



## A Resource of Primary Prevention Programs (Evidence Cited)

- Programs identified as evidence-based by California Clearinghouse for Child Welfare will be referenced CEBCCW in the level column.
- Programs identified as Promising Practice by Promising Practice Network on children, families, and communities will be referenced PPN in the level column.
- The purpose of this document is to provide users with options for primary child abuse and neglect prevention programming. **Michigan Children's Trust Fund DOES NOT endorse any particular program.** The information contained in this document is shared **only** as a resource tool.
- If interested in contacting any of the listed Local Councils regarding any particular primary prevention program(s), the following link will provide contact information details, [http://www.michigan.gov/ctf/0,1607,7-196-40188\\_42150---,00.html](http://www.michigan.gov/ctf/0,1607,7-196-40188_42150---,00.html) . Scroll the mouse over the desired county and click.

Program	Level	Program Type	Target Population	Local Councils Using
<b>1-2-3-Magic</b>	<a href="http://www.cebc4cw.org/program/2">http://www.cebc4cw.org/program/2</a> CEBCCW - Supported	<ul style="list-style-type: none"> <li>• Parent Education</li> <li>• Resource</li> </ul>	Parents Grandparents Teachers Care takers Baby sitters	Gratiot – Audra Stahl St. Joseph
<b>1,2,3,4 Parents! (Active Parents)</b>	<a href="http://www.activeparenting.com/1234_main">http://www.activeparenting.com/1234_main</a> Pilot studies completed 1998-1999. See website for further detail.	<ul style="list-style-type: none"> <li>• Parent Education</li> </ul>	Parents of younger children	
<b>Ages &amp; Stages Questionnaires</b>	<a href="http://www.brookespublishing.com/store/books/squires-asq/index.htm">http://www.brookespublishing.com/store/books/squires-asq/index.htm</a> Endorsed by the American Academy of Pediatrics Committee on Children with Disabilities (2006) <a href="http://www.healthychildren.org/Engl">http://www.healthychildren.org/Engl</a>	<ul style="list-style-type: none"> <li>• Early Intervention</li> <li>• Parent Education</li> <li>• Screening Tool</li> </ul>	Children 0-5 and their parents	Ingham Kent Oakland



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	<a href="#">ish/ages-stages/Pages/default.aspx?nfstatus=401&amp;nftoken=00000000-0000-0000-0000-000000000000&amp;nfstatusdescription=ERROR%3a+No+local+token</a>			
<b>All Babies Cry</b>	<a href="http://networkforaction.ning.com/video/what-is-all-babies-cry">http://networkforaction.ning.com/video/what-is-all-babies-cry</a>  <b>YouTube click</b> ( <a href="http://www.youtube.com/watch?v=XTKYgplo_M0&amp;list=LLZOeniOd40AjQ61mFxpDYWg&amp;feature=mh_lolz">http://www.youtube.com/watch?v=XTKYgplo_M0&amp;list=LLZOeniOd40AjQ61mFxpDYWg&amp;feature=mh_lolz</a> ) Endorsed by the MA CTF and research supported by the Eunice Kennedy Shriver National Institute of Child Health and Human Development	<ul style="list-style-type: none"> <li>• Infant head trauma prevention</li> <li>• Parent Education</li> <li>• Protective Factors-based</li> </ul>	Parents and other caregivers or infants	
<b>Body Safety Training (BST)</b>	<a href="http://www.ucalgary.ca/resolve/violenceprevention/English/reviewprog/childrensafetyprogs.htm#prog7">http://www.ucalgary.ca/resolve/violenceprevention/English/reviewprog/childrensafetyprogs.htm#prog7</a> Supportive research: Wurtele et al. (1986, 1987, 1990, 1992)	<ul style="list-style-type: none"> <li>• Personal Safety</li> <li>• Sexual Abuse Prevention</li> </ul>	Children 4-8 year olds w/focus on pre-school age Parent Workbook available	Washtenaw
<b>Bubylonian Encounter</b>	<a href="http://www.capcouncil.com/index.php?option=com_frontpage&amp;Itemid=1">http://www.capcouncil.com/index.php?option=com_frontpage&amp;Itemid=1</a> Supportive research: Swan et al (1985)	<ul style="list-style-type: none"> <li>• School based</li> <li>• Sexual Abuse Prevention</li> </ul>	Elementary School studies	Eaton Genesee Lapeer St. Clair



