

*Transitions*  
*in the*  
**Management of**  
**Parkinson's Disease**



**September 15, 2006**  
**The Inn at St. John's**  
**Plymouth, Michigan**

# Program Objectives

**Upon completion of this course, participants should be able to:**

- Describe the impact of the complexities of Parkinson's Disease on both the practitioner and the patient/family at various stages of the disease
- Identify multidisciplinary management strategies to assist the person with Parkinson's Disease and to help family members function optimally and confront various challenges effectively

## **Target Audience:**

This conference will be of particular interest to healthcare professionals involved in the care of individuals with Parkinson's Disease and related disorders. Patients and family members will also find this program of value.

# Planning Committee

## **Arlene Bradford, MA**

Assistant Director  
Office of Continuing Medical Education  
Department of Medical Education  
University of Michigan Medical School  
Ann Arbor, Michigan

## **Mark Ensberg, MD**

Geriatrician  
Sparrow Senior Health System  
Palliative Care Team  
Sparrow Hospital  
East Lansing, Michigan

## **Rochelle Anixt Gold, MA, LMSW, ACSW**

Private Practice  
Check-Up for Emotional Health  
Birmingham, Michigan

## **Ninith Kartha, MD**

Assistant Professor  
Department of Neurology  
University of Michigan Medical School  
Ann Arbor, Michigan

## **Shana S. Krstevska, MD**

Movement Disorder Specialist  
Department of Neurology  
Henry Ford Health System  
Troy, Michigan

## **Richard Merson, PhD**

Speech and Language  
Pathologist  
Coordinator of Research  
and Special Projects  
William Beaumont Hospital  
Royal Oak, Michigan

## **Deborah M. Orloff, RN, MPH**

Chief Executive Officer  
Michigan Parkinson Foundation  
Bingham Farms, Michigan



## **Michigan Parkinson Initiative**

The Michigan Parkinson Initiative (MPI) is a collaborative effort by the Neurology Departments at the University of Michigan, Michigan State University and Wayne State University Medical Schools; Henry Ford Health System, St. John Health System, William Beaumont Hospital and the Michigan Parkinson Foundation.

Its goal is to design and conduct programs for people with Parkinson's Disease and health professionals who work with them. Since its inception in 2000, the MPI has conducted multidisciplinary second-opinion clinics, educational programs for health professionals, people affected by PD and their families, and interactive video teleconferences, and produced videotaped programs.

# Program Schedule

Friday, September 15, 2006

5.5 credit hours

7:30 am Registration and Continental Breakfast

8:15 Welcome .....*Deborah M. Orloff, RN, MPH*  
*Mrs. Robyn L. Gorell: Wife of Jay M. Gorell, MD, FAAN (deceased) -*  
*William T. Gossett Chair of Neurology; Head, Division of Movement Disorders;*  
*Department of Neurology, Henry Ford Health System*

**Morning Session Moderator: Susan C. Imke, CRNP;**

**Memorial Lecturer: Jay M. Gorell, MD, FAAN**

8:30 **Early Parkinson's Disease**

Case Presentation: *John Goudreau, DO, PhD; Ninith Kartha, MD*

Panel Discussion.....*Rochelle Anixt Gold, MA, LMSW, ACSW;*  
*Nicole LeFever, PT; Ronald A. Sollish, ESQ*

10:00 Break

10:15 **Chronic Parkinson's Disease**

Case Presentation: *Peter A. LeWitt, MD*

Panel Discussion.....*Brian Cooper, OT, BS; Doree Ann V. Espiritu, MD;*  
*Bradley K. Evans, MD; Frederick S. Junn, MD;*  
*Karen J. Kluin, MS, CCC, BC-NCD; Nicole LeFever, PT;*  
*Linda C. Mondoux, MS, APRN, BC*

12:15 pm Lunch

1:30 **Breakout Session A**

1. **Communicating with Your Physician**.....*Doree Ann V. Espiritu, MD;*  
*Rochelle Anixt Gold, MA, LMSW, ACSW; Shana S. Krstevska, MD*

