

MACMHB
State Training Guidelines Workgroup
Training/Curriculum Recommendations

The intent of this Training Guideline is for the development and presentation of training content. Curricula based on this guideline will contribute to statewide uniformity, reciprocity, and portability.

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Topic: *Cardio Pulmonary Resuscitation (CPR)*

Defining Paragraph (Vision, Boundaries, Overall Outcome Statement):

This class covers the basics skills for Cardio-Pulmonary Resuscitation including Checking a Conscious or Unconscious Victim, Conscious Choking, CPR (30 – 2) and Unconscious Airway Obstruction as determined by certifying organizations (American Red Cross, American Heart Association, National Safety Council).

Definitions:

Content – These are a listing of the areas covered in the subject.

Outcomes/Competencies – These are statements about what participants will be able to DO as a result of having participated in the course. Please indicate expectations and minimum competency criteria.

Content:

1. Life threatening situations.
2. Current skills associated with Cardio-Pulmonary Resuscitation.

Outcomes/Competencies:

1. Recognize a life-threatening situation.
2. Follow the Emergency Action steps.
3. Demonstrate the care needed for a conscious choking victim.
4. Demonstrate CPR skills appropriate to population being served.
5. Demonstrate the care for an unconscious victim with an obstructed airway.

Outline/Recommendations:

1. Course outline is determined by certifying organizations (American Red Cross, American Heart Association, National Safety Council)
2. Return Demonstration with instructor check-off is required.

Trainer Qualifications:

Check all that apply, be specific (years, degree, skills, etc):

- College Degree:
- License:
- Years Experience:
- Documented Skill Set:
- Training Experience:
- Trainer in Adult Learning Styles:
- Other: Current Certification by the American Red Cross, the American Heart Association, the National Safety Council.

Length of Training:

3 – 4 hours (dependent on class size and consistent with certifying organization's standards)

Format:

Acceptable format(s) for the class.

- Traditional "live" class.
- Online Class (with hands on skill check/return demonstration in person with a certified trainer. Certification must be recognized by the American Red Cross, the American Heart Association, or the National Safety Council)
- Self-study Unit
- Video Class
- Other (specify):

Teaching Methods:

These are the best teaching methods for teaching course content. Additional methods may also enhance learning.

- Individual
- Classroom/Group
- Lecture
- Discussion

- Skills Practice
- Return demonstrations
- Activities
- Videos
- Online Activities
- Individual Assignments
- Homework assignments
- Other (specify):
- Other (specify):

Method of Assessment:

How to measure entry level competency in this course

- | | | |
|-------------------------------------|------------------------|---|
| <input checked="" type="checkbox"/> | Written Test | Performance Indicator: 80% and/or national standard |
| <input checked="" type="checkbox"/> | Return Demonstration | Performance Indicator: Pass/Fail |
| <input type="checkbox"/> | Online Test | Performance Indicator: |
| <input type="checkbox"/> | Skill Sheet | Performance Indicator: |
| <input type="checkbox"/> | Homework Assignment(s) | |
| <input type="checkbox"/> | Other: | |

Scope of Implementation:

Training recommended for:

- Specialized Residential direct care staff/home manager
- Specialized Residential Administrator
- Supported Living staff
- Adult Foster Care staff
- Respite Service staff
- Self-Determination staff
- Home-based services staff
- Foster Family Group Home staff
- Child-caring Institutions (Children’s Group Home) staff
- Other employee group (specify): Vocational staff
- Other employee group (specify):

Frequency:

Content be reviewed/retaken

- Annual
- Every two years
- As needed: As required by national certifying organizations
- Other:

Additional Comments:

Can be taught in conjunction with First Aid

A certification card from an accrediting body must include a return demonstration as part of successful completion.

References/Legal Authority:

1. MCL 400.710(3)
2. MHC R301.1801 et seq.
3. American Red Cross
4. American Heart Association
5. Prevailing State Guidelines and Practice Protocols

Note: If training is for an adult foster care facility/home adult foster care staff must also comply with the adult foster care administrative rules. In addition, in those situations where the contents of the training conflict with an administrative rule, the rule prevails.