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<b>BullyBust Partner School program</b>	<a href="http://www.schoolclimate.org/bullybust/educators/partner_schools">http://www.schoolclimate.org/bullybust/educators/partner_schools</a> Sponsored by <a href="http://www.schoolclimate.org/">http://www.schoolclimate.org/</a>	<ul style="list-style-type: none"> <li>• Anti-bullying program</li> <li>• Uses the Broadway show <i>Wicked</i> as a forum for education</li> </ul>	Students (K-12)	
<b>Child Lures Prevention</b>	<a href="http://www.childluresprevention.com/research/index.asp">http://www.childluresprevention.com/research/index.asp</a> Carrie Campbell-Bishop and Rebecca Robles Pina, Sam Houston State University (2002)	<ul style="list-style-type: none"> <li>• School Based Sexual Education Program</li> <li>• Community Prevention Plan Online</li> </ul>	Students K-12	
<b>Circle of Parents</b>	<a href="http://www.circleofparents.org/">http://www.circleofparents.org/</a> No data available (Support group model)	<ul style="list-style-type: none"> <li>• Self-help Support Group</li> </ul>	Parents	Allegan Alpena Ingham Isabella Muskegon Oakland Ottawa Washtenaw Wayne
<b>Confident Parenting Program</b>	<a href="http://www.ciccparenting.org/ConfidentParentingDesc.aspx">http://www.ciccparenting.org/ConfidentParentingDesc.aspx</a> Several studies conducted between 1970s through 2000.	<ul style="list-style-type: none"> <li>• Positive Parenting Education</li> </ul>	Parents of Children with Behavioral and / or Emotional Issues	
<b>CSA Prevention: Teacher Training Workshop</b>	<a href="http://www.promisingpractices.net/ppn">http://www.promisingpractices.net/ppn</a>	<ul style="list-style-type: none"> <li>• Teacher Education</li> </ul>	K-12 Teachers	



<b>Doctor Dad</b>	<a href="http://www.fatherhood.org/Page.aspx?pid=486">http://www.fatherhood.org/Page.aspx?pid=486</a> Non-experimental Pre/Post Evaluation: Doctor Dad Evaluation Report, May 17, 2011	<ul style="list-style-type: none"> <li>• Parent Education</li> </ul>	Fathers of infants and toddlers	
<b>Program</b>	<b>Level</b>	<b>Program Type</b>	<b>Target Population</b>	<b>Local Councils Using</b>
<b>Good Touch/Bad Touch (Speak Up Be Safe)</b>	<a href="http://www.goodtouchbadtouch.com/gtbt">http://www.goodtouchbadtouch.com/gtbt</a> Supportive research: Harvey, Forehand, Brown and Holmes (1988)	<ul style="list-style-type: none"> <li>• Physical, emotional and sexual abuse prevention</li> <li>• Internet and cell phone safety</li> <li>• School based program</li> <li>• Parent Education</li> </ul>	Preschool-6 <sup>th</sup> grade and their parents	
<b>The Happiest Baby</b>	<a href="http://www.happiestbaby.com/">http://www.happiestbaby.com/</a> Current NIH – Penn State study A Children's Hospital of the King's Daughter study, 2011 (A number of studies are underway)	<ul style="list-style-type: none"> <li>• Parent Education</li> <li>• Developmental Awareness</li> </ul>	Parents of newborn-3 months Grandparents Teachers Health Care professionals	Genesee Gratiot Oakland Washtenaw
<b>Happy Bear</b>	<a href="http://www.sexualassaultcentersaginaw.org/happy_bear.php">http://www.sexualassaultcentersaginaw.org/happy_bear.php</a> No data available	<ul style="list-style-type: none"> <li>• Sexual Abuse Prevention</li> <li>• School Based</li> </ul>	Young children and their parents	
<b>The Incredible Years (IY)</b>	<a href="http://www.incredibleyears.com/program/index.asp">http://www.incredibleyears.com/program/index.asp</a> CEBCCW	<ul style="list-style-type: none"> <li>• Parenting</li> <li>• Building Social and Emotional Competence</li> </ul>	Parents Teachers Children	



