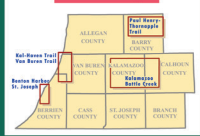
Detailed Maps



TRANSPORTATION NETWORK

Primary Roads with Traffic Volume* (Vehicles per day) — Unpaved / Paved / Paved 4 ft Shoulder/Bike Lane

- Light - Under 2,500
- Medium - 2,500 to 10,000
- Heavy - Above 10,000

Minor Roads‡ — no volume information

Limited Access Highways — Interchanges

Freight Rail/Amtrak

Freight Rail

Non-motorized Trails

- Improved Multiuse (Paved or Crushed Fines)
- Unimproved Multiuse (Gravel or Dirt)
- North Country Trail

* Traffic volumes are estimated based on an average 24-hour period. Rush hour (peak period) traffic volume can be much greater than at other times of the day. Traffic volumes also vary by season and day of week.

‡ Minor roads generally have lower traffic volume but road width and surface type may make them less appropriate as a bike route. Consult local county road commissions for more information. www.micountyroads.org

POINTS OF INTEREST

- Lake Michigan Beach
- Trail Head
- Campground
- Campground, Horse
- Mountain Biking
- County Park
- Local Park
- Nature Area/Preserve
- Public Access
- Summit
- Lighthouse
- Golf Course
- Zoo
- College/University
- Hospital
- Train Station
- Carpool Parking Lot
- Winery
- Farm Produce Stand

CITY AND VILLAGE SERVICES

CITY/VILLAGE NAME (ALL UPPER CASE) — A city or village that has food and lodging

City/Village Name (Upper & Lower Case) — A city or village that has either food or lodging

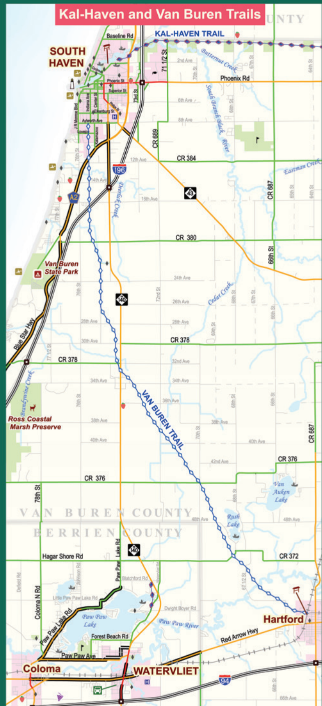
City & Village — Park, Preserve, & Golf Course — River, Stream, & Lake

