

# Making it Easier to be Healthy in Michigan Communities

## Policy and Environmental Change Initiatives 2005 Regional Training

9:00 a.m. – 2:30 p.m.

The Michigan Department of Community Health is inviting you to attend a regional training that will address how policy and environmental change can promote physical activity, healthy eating, and tobacco free lifestyles. The training will provide an overview of what is being done at the state and local levels throughout Michigan to put policy and environmental changes into action. You will also be introduced to a suite of free assessment tools designed to assist in identifying policy and environmental changes to be made in your own community. The day will also include a physical activity/assessment process that you will be able to replicate in your own community.

This training is to enhance the public health approach and implement the **Michigan Steps Up** recommendations for communities. The day's agenda is on the back of this announcement. Please share this invitation with all of your community partners, such as:

- |                             |                       |                                  |
|-----------------------------|-----------------------|----------------------------------|
| *Zoning and Planning Boards | *City Engineering     | *Local Government                |
| *Parks and Recreation       | *Key Businesses       | *Local Public Health             |
| *Colleges/Universities      | *Local Transportation | *Community Service Organizations |

Please RSVP by the below dates to Christi Downing at 517/335-8771 or [downingch@michigan.gov](mailto:downingch@michigan.gov).

### Training Locations:

#### District Health Department #10

Date: May 16, 2005  
**RSVP by May 11, 2005**  
Location: Cadillac Library  
411 South Lake Street  
Cadillac, MI 49601

#### Ingham County Health Department

Date: May 26, 2005  
**RSVP by May 20, 2005**  
Location: Foster Community Center  
200 N. Foster Ave  
Lansing, MI 48912

#### Kalamazoo County Human Services Dpt.

Date: May 19, 2005  
**RSVP by May 13, 2005**  
Location: Kalamazoo Co. Human Services Dpt.  
3299 Gull Road  
Nazareth, MI 49074-0042  
Georgian Room

#### Marquette County Health Department

Date: May 26, 2005 – 10 a.m. – 3 p.m.  
**RSVP by May 20, 2005**  
Location: Teal Lake Lodge  
Al Quaal Recreation Area  
Ishpeming, MI 49849

#### Washtenaw County Health Department

Date: May 24, 2005  
**RSVP by May 18, 2005**  
Location: Washtenaw County Health Department  
555 Towner  
Room 107  
Ypsilanti, MI 48197