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<b>International Center for Assault Prevention</b>	<a href="http://www.internationalcap.org/programs_eval.html">http://www.internationalcap.org/programs_eval.html</a> Research studies found on website	<ul style="list-style-type: none"> <li>Schools, Peer assault Prevention</li> <li>Community Based</li> </ul>	Teachers Parents Children	
<b>i-SAFE</b>	<a href="http://www.isafe.org/">http://www.isafe.org/</a> Program aligned with National Educational Technology Standards formulated by the International Society for Technology in Education (ISTE).	<ul style="list-style-type: none"> <li>Internet Safety</li> <li>School Based</li> </ul>	Students K-12	Washtenaw
<b>Kids on the Block</b>	<a href="http://www.kotb.com/">http://www.kotb.com/</a> Research studies on website at following link, <a href="http://www.kotb.com/kob2.htg/Coordinator/coordefect.html">http://www.kotb.com/kob2.htg/Coordinator/coordefect.html</a>	<ul style="list-style-type: none"> <li>School Based</li> <li>Peer acceptance of children with disabilities</li> <li>Community Based</li> </ul>	Kindergarten to early middle school	
<b>Love &amp; Logic: Becoming a Love &amp; Logic Parent</b>	<a href="http://www.cebc4cw.org/program/75">http://www.cebc4cw.org/program/75</a> Using single-subject methodology study conducted, Mckenna (1997)	<ul style="list-style-type: none"> <li>Parent Education</li> <li>Direct Service</li> </ul>	Parents Educators Facilitators	Barry Huron Ingham Ontonagon
<b>Nurturing Parent Program</b>	<a href="http://www.nrepp.samhsa.gov/ViewIntervention.aspx?id=171">http://www.nrepp.samhsa.gov/ViewIntervention.aspx?id=171</a> and <a href="http://www.nurturingparenting.com/home.php">http://www.nurturingparenting.com/home.php</a> CEBCCW	<ul style="list-style-type: none"> <li>Parent Education</li> <li>Child Development Expectations</li> <li>Self-esteem enhancement</li> </ul>	Adults at high-risk	Jackson Oakland
<b>Olweus Bullying Prevention Program</b>	<a href="http://www.olweus.org/public/index.page">http://www.olweus.org/public/index.page</a> Identified as a <i>Model</i> program by the Center for the Study and Prevention of Violence	<ul style="list-style-type: none"> <li>Anti-bullying Reduction and Prevention</li> <li>Individual, Classroom and</li> </ul>	Elementary and Middle School Students	



