a full range of substance abuse prevention and early intervention services.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

Responding in Peaceful and Positive Ways	Aleta Lynn Meyer, Ph.D. Phone: (804) 828-0015 Email: ameyer@saturn.vcu.edu	11 to 14 years old	Responding in Peaceful and Positive Ways is a school-based violence prevention program designed to provide students in middle and junior high schools with conflict resolution strategies and skills. It combines a classroom curriculum of social/cognitive problem solving with real-life skill-building opportunities such as peer mediation.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Say It Straight Training	Paula Englander-Golden Phone: (940) 565-3290 Email: golden@scs.cmm.unt.edu	10 to 18 years old	Say It Straight Training promotes wellness, self-awareness, personal and social responsibility, good communication skills, positive self-esteem, and positive relationships. At the same time, it attempts to prevent risky or destructive behaviors, such as alcohol, tobacco, and other drug use; violence; teen pregnancy; and behavior leading to HIV/AIDS.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
SCARE Program	Alan Vincent Phone: (800) 542-6657 ext. 3087	11 to 14 years old	The SCARE program is an anger and aggression management program for children and adolescents. The primary goals of the program are to teach young people about emotions, including anger and aggression, and to help them recognize alternatives to violent behavior and aggressive responses. It also aims to encourage young people to make good decisions in response to provocative situations.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
School Transitional Environmental Program	Peter Mulhall, Ph.D., Director Phone: (217) 333-3231 www.igpa.uiuc.edu	10 to 17 years old	The School Transitional Environmental Program is based on the Transitional Life Events model, which theorizes that stressful life events such as making transitions between schools, places children at risk for maladaptive behavior. Earlier research has shown that, for many students, changing schools leads to poor academic achievement, classroom behavior problems, heightened anxiety, and increases in school absenteeism, all of which may lead to dropping out of school and other behavioral and social problems.	<input type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Schools and Families Educating Children	Patrick Tolan, Ph.D. Phone: (312) 413-1893 Email: Tolan@uic.edu	5 to 6 years old	SAFE Children is a community- and school-based program that helps families manage educational and child development in communities where children are at high risk for substance abuse and other problem behaviors. It is based on a developmental-ecological model that looks at how neighborhood and school characteristics affect children and families, children's school achievement, and their maturation.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Second Step	Barbara Guzzo Phone: (800) 634-4449 Email: info@cfchildren.org www.cfchildren.org/violence.htm	4 to 14 years old	Second Step is a classroom-based social skills program for preschool through junior high students. It is designed to reduce impulsive, high-risk, and aggressive behaviors; and increase children's social-emotional competence and other protective factors.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

Skills, Opportunity, and Recognition	J. David Hawkins, Ph.D. Phone: (206) 685-1997 Email: sdrng@u.washington.edu depts.washington.edu/sdrng	5 to 12 years old	This universal, multidimensional intervention decreases juveniles' problem behaviors by working with parents, teachers, and children. It incorporates both social control and social learning theories and intervenes early in children's development to increase prosocial bonds, strengthen attachment and commitment to schools, and decrease delinquency.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Social Decision Making and Problem Solving	Linda Bruene Butler Phone: (732) 235-9280 Email: spsweb@umdnj.edu http://www2.umdnj.edu/spsweb/news.htm	4 to 11 years old	Social Decision Making and Problem Solving aims to establish a multiyear program of classroom-based training in social and emotional skills as part of an existing elementary school curriculum. The primary goal of this program is to prevent elementary school students from making unhealthy decisions by teaching them the skills that form the foundation necessary to think clearly under stress and in emotionally and socially complex situations.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Start Taking Alcohol Risks Seriously for Families	Chudley E. Werch, Ph.D., CHES, FAAHB Phone: (904) 620-2847 Email: cwerch@unf.edu	11 to 14 years old	Start Taking Alcohol Risks Seriously for Families is a health promotion program for preventing alcohol use among at-risk middle and junior high school youth. The goal of STARS for Families is to have all youth postpone alcohol use until adulthood.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Strengthening Families Program	Karol Kumpfer, Ph.D Phone: (801) 581-7718 Email: karol.kumpfer@health.utah.edu www.strengtheningfamilies.org	6 to 12 years old	The Strengthening Families Program involves elementary school aged children and their families in family skills training sessions. SFP uses family systems and cognitive-behavioral approaches to increase resilience and reduce risk factors for behavioral, emotional, academic, and social problems.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input checked="" type="checkbox"/> OJJDP
Students Managing Anger and Resolution Together	Kris Bosworth, Ph.D. Phone: (520) 626-4964 Email: boswortk@u.arizona.edu www.drugstats.org	11 to 15 years old	SMART Team is an eight-module, multimedia software program designed to teach violence prevention messages and methods to students in grades six through nine. The program's content fits well with commonly used conflict-mediation curricula and other violence prevention strategies schools may implement.	<input checked="" type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Teenage Health Teaching Modules	Erica Macheca Phone: (617) 969-7100 Email: Emacheca@edc.org http://www.edc.org/thtm	10 to 18 years old	Teenage Health Teaching Modules is a comprehensive health curriculum for grades six through twelve. Students learn and practice seven essential skills for adopting and maintaining healthy behaviors: communication, decision-making, goal setting, risk assessment, health advocacy, and healthy self-management.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

The Think Time Strategy	Sopris West Phone: (800) 547-6747 http://www.sopriswest.com	4 to 14 years old	The Think Time Strategy addresses behaviors in a manner that alleviates many of the problems associated with traditional classroom management approaches used in elementary schools. Although the Think Time Strategy was designed as a universal prevention intervention for K-9 populations, adequate evidence of efficacy was presented only for seriously emotionally disturbed populations.	<input type="checkbox"/> CSAP <input checked="" type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP
Too Good For Drugs	Susan K. Chase Phone: (800) 750-0986 ext.206 Email: schase@mendezfoundation.org www.mendezfoundation.org/	5 to 8 years old	Too Good For Drugs is a school-based prevention program designed to reduce the intention to use alcohol, tobacco, and illegal drugs in middle and high school students. Developed by the Mendez Foundation for use with students in kindergarten through 12th grade, TGFD has a separate, developmentally appropriate curriculum for each grade level.	<input checked="" type="checkbox"/> CSAP <input type="checkbox"/> Dept. of Ed. <input type="checkbox"/> OJJDP

G: Education/Secretary/Research Based Programs/Research Based Programs