COUNTY

Kilometers 0 1 2 3 4

Miles 0 1 2 3 4

Kal-Haven and Van Buren Trails



The Paul Henry-Thornapple Trail

Area Bicycle Shops

Allegan
Hunter's
208 Trowbridge St.
(269) 673-2821

Augusta
Custer Cyclery
104 N. Augusta Dr.
(269) 731-3492

Battle Creek
E-Bike World
23047 M-78
(269) 441-2453

Team Active Cycling & Fitness
22 Michigan Ave. W.
(800) 841-9494

Getaway Sports
2809 Capital Ave. SW
(269) 979-1996

Motiv-8
1270 E. Columbia Ave.
(269) 753-0100

Benton Harbor
Cycle-Re-Cycle
300 12th St.
(269) 985-3509

Berrien Springs
Jim's Vintage Bicycles
6656 US Hwy. 31
(269) 408-0434

Coldwater
Dally's Bicycle Shop
109 W. Chicago St.
(517) 278-5639

Coloma
True Value Hardware
280 N. Paw Paw St.
(269) 468-3462

Galesburg
Billy's Bike Shop
63 E. Battle Creek
(269) 665-5202

Hastings
Ace Hardware/Bike Shop
111 E. State St.
(269) 945-2003

True Value Hardware/Cyclery
209 S. Jefferson St.
(269) 948-2124

Kalamazoo
Alfred E. Bike
320 E. Michigan Ave.
(269) 349-9423

Johnson Bicycle Works
5309 Gull Rd.
(269) 226-0001

Pedal Bicycles
611 W. Michigan Ave.
(269) 567-3325

Zoo City Cycle
4328 S. Westnedge Ave.
(269) 552-3000

Niles
Cycle & Fitness
211 E. Main St.
(269) 684-2000

Paw Paw
Adventure Bikes
210 W. Michigan Ave.
(269) 657-1907

Twisted Bikes & Boards
207 W. Michigan Ave
(269) 415-0220

Portage
Breakaway Bicycles & Fitness
185 Romence
(269) 324-5555

Schoolcraft
Village Cyclery
148 N. Grand St.
(269) 679-4242

South Haven
Rock 'n' Road Cycle
315 Broadway
(269) 639-0003

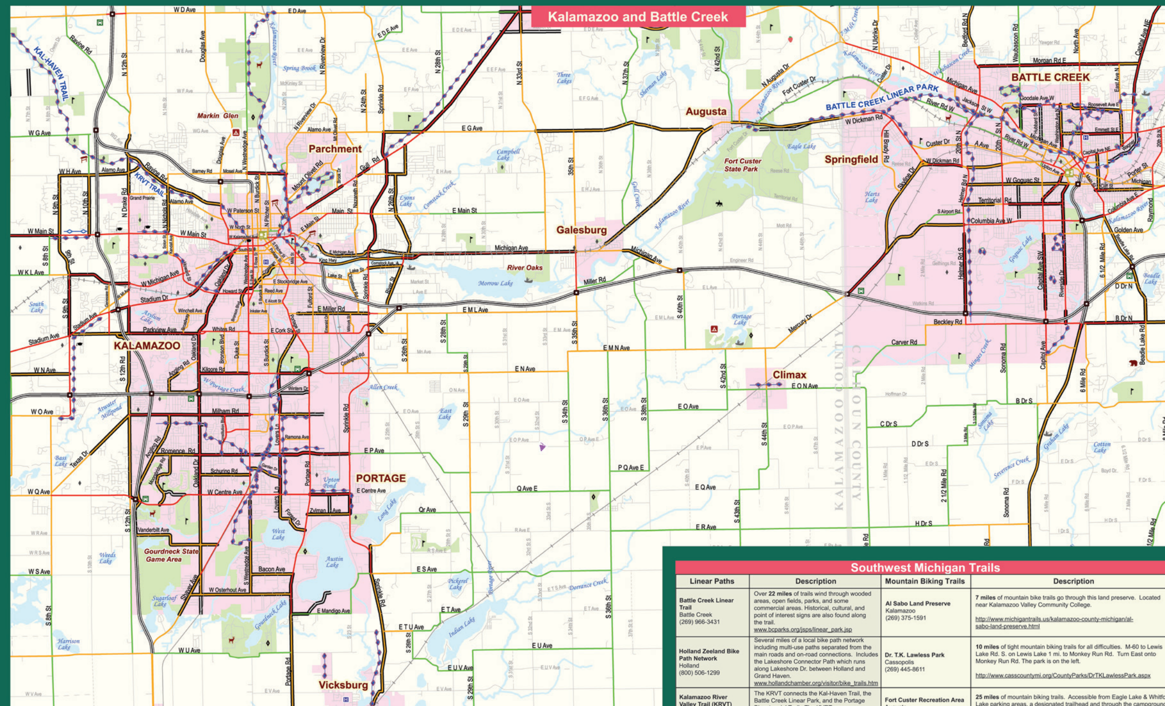
St. Joseph
Cycle & Fitness
1507 Niles Ave.
(269) 983-2453

St. Joseph Bike Rental
120 State St.
(269) 985-1111

Sturgis
Chicago Road Cyclery
222 W. Chicago Rd.
(269) 651-9206

Kickstand Schwinn Cyclery
1240 E. Chicago Rd.
(866) 651-5088

Kalamazoo and Battle Creek



Bicycle Safety

Bicycles must obey all traffic laws!

Your bicycle is a vehicle. Bicyclists on public roadways have the same rights and responsibilities as automobile drivers, and are subject to the same state laws and local ordinances. For everyone's safety, observe these bicycling rules and safety tips.

Always wear a helmet

Always have your helmet fitted properly! Helmets should be worn level on the head, above the eyebrows, and should fit snugly so that it does not move around while riding. Most bicycle shops will help you fit your helmet correctly.

Roadway Safety

Ride with traffic
State law requires that bicyclists ride with the flow of traffic.

Make left turns safely
There are two ways: (1) Like a car: Signal, move into the left turn lane, and turn. (2) Like a pedestrian: Ride in a straight line to the far side crosswalk, and walk your bike across the road.