	<a href="http://www.colorado.edu/cspv/blueprints/modelprograms/BPP.html">http://www.colorado.edu/cspv/blueprints/modelprograms/BPP.html</a>	School-wide components		
Program	Level	Program Type	Target Population	Local Councils Using
Parents as Teachers	<a href="http://www.promisingpractices.net/program.asp?programid=88">http://www.promisingpractices.net/program.asp?programid=88</a> PPN	<ul style="list-style-type: none"> <li>• Parent Education</li> <li>• Child Development, Expectations</li> </ul>	Parents	
PATHS (Promoting Alternative THinking Strategies)	<a href="http://www.pathstraining.com/index.html">http://www.pathstraining.com/index.html</a> Identified as a <i>Model</i> program by the Center for the Study and Prevention of Violence <a href="http://www.colorado.edu/cspv/blueprints/modelprograms/PATHS.html">http://www.colorado.edu/cspv/blueprints/modelprograms/PATHS.html</a>	<ul style="list-style-type: none"> <li>• Promotion of Social and Emotional Competence</li> <li>• Developmentally based curriculum for teacher use</li> </ul>	Elementary school students	
The Period of Purple Crying	<a href="http://www.cebc4cw.org/program/86">http://www.cebc4cw.org/program/86</a> <a href="http://dontshake.org/">http://dontshake.org/</a> CEBCCW	<ul style="list-style-type: none"> <li>• Parent Education.</li> <li>• Developmental Information.</li> </ul>	New Parents	Genesee Huron Livingston Newaygo Ottawa Saginaw St. Joseph Wayne
Portrait of a Promise	<a href="http://child-abuse.com/sbs.shtml">http://child-abuse.com/sbs.shtml</a> and <a href="https://secure.dontshake.org/buymaterials/detail.php?id=163&amp;cid=3">https://secure.dontshake.org/buymaterials/detail.php?id=163&amp;cid=3</a> Cited in <i>White Paper</i> Study: Reece,	<ul style="list-style-type: none"> <li>• Infant Head Trauma / Shaken Baby Syndrome Safety Video/DVD</li> </ul>	Parents	St. Clair



	Diaz, Barr, Russel, Barr, Runyun (March, 2010)			
<b>Program</b>	<b>Level</b>	<b>Program Type</b>	<b>Target Population</b>	<b>Local Councils Using</b>
<b>Project TRUST</b>	<a href="http://www.promisingpractices.net/program.asp?programid=36">http://www.promisingpractices.net/program.asp?programid=36</a> PPN	<ul style="list-style-type: none"> <li>Sexual Abuse and Violence Prevention</li> </ul>	Elementary School Children	
<b>Real Care Parenting Program / Baby Think It Over (Reality Works)</b>	<a href="http://www.realityworks.com/research.html">http://www.realityworks.com/research.html</a> Research study article Diane de Anda (2011) <a href="http://www.allbusiness.com/human-resources/3589432-1.html">http://www.allbusiness.com/human-resources/3589432-1.html</a>	<ul style="list-style-type: none"> <li>School Based</li> <li>Infant Parenting Education Including Experiential Learning w/Baby Simulator</li> <li>Infant Head Trauma Prevention</li> </ul>	Middle School, Teens and Teen Parents	Barry Saginaw
<b>Safe and Sound</b>	<a href="http://www.safeandsound.ca/">http://www.safeandsound.ca/</a> Anecdotal testimonies re: program efficacy only	<ul style="list-style-type: none"> <li>School Based Personal Safety</li> </ul>	Elementary School Students	Macomb
<b>Safe Child Program</b>	<a href="http://www.promisingpractices.net/program.asp?programid=129">http://www.promisingpractices.net/program.asp?programid=129</a> PPN	<ul style="list-style-type: none"> <li>School Based Sexual Education</li> </ul>	Ages 3-10	
<b>Second Step (Committee for children)</b>	<a href="http://www.promisingpractices.net/program.asp?programid=111">http://www.promisingpractices.net/program.asp?programid=111</a> PPN	<ul style="list-style-type: none"> <li>School Program Violence</li> <li>Violence Prevention Program</li> </ul>	Preschool-Middle school Students	
<b>Speak Up Be Safe</b>	See Good Touch/Bad Touch above	<ul style="list-style-type: none"> <li></li> </ul>		