2. **Parkinson's Disease Dementia and Lewy Body Dementia: When It's**  
**More Than a Tremor and a Fall** .....*Nancy R. Barbas, MD, MSW;*  
*Rhonna S. Shatz, MD*

3. **Rehabilitation Therapy and Parkinson's** .....*Richard Merson, PhD;*  
*Stacey Turner, PT; Susan R. Vergilio, OTR, BS*

4. **Late Stage Parkinson's - Part I** .....*Glen N. Ackerman, MD;*  
*Ruth A. Butler, N.Ed., RN; Mark Ensberg, MD*

2:30 Break

2:45 **Breakout Session B**

1. **Medications** .....*Richard C. Berchou, PharmD;*  
*Edwin B. George, MD, PhD*

2. **Psycho-Social Aspects of Depression**.....*Doree Ann V. Espiritu, MD;*  
*Rochelle Anixt Gold, MA, LMSW, ACSW*

3. **New Research and Horizons** .....*Roger L. Albin, MD;*  
*Frederick S. Junn, MD*

4. **Late Stage Parkinson's - Part II** .....*Glen N. Ackerman, MD;*  
*Mark Ensberg, MD; Dona J. Wishart*

3:45 Conclusion

4:00 Course Adjourns

# Program Faculty

## Guest Faculty

### **Glen N. Ackerman, MD**

Movement Disorder Specialist  
Assistant Professor  
Department of Neurology  
Head, Movement Disorders Clinic  
Michigan State University  
School of Human Medicine  
East Lansing, Michigan

### **Richard C. Berchou, PharmD**

Assistant Professor  
Department of Psychiatry  
and Behavioral Neurosciences  
Wayne State University  
Detroit, Michigan

### **Ruth A. Butler, N.Ed., RN**

#### **(Retired)**

Facilitator  
Livonia Parkinson's Support Group  
Livonia, Michigan

### **Brian Cooper, OT, BS**

Occupational Therapist  
Rehabilitation Services  
St. John Hospital  
and Medical Center  
Detroit, Michigan

### **Mark Ensberg, MD**

Geriatrician  
Sparrow Senior Health System  
Palliative Care Team  
Sparrow Hospital  
East Lansing, Michigan

### **Doree Ann V. Espiritu, MD**

Physician-In-Charge  
Behavioral Health Services  
West Bloomfield Medical Center  
Henry Ford Medical Group  
Henry Ford Health System  
West Bloomfield, Michigan

### **Bradley K. Evans, MD**

Board Certified Neurologist  
Munson Medical Center  
Traverse City, Michigan

### **Edwin B. George, MD, PhD**

Movement Disorder Specialist  
Assistant Professor  
Department of Neurology  
and Behavioral Neurosciences  
Wayne State University  
School of Medicine  
Harper University Hospital  
and Veteran's Administration  
Hospital  
Detroit, Michigan

### **Rochelle Anixt Gold, MA,**

#### **LMSW, ACSW**

Private Practice  
Check-Up for Emotional Health  
Birmingham, Michigan

### **Robyn L. Gorell**

Wife of Dr. Jay Gorell  
Public Relations & Marketing  
Account Supervisor  
Marx Layne & Company  
Farmington Hills, Michigan

### **John Goudreau, DO, PhD**

Assistant Professor  
Department of Neurology  
and Ophthalmology  
and Department of  
Pharmacology and Toxicology  
Michigan State University  
School of Medicine  
East Lansing, Michigan

### **Susan C. Imke, CRNP**

Gerontological Nurse  
Practitioner  
President  
Senior Health Solutions  
Ft. Worth, Texas

### **Fredrick S. Junn, MD**

Director, Movement Disorder  
Surgery Program  
Neurosurgery Associates-Oakland  
William Beaumont Hospital  
Royal Oak, Michigan  
Henry Ford Hospital  
Detroit, Michigan

### **Shana S. Krstevska, MD**

Movement Disorder Specialist  
Department of Neurology  
Henry Ford Health System  
Troy, Michigan

