

# Everyday P2 Tips

## What you can do

### On the Road & On Vacation

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#### On the Road

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##### Tips:

- Walk, ride a bicycle, use public transportation, or carpool whenever possible.
- If you are buying a car, select the most fuel-efficient model in the size/category you prefer.
- On hot days, buy gas in the evening when it's cooler to reduce evaporative emissions.
- Recycle used motor oil. Each year over 140 million gallons of used motor oil end up in our landfills or streams.
- Turn off your engine if you expect to idle more than 30 seconds. Try parking your car and going into restaurants and banks instead of using drive-up lanes.
- Reduce commuting. Choose to live close to your work.
- Carpool and/or organize a carpool group at your work.
- Combine trips to the same areas. Once you arrive, park your car and walk between destinations. Consider the walk part of your healthy routine.
- Get regular tune-ups. Vehicles with worn spark plugs or clogged fuel or air filters do not run efficiently and emit more pollution.
- Keep tires properly inflated and wheels aligned to reduce tire drag on the road. Gas mileage drops 1% for every pound below the recommended level.
- Don't top off the gas tank. You may get less gas mileage during the summer months doing this as gas expands when warmed and some will escape into the air.
- Avoid carrying unneeded items. Every 100 pounds reduces gas mileage by 4%.
- Place items inside the vehicle instead of on roof racks. Remove roof racks when not in use. The wind drag from a rack increases gas consumption by up to one mile per gallon.
- To get the best gas mileage, drive between 40 and 55 miles per hour when practical.
- Drive at a steady speed. Use cruise control, avoid stop-and-go traffic, and take it easy on the brake and gas pedals.
- Use the air conditioner only when necessary. Air conditioners can reduce your gas mileage by 20%.
- Avoid long idles at drive up windows or when waiting. Restarting a warm engine takes less fuel than letting it run for just 30 seconds.
- Use bio-diesel in diesel vehicles to improve mileage, and reduce emissions.
- Use bio based and alternate fuels to support farming and reduce dependence on foreign oil.

##### Links:

- [Fuel Economy.Gov](http://FuelEconomy.Gov) Has information on economic vehicles, driving tips, cheap gas, etc.

# Everyday P2 Tips

## What you can do

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### On Vacation

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[Fishing/Swimming/Boating](#)

[Golfing](#)

[Links](#) – includes green hotel links

#### **Fishing/Swimming/Boating**

- Use lead-free sinkers and jigs.
- Stow plastic trash and old fishing gear on your boat, for proper disposal on land. Secure trash bags to a fixture on the boat (so that they are not accidentally washed overboard), and make sure all trash finds its way there. Dispose of trash at the dock.
- Use reusable items such as washable dinnerware to minimize the amount of plastic waste that you generate.
- Dispose of old fishing line properly. Lost line can be lethal to fish, sea turtles, birds and other marine animals.
- Only pump out human wastes and antifreeze into shore facilities to prevent polluting.
- Clean boats to prevent carrying zebra mollusks and other invasives from being spread.
- Clean up after picnics and beach outings. Dispose of all waste in trash receptacles to prevent debris, especially plastics, from blowing into the water from the beach.
- Cut the loops of plastic six-pack rings before disposing of them to ensure that if they get blown into the water, they will not entangle an animal.
- Avoid operating at full throttle.
- Replace diesel use with bio-diesel when possible.
- Eliminate unnecessary idling.
- Avoid spilling gasoline, Pour slowly and smoothly.
- Use a funnel or a spout with an automatic stop device to prevent overfilling the gas tank.
- Close the vent on portable gas tanks when not in use or when stored.
- Transport and store gasoline out of direct sunlight in a cool, dry place.
- Follow the manufacturer's recommended maintenance schedule.
- Prepare engines properly for winter storage.
- Buy new, cleaner, more efficient marine engines.

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#### **Golfing**

- Replace all divots.
- Walk the course instead of using a golf cart.
- If you do use a golf cart, keep your cart on the designated path.
- Urge your golf course to replace its carts with electric-powered ones, which greatly reduce both air pollution and noise pollution.
- Carry your trash with you until a waste container is available.
- Recycle glass, aluminum, and plastic.
- If your course doesn't have its own recycling program, urge them to start one.
- Adhere to local rules that may restrict access to environmentally sensitive areas on a golf course.
- Buy recyclable products (e.g., wood or biodegradable golf tees).

- Accept the natural limitations and variations of turfgrass plants growing in a natural environment. (e.g., brown patches, thinning, loss of color).
- Recognize that golf courses are managed land areas that should complement the natural environment.
- Support golf course management decisions that protect or enhance the environment and encourage the development of environmental conservation plans.
- Support maintenance practices that protect wildlife and natural habitat.
- Encourage maintenance practices that promote the long-range health of the turf and support environmental objectives. Such practices include reduced fertilization, limited play on sensitive turf areas, reduced watering, integrated pest management, etc..
- Be willing to play on brown grass during periods of low rainfall.
- Patronize courses that are environmentally friendly. (See Turfgrass under Links)
- Respect and take pride in environmentally sensitive courses.

### Links

- [Clean Marinas](#) - DEQ
- [Eco-Boating](#) & more tips -DEQ
- [Let's Get the Lead Out!](#) (of fishing)
- [Golf and the Environment](#)
- [U.S. Golf Association's Green Section](#)
- [Turfgrass Stewardship Program](#) -environmentally sound golf facilities
- [Greenhotels.com](#)
- [Tips for the Eco-traveller](#)
- [Green ideas for Hotels and Resorts](#)
- [Useful Resources for the Hospitality Sector](#)

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