

helping
Families
develop *strengths*
www.michigan.gov/ctf

In support of our child abuse and neglect prevention mission, CTF's aim is to design and support programs and activities which champion Protective Factors* in order to mitigate Risk Factors*.

Protective Factors* include but aren't limited to:

- **Nurturing and Attachment**
Activities that increase the quality of nurturing and attachment.
- **Parental Resilience**
Activities for increasing parental resilience to manage both crisis and the everyday challenges of family life.
- **Knowledge of Parenting and Child Development**
Activities that increase knowledge of parenting and child development.
- **Social Connections**
Activities that reduce social isolation and assure families the ability to access needed informal resources.
- **Concrete Supports in Times of Need**
Activities that assist families to receive concrete supports in times of need.

Risk Factors* include but aren't limited to:

- **Childhood trauma**
- **Poverty**
- **Stressful life events**
- **Inaccurate knowledge or expectations about child development**
- **Substance abuse**
- **Community violence**

*Protective and Risk Factors. FRIENDS – National Resource Center for Community Based Child Abuse Prevention. Retrieved April 15, 2009, from FRIENDS website: <http://www.friendsnrc.org/outcome/toolkit/evalplan/why/protect.htm>