### **Nicole LeFever, PT**

Physical Therapist  
St. John Hospital  
and Medical Center  
Detroit, Michigan

### **Peter A. LeWitt, MD**

Movement Disorder Specialist  
Professor, Department of Neurology  
and Behavioral Neurosciences  
Wayne State University  
School of Medicine  
Clinical Neuroscience Center  
Detroit, Michigan

### **Richard Merson, PhD**

Speech and Language  
Pathologist  
Coordinator of Research  
and Special Projects  
William Beaumont Hospital  
Royal Oak, Michigan

### **Linda C. Mondoux, MS, APRN, BC**

Strategies for Long Term Care  
Farmington, Michigan

### **Rhonna S. Shatz, MD**

Head, Behavioral Neurology Division  
Department of Neurology  
Henry Ford Hospital  
Detroit, Michigan

### **Ronald A. Sollish, ESQ**

Attorney and Counselor  
Maddin, Hauser, Wartell,  
Roth & Heller, P.C.  
Southfield, Michigan

### **Stacey Turner, PT**

Physical Therapist  
St. John Macomb Hospital  
Warren, Michigan

### **Susan R. Vergilio, OTR, BS**

Private Practice  
Stable Possibilities. LLC  
Washington, Michigan

### **Dona J. Wishart**

Assistant Director, Otsego County  
Commission on Aging  
Gaylord, Michigan

## University of Michigan Faculty

### **Roger L. Albin, MD**

Professor  
Department of Neurology  
Movement Disorder Specialist

### **Nancy R. Barbas, MD, MSW**

Assistant Professor  
Department of Neurology  
Acting Director  
Cognitive Disorders Clinic

### **Ninith Kartha, MD**

Assistant Professor  
Department of Neurology

### **Karen J. Kluin, MS, CCC, BC-NCD**

Research Investigator  
Department of Neurology  
Supervisor  
Speech-Language Pathology

# General Information

## Date

September 15, 2006  
Registration: 7:30 am  
Course Adjourns: 4:00 pm

## Location

The Inn at St. John's  
44045 Five Mile Road; Plymouth, MI 48170  
Phone: (734) 414-0600  
Fax: (734) 414-0606  
[www.stjohnsgolfconference.com](http://www.stjohnsgolfconference.com)

**Fee:** \$100 Physicians \$50 Allied Health, Physician-in-Training, Retired Physician  
\$25 Patients and Family members

## Registration

We ask you to register as soon as you are certain of attending. Educational materials may not be available for applicants who are not registered by September 1, 2006. **There are no refunds for this course.**

## Confirmation and Further Information

Conference registrations will be confirmed by mail. If you do not receive confirmation, or if the information is in question, call the Registrar at (734) 763-1400 or (800) 800-0666. Patients and families may call the MPF office at (248) 433-1011 or (800) 852-9781.

## Accreditation

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this educational activity for a maximum of 5.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. An application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. An application has been submitted to the American Osteopathic Association for credits. Other credits by specialty may apply.

## Recording the Program

Recording the program with battery-operated tape recorders not requiring podium microphones is permitted for the registrant's personal use.

## Driving Directions

Directions to the Inn at St. John's can be found on their website. Please visit: [www.stjohnsgolfconference.com](http://www.stjohnsgolfconference.com) and click on Location under the About menu. There you will find a driving map and the latest M-14 construction information.

## Accommodations

Hotel rooms are available at the Hilton Garden Inn in Plymouth at a rate of \$109 per night plus 10.5% occupancy tax. To make reservations, please contact:

**Hilton Garden Inn**  
14600 Sheldon Rd.  
Plymouth, MI 48170  
Ph: 734-354-0001

# Physician/Health Professional Registration Form

## Transitions in the Management of Parkinson's Disease September 15, 2006

### Physician/Health Professional Registration Options

- **By Mail** Registrar  
Office of Continuing Medical Education  
Towsley Center - Box 1157  
University of Michigan Medical School  
Ann Arbor, Michigan 48106-1157
- **By Phone** (734) 763-1400  
or (800) 800-0666
- **By Fax** (734) 936-1641



**On-site registration is limited.**

**Registration Deadline (to guarantee educational materials): September 1, 2006**

### 1. Personal Information (please print)

U017158

Dr.  Mr.  Ms.  MD  DO  Other \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City and State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email Address \_\_\_\_\_

Last four digits of your Social Security Number \_\_\_\_\_  
(To ensure accuracy of your record.)