Watch for cars pulling out
Cyclists should keep a sharp eye out for cars pulling into traffic from a parking space, entering the street from driveways, and from doors opening on parked cars. Always assume that motorists do not see you. Make eye contact with the driver to assess your safety before proceeding in front of a vehicle.

Go slow on sidewalks
Pedestrians have the right-of-way on walkways. Give them an audible warning when you are going to pass.

Watch for hazards
Watch out for sewer grates, slippery manhole covers, oily pavement, snow and ice. Cross railroad tracks at right angles. For better control, stand up on your bike pedals when crossing bumpy areas.

Use lights at night
A front light visible for 500 feet and a red reflector visible for 600 feet are required by state law.

Do not pass on the right
Keep right except to pass. When passing, look to be sure no one is coming, give an audible signal to the person you are passing, and pass on the left.

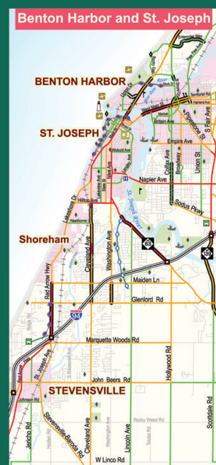
Ride in a straight line
Do not weave across the road. Ride at least a car door's width away from parked cars. You will be more visible to cars turning right and out of the way of car doors opening suddenly.

Be seen
Wear light, bright and/or reflective clothing at all times because they aid in visibility. Dress in layers and bring gear for unforeseen bad weather. In many situations, a flag is also useful to increase visibility.

Use hand signals
Hand signals tell pedestrians and motorists what you intend to do. State law requires this.

View From Behind

Benton Harbor and St. Joseph



State and Area Parks

www.michigan.gov/dnr

Park	Beach House	Mountain/Trail Biking	Camping	Hiking	Horse Camping	Horse Trails	Park Store	Picnic Area	Playground	Swimming	X-Country Skiing
Allegan State Game Area (269) 673-2430 4590 118th Street, Allegan			✓	✓	✓	✓					✓
Coldwater Lake State Park (517) 780-7866 I-69 Exit 3, E. on Copeland Road				✓							✓
Fred Russ Forest (269) 445-8611 Marcellus Hwy, 8 miles E. of Dowagiac		✓		✓		✓		✓	✓		✓
Fort Custer Rec. Area (269) 731-4200 5163 Fort Custer Drive, Augusta	✓	✓	✓	✓		✓	✓	✓		✓	✓
Grand Mere State Park (269) 426-4013 I-94 exit 22, S. on Thornton Drive				✓				✓		✓	✓
Holland State Park (616) 399-9390 2215 Ottawa Beach Road, Holland	✓		✓				✓	✓	✓	✓	
Saugatuck Dunes State Park (269) 637-2788 I-196 exit 41, W. on Blue Star Highway, N. on 64th Street, W. on 138th Avenue				✓				✓		✓	✓
Van Buren State Park (269) 637-2788 23960 Ruggles Road, South Haven			✓	✓				✓	✓	✓	
Warren Dunes State Park (269) 426-4013 12032 Red Arrow Highway, Sawyer	✓		✓	✓			✓	✓	✓	✓	✓
Warren Woods State Park (269) 426-4013 I-94 Exit 6, E. on Elm Valley Road				✓				✓			✓
Yankee Springs Rec. Area (269) 795-9081 2104 S. Briggs Road, Middleville			✓	✓	✓	✓	✓	✓	✓	✓	✓

Photo Courtesy of David Roush

Statewide Trail Related Websites

League of Michigan Bicyclists
www.lmb.org (517) 334-9100

Michigan Horse Council
http://www.michiganhorsecouncil.com/Trails.htm
(231) 821-2487

Michigan Mountain Biking Association
www.mmba.org (248) 288-3753

Michigan Trails and Greenways Alliance
www.michigantrails.org (517) 485-6022

Michigan United Tandem Society
www.lmb.org/muts (616) 560-0052

Photo Courtesy of Miles John Photography

On-Road Bicycle Routes

Berrien County and St. Joseph County each offer 12 signed bike routes that take you along rural back roads. Bike rides of various route lengths and varying difficulty pass through scenic, pleasant countryside. These routes follow secondary roads over rushing streams and through picturesque rolling hills, patchwork farmland, beautiful meadows, parks, and forests. Find maps and more information at these websites:

