



2008 Angelhouse 5K Run/Walk

Sponsored by
Friends of the Hayhoe River Trail

Sunday, October 26, 2008
Race time is 11:00 a.m.

Location: Start at Mason High School, 1001 S. Barnes Ave., Mason, Michigan

Time: 11:00 a.m. 5K Run/Walk • 100 yd. Kids' Dash following the 5K

Registration: Mail or fax entry forms to Child & Family Services at 4287 Five Oaks Dr. Lansing, MI 48911, or fax to (517) 882-3506. Sorry, only entrants pre-registered by October 17, 2008, are guaranteed t-shirts.

Packet pick-up: Race day: Sunday, October 26, 8:30 to 10:30 a.m., Mason High School south parking lot
Early pick-up: Friday, October 24, 4:00 to 8:00 p.m. at Playmakers in Okemos.

Age groups: Male/Female: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and over, 6 & under for the 100 yd. Kids' Dash

Awards/Prizes: Awards to the top three finishers in each age category and to the overall and masters (40 and over) male and female winners. Ribbons to all children in the kids' race.

Make checks payable to
Child & Family Services, 4287 Five Oaks Dr. Lansing, MI 48911
[FAX: (517) 882-3506] or pay by Visa or MasterCard

Card # _____ Exp. date _____

Amount \$ _____ Signature _____

Information: Mary Reed, (517) 882-4000 ext. 126, maryr@childandfamily.org

PLEASE PRINT
(One entry form per person—form may be copied.)

Name: _____

Address: _____

City/State/Zip: _____

Phone (____) _____ Age: _____ Male ___ Female ___

E-mail: _____

T-Shirt size: child S M L or adult S M L XL XXL

To register or donate online, go to www.active.com

Parking: Parking is open until 10 minutes before race time. Early arrivals can park in the Mason High School athletic complex parking lot (south side of the high school). Later arrivals and overflow parking will be in the Mason High School front parking lot.

Fees: 5K Run or Walk, \$20 through Friday, October 17, 2008, \$25 after October 17, 2008. **Fees are nonrefundable.** 100 yd. Kids' Dash, \$10, includes ribbon and t-shirt. Sorry, only entrants pre-registered by October 17, 2008, are guaranteed t-shirts.

To make a donation to Angel House, please make a separate check payable to Child & Family Services and include with registration form and payment, or bring your donation to the race.

Waiver of Liability
In consideration of my entry, I intend to be legally bound, for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue against the sponsors and officials of the race described in this entry form, and the City of Mason or their respective officers, agents, representatives, successors, and/or assigns, while participating in this event.

Signature _____ If under 18, Parent/Guardian signature _____