Special Needs \_\_\_\_\_

### 2. Breakout Sessions (please indicate one preference per session below)

#### Session A 1:30pm - 2:30pm

- \_\_\_ 1. Communicating with Your Physician
- \_\_\_ 2. Parkinson's Disease Dementia and Lewy Body Dementia
- \_\_\_ 3. Rehabilitation Therapy and Parkinson's
- \_\_\_ 4. Late Stage Parkinson's - Part I

#### Session B 2:45pm - 3:45pm

- \_\_\_ 1. Medications
- \_\_\_ 2. Psycho-Social Aspects of Depression
- \_\_\_ 3. New Research and Horizons
- \_\_\_ 4. Late Stage Parkinson's - Part II

### 3. Payment

**Please enclose a check (U.S. currency) payable to the University of Michigan or pay by credit card below.**

*There are no refunds for this course.*

\_\_\_ \$100 Physician

\_\_\_ \$50 Allied Health, Physician-in-Training\*, Retired Physicians  
(\*verification must accompany registration)

**Credit Card:**  MasterCard  Visa

Cardholder Name \_\_\_\_\_

Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

(Not valid without signature)

### 4. Registration Code (please mention at the time of registration)

B1

B2

NC

# Patient/Family Registration Form

## Transitions in the Management of Parkinson's Disease September 15, 2006

### Patient/Family Registration Options

- **By Mail** Michigan Parkinson Foundation  
30400 Telegraph Road, Suite 150  
Bingham Farms, MI 48025
- **By Phone** (800) 852-9781
- **By Fax** (248) 433-1150

*On-site registration is limited.*

*Registration Deadline (to guarantee educational materials): September 1, 2006*

### 1. Personal Information (please print)

Mr.  Ms.  Other \_\_\_\_\_

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City and State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email Address \_\_\_\_\_

I have been diagnosed with:

Parkinson's Disease  Other \_\_\_\_\_

I am a care partner/family member

Total number of people attending: \_\_\_\_\_

Special Needs \_\_\_\_\_

### 2. Breakout Sessions (please indicate one preference per session below)

#### Session A 1:30pm - 2:30pm

- \_\_\_ 1. Communicating with Your Physician
- \_\_\_ 2. Parkinson's Disease Dementia and Lewy Body Dementia
- \_\_\_ 3. Rehabilitation Therapy and Parkinson's
- \_\_\_ 4. Late Stage Parkinson's - Part I

#### Session B 2:45pm - 3:45pm

- \_\_\_ 1. Medications
- \_\_\_ 2. Psycho-Social Aspects of Depression
- \_\_\_ 3. New Research and Horizons
- \_\_\_ 4. Late Stage Parkinson's - Part II

### 3. Payment

**Please enclose a check (U.S. currency) payable to the Michigan Parkinson Foundation or pay by credit card below.**

*There is a \$25 non-refundable fee for this course.*

**Credit Card:**  MasterCard  Visa

Cardholder Name \_\_\_\_\_

Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

(Not valid without signature)



University of Michigan  
Medical School

Department of Medical Education  
Towsley Center for Continuing  
Medical Education  
1500 E. Medical Center Drive  
Ann Arbor, Michigan 48109-0201

*Transitions*  
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# Management of Parkinson's Disease

September 15, 2006  
The Inn at St. John's  
Plymouth, Michigan

## CME WEBSITE FEATURES

### CME Calendar

Search by date or by specialty in our calendar of live CME courses. On-line registration is available on our secure server that ensures the privacy of your personal information.

View course brochures on-line. It's easy.

Go to: <http://cme.med.umich.edu>

### Internet Self Study

Instant CME credit for on-line study at home or office is available at no cost through our Internet self-study site. We feature UMI HEALTH SYSTEM CLINICAL CARE GUIDELINES for Common Primary Care Conditions.

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