Berrien County (Back Road Bikeways)
http://www.harborcountry.org/backroadsbiketours
Phone: (269) 756-3361

St. Joseph County (River Country)
http://www.rivercountry.com/biking.htm
Phone: (800) 447-2821

Southwest Michigan Trails

Linear Paths	Description	Mountain Biking Trails	Description
Battle Creek Linear Trail Battle Creek (269) 966-3431	Over **22 miles** of trails wind through wooded areas, open fields, parks, and some commercial areas. Historical, cultural, and point of interest signs are also found along the trail. www.bcparks.org/jsps/linear_park.jsp	**Al Sabo Land Preserve** Kalamazoo (269) 375-1591	**7 miles** of mountain bike trails go through this land preserve. Located near Kalamazoo Valley Community College. http://www.michigantrails.us/kalamazoo-county-michigan/al-sabo-land-preserve.html
Holland Zeeland Bike Path Network Holland (800) 506-1299	Several miles of a local bike path network including multi-use paths separated from the main roads and on-road connections. Includes the Lakeshore Connector Path which runs along Lakeshore Dr. between Holland and Grand Haven. www.hollandchamber.org/visitor/bike_trails.htm	**Dr. T.K. Lawless Park** Cassopolis (269) 445-8611	**10 miles** of tight mountain biking trails for all difficulties. M-60 to Lewis Lake Rd. S. on Lewis Lake 1 mi. to Monkey Run Rd. Turn East onto Monkey Run Rd. The park is on the left. http://www.casscountymi.org/CountyParks/DrTKLawlessPark.aspx
Kalamazoo River Valley Trail (KRVT) Kalamazoo (269) 373-5073	The KRVT connects the Kal-Haven Trail, the Battle Creek Linear Park, and the Portage Bicentennial Trail. The KVRT passes through downtown Kalamazoo. www.kalcounty.com/parks/krvt	**Fort Custer Recreation Area** Augusta (269) 731-4200	**25 miles** of mountain biking trails. Accessible from Eagle Lake & Whitford Lake parking areas, a designated trailhead and through the campground. http://www.dnr.state.mi.us/parksandtrails/Details.aspx?id=448&type=SPRK
Kal-Haven Trail South Haven (269) 674-8011	A **34 mile** crushed limestone/slag trail connecting South Haven and Kalamazoo. The trail meanders through wooded areas, past farmlands, over rivers, and streams. The trail is usable for all non-motorized bicycles, hikers, and equestrians. www.vbco.org	**Kellogg Forest, MSU** Augusta (269) 731-4597	This area has several two-track roads great for beginner riders. http://www.michigan.org/Property/Detail.aspx?p=B14581
Paul Henry Thornapple Trail Middleville (269) 795-3385	The trail passes through farmlands, woodlands, small towns, and along rivers and creeks. The scenic highlight of the trail is its close proximity to the Thornapple River. Sections of the trail are closed Nov-Dec. http://www.thornappletrail.com	**Madeline Bertrand Park (MB)** (269) 683-8280	**MB: 2.2 miles** of trail with a hard packed natural surface along the St. Joseph River.
		Love Creek Park (LC) (269) 471-2617	**LC: 4.25 miles** of beginning to intermediate level mountain bike trails. www.berriencounty.org/parks
Portage Bicentennial Linear Park Portage (269) 329-4522	A network of biking trails with parking at Milham Road (just east of Westnedge), Garden Lane (at Celery Flats), or the Portage District Library. http://www.portagemi.gov	**Markin Glen Park** Kalamazoo (269) 381-7570	Only the downhill course is open to biking. This downhill course maximizes the small amount of elevation change available. http://www.kalcounty.com/parks/markinglen/index.html
Van Buren Trail South Haven (269) 674-8011	A **14 mile** dirt/gravel multi-use trail that runs between Hartford and South Haven. Birders, equestrians, and hikers will find this a pleasant place. www.vbco.org	**Yankee Springs Recreation Area** Middleville (269) 795-9081	**13 miles** of mountain biking trails, includes a four-mile loop of the Deep Lake Trail, and leads through some of the most rugged hills in the area. http://www.dnr.state.mi.us/parksandtrails/Details.aspx?id=511&type=SPRK

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