

Choosing Your Future

Job Assistance from Michigan Rehabilitation Services

This brochure was written to let you know how Michigan Rehabilitation Services (MRS) can help you become employed or keep a job you may already have. Each year, MRS assists about 7,000 Michigan citizens with disabilities into jobs.

If you have a disability that makes it difficult for you to work, MRS may be able to help you prepare for, find and keep a job.

MRS is part of the Michigan Department of Health and Human Services and has offices throughout the state.

Getting Acquainted

If you are thinking about applying for MRS services, you might ask yourself the following questions:

- Am I interested in working?
- Do I have a physical or mental disability? Some examples are amputation, kidney disease, back disability, epilepsy, diabetes, learning problems, cerebral palsy, heart disease, deafness, emotional problems, spinal cord injury, and substance abuse.
- Does my disability cause problems for me in preparing for a job, finding a job or keeping a job?
- Do I need MRS assistance to help me prepare for or find a job?

If you answered yes to **all** of these questions, you may be eligible for MRS services. To find out, you will need to complete an application and provide MRS with information it needs to decide if you are eligible.



A friend, family member or MRS representative can help you complete an application if you need assistance.

Afterward, you will be teamed with a vocational rehabilitation counselor trained to assist people who have disabilities. You will also be given a copy of the brochure, "Your Rights and Responsibilities as a Customer of Michigan Rehabilitation Services."

Getting Started

You and your counselor will discuss your abilities, interests and needs. Your counselor also may gather information from other people about your disability and work capabilities. This additional information will help you and your counselor plan the services you will need to get or keep a job.

Assessments may also be needed to identify your interests, abilities and barriers to employment. If so, these could include medical exams, vocational testing, work evaluations, or job try-outs.

Planning for Services

Once you are eligible for MRS services, you will select a job goal that matches your interests and abilities. Your counselor will be available to work with you to develop a plan for reaching your job goal. This plan is known as your Individualized Plan for Employment (IPE). It describes the steps, services and service providers — including MRS — that you have chosen to achieve your job goal. Your counselor will need to approve your plan.

Who Pays for Services?

Many services are available to you at no cost. These include:

- Vocational counseling.
- Disability assessment.
- Vocational evaluation.
- Placement services.
- Cover letter and resume writing.

Some offices even have on-site job clubs with ongoing workshops and access to computers.

MRS may help with the purchase of other services from public and private sources when they are identified in your IPE and are necessary for your employment success.

To help thousands of individuals each year, MRS has an obligation to responsibly manage funds. As a result, you will be asked to contribute to the cost of services identified in your IPE to the extent you are able. If you are unable to contribute financially, those needed services will still be provided.

Working Together

How long your rehabilitation program will take depends on your disability, the job you are preparing for and the type of services you will need. Your counselor will be available to provide you with the information and guidance you need to make informed choices about your rehabilitation program.

Counselor's Name _____

Counselor's Telephone Number _____



You can help make sure your rehabilitation program is a success by:

- Keeping all appointments and arriving on time.
- Being honest about your concerns, interests and needs.
- Asking questions if you don't understand something.
- Carrying out your responsibilities as described in your IPE.
- Letting your counselor know about any changes in your address, telephone number or other circumstances.

Getting a Job

Getting a job, of course, is the most important step in your rehabilitation program. Your counselor, or others at the MRS office, will help by providing you with job leads and information on how to get and keep a job.

Your counselor will contact you after you have started work to help you and your employer make any necessary adjustments. Your counselor will want to be certain that everything is going well before closing your case.

If you need more services to help you keep your job, your counselor will work with you to arrange them.



The Michigan Department of Health and Human Services (MDHHS) does not discriminate against any individual or group because of race, religion, age, national origin, color, height, weight, marital status, genetic information, sex, sexual orientation, gender identity or expression, political beliefs or disability.