Program	Level	Program Type	Target Population	Local Councils Using
<b>STEP (Systematic Training for Effective Parenting)</b>	<a href="http://www.cebc4cw.org/program/7">http://www.cebc4cw.org/program/7</a> CEBCCW	<ul style="list-style-type: none"> <li>• Parent Education</li> </ul>	Parents	
<b>Stewards of Children (Darkness to Light)</b>	<a href="http://www.d21.org/atf/cf/{64AF78C4-5EB8-45AA-BC28-F7EE2B581919}/Synopsis%20of%20all%20Evaluation%20through%209-2010.pdf">http://www.d21.org/atf/cf/{64AF78C4-5EB8-45AA-BC28-F7EE2B581919}/Synopsis%20of%20all%20Evaluation%20through%209-2010.pdf</a> Alyssa Rheingold (2003-2005), Morgan Pleasant and Trisha Folds-Bennett PhD (2003-2004), Trisha Folds Bennett PhD (2004-2005), U of South Carolina (2006-2007) (2008-2009), Alyssa Rheingold (2006 – present)	<ul style="list-style-type: none"> <li>• Community/Adult Education</li> <li>• Mandated Reporter</li> </ul>	Any adult working with children. Organizations which require mandated reporter training	Bay Berrien Gratiot Huron Livingston Macomb Oakland Ottawa Washtenaw
<b>Stop it Now!</b>	<a href="http://www.stopitnow.org/network">http://www.stopitnow.org/network</a> Stop it Now! and University of Huddersfield, UK have partnered to do research on program (2011), <a href="http://www.stopitnow.org/University_of_Huddersfield_partnership">http://www.stopitnow.org/University_of_Huddersfield_partnership</a>	<ul style="list-style-type: none"> <li>• Program Model and Media Campaign</li> <li>• Sexual Abuse Prevention</li> </ul>	Adults Parents Caregivers Teachers	
<b>Strengthening Families Program For Parents and Youth 10-14 (SFP)</b>	<a href="http://www.extension.iastate.edu/sfp/">http://www.extension.iastate.edu/sfp/</a> Identified as a <i>Model</i> program by the Center for the Study and Prevention of Violence, <a href="http://www.colorado.edu/cspv/bluep">http://www.colorado.edu/cspv/bluep</a>	<ul style="list-style-type: none"> <li>• Parent, Youth and Family Skills-Building</li> <li>• Prevent behavior issues</li> </ul>	Parents Children 10-14 years old	



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<b>Talking About Touching</b>	<a href="http://www.cfchildren.org/programs/tat/research/">http://www.cfchildren.org/programs/tat/research/</a> Paul R. Madak and Dale H. Berg (1992), Canadian Journal of Counseling, v26 n1 p29-40 Jan 1992	<ul style="list-style-type: none"> <li>• School Program</li> <li>• Personal Safety</li> <li>• Sexual Abuse Prevention</li> </ul>	Pre-kindergarten-3 <sup>rd</sup> Grade	Huron
<b>Triple P – Positive Parenting Program</b>	<a href="http://www.triplep.net/">http://www.triplep.net/</a> CEBCCW	<ul style="list-style-type: none"> <li>• Parenting</li> </ul>	Parents and other caregivers Educators, other professionals	
<b>Winning at Parenting</b>	<a href="http://familyeducationandsupport.org/?page_id=205">http://familyeducationandsupport.org/?page_id=205</a> Program is based on the <i>Growing Up Again</i> by Jean Illsley Clarke. <a href="http://www.familycounselling.net/ReviewWinningatParenting.html">http://www.familycounselling.net/ReviewWinningatParenting.html</a> Recommended by Stephen Douglas (2004), MA, OACCPP(C), Toronto, Ontario	<ul style="list-style-type: none"> <li>• Parenting</li> </ul>	Parents	
<b>Who do you tell?</b>	<a href="http://www.promisingpractices.net/program.asp?programid=54">http://www.promisingpractices.net/program.asp?programid=54</a> PPN	<ul style="list-style-type: none"> <li>• Parent Education</li> <li>• Sexual Abuse Prevention</li> </ul>	Elementary School Children	