



JENNIFER M. GRANHOLM  
GOVERNOR

STATE OF MICHIGAN  
DEPARTMENT OF HUMAN SERVICES  
LANSING



ISMAEL AHMED  
DIRECTOR

March 31, 2009

The Honorable Bill Hardiman, Chair  
Senate Appropriations Subcommittee on DHS  
Michigan State Senate  
State Capitol  
Lansing, Michigan 48933

The Honorable Dudley Spade, Chair  
House Appropriations Subcommittee on DHS  
Michigan House of Representatives  
Lansing, MI 48933

Dear Senator Hardiman and Representative Spade:

Section 657 of 2008 Public Act 248 (Enrolled House Bill No. 5814) requires the Department of Human Services to fund a statewide Before- or After-School Program. The program includes a wide range of effective prevention activities for low-income TANF-eligible youths, kindergarten through ninth grade, before and after regular school hours. Funded programs provide a safe and engaging environment in order to motivate and inspire learning outside the traditional classroom setting. During fiscal year 2008, the program was offered in fifteen (15) Michigan counties. A total of seventeen (17) contracts were awarded and programming was provided at 52 different sites.

If you have any questions, please contact Zoe Lyons, director, Children's Protective Services and Family Preservation, at (517) 241-8297.

Sincerely,

Ismael Ahmed

c: Senate and House Appropriations Subcommittees  
Senate and House Fiscal Agencies  
Senate and House Policy Offices  
State Budget Director

---

**The Before- or After-School Program**  
**Annual Report**  
**FY 2008**

---

**Michigan Department of Human Services**  
**Children's Services Administration**  
**Bureau of Child Welfare**  
**Office of Community Based Services**

**Fiscal Year 2008**

# *Table of Contents*

<b>Before- or After-School (BA) Program Overview .....</b>	<b>2</b>
<b>BA Contractors .....</b>	<b>2</b>
<b>BA Program – State Profile .....</b>	<b>4</b>
<b>BA Program County Highlights .....</b>	<b>5</b>
<b>BA Programming Components .....</b>	<b>11</b>
<b>Data and Evaluation Highlights .....</b>	<b>12</b>
<b>Barriers and Challenges Encountered .....</b>	<b>13</b>

## Before- or After-School (BA) Program Overview

Before- or After-School Program (BA) funding supports a wide range of prevention programs for low-income TANF-eligible youths from kindergarten through ninth grade during before and after school hours. Programs provided a safe and engaging environment to motivate and inspire learning outside the traditional classroom setting. TANF-eligible youths come from families with income under 200% of the federal poverty guidelines. During fiscal year 2008, BA funding supported programs at 52 sites within fifteen (15) Michigan counties: Berrien, Calhoun, Cheboygan/Presque Isle, Genesee, Grand Traverse, Ingham, Jackson, Kent, Mackinac, Marquette, Midland, Muskegon, Saginaw, and Wayne. Seventeen (17) BA contracts were awarded to the following grantees within those counties:

### BA Contractors

County	Grantee	Address/Contact Person
Berrien	Citizens for Progressive Change, Inc.	185 East Main, Suite 101 Benton Harbor, MI 49022 c/o LeRoy Harvey
Calhoun	Albion Public Schools	1418 Cooper Street Albion, MI 49224 c/o Terry Langston
Calhoun	Battle Creek Public Schools	3 West Van Buren Street Battle Creek, MI 49017 c/o Kathy Domenico
Cheboygan/ Presque Isle	Onaway Area Community Schools	P. O. Box 307 Onaway, MI 49765 c/o Robert Szymoniak
Genesee	Jung Do Martial Arts Academy, Inc.	2301 North Saginaw Street Flint, MI 48505 c/o Dian Stephens
Genesee	United Way of Genesee	P. O. Box 949 Flint, MI 48501 c/o Pete Hutchinson
Grand Traverse	Traverse City Area Public Schools	412 Webster Street, P. O. Box 32 Traverse City, MI 49685-0032 c/o Brandi Carmen
Ingham	Ingham County Board of Commissioners	5303 South Cedar Lansing, MI 48911 c/o Randy Bell
Jackson	Highfields, Inc.	5123 Old Plank Road Onondaga, MI 49264 c/o Gregory Pincum
Kent	Heart of West Michigan United Way	118 Commerce SW, Suite 100 Grand Rapids, MI 49503 c/o Fritz Crabb
Mackinac	Child and Family Services of the Upper Peninsula, Inc.	706 Chippewa Square, Suite 200 Marquette, MI 49855 c/o Amber Riutta
Marquette	Child and Family Services of the Upper Peninsula, Inc.	706 Chippewa Square, Suite 200 Marquette, MI 49855 c/o Amber Riutta
Midland	West Midland Family Center	4011 West Isabella Road Shepherd, MI 48883

<b>County</b>	<b>Grantee</b>	<b>Address/Contact Person</b>
		c/o Greg Dorrien
Muskegon	Muskegon Public Schools/M-TEC	571 East Apple Avenue Muskegon, MI 49442 c/o Joanna Hoppa
Saginaw	First Ward Community Schools	1410 North Twelfth Street Saginaw, MI 48601 c/o Sheilda Braddock
Wayne	Communities in Schools of Detroit, Inc.	2121 Biddle, Suite 102 Wyandotte, MI 48192 c/o Jennifer Lepard
Wayne	Wayne Metropolitan Community Action Agency	2121 Biddle, Suite 102 Wyandotte, MI 48192 c/o Jennifer Lepard



BA program eligibility was limited to agencies located in geographic areas near school buildings that did not meet federal “*No Child Left Behind*” adequate yearly progress (AYP) requirements. Funded programs used BA activities to provide support for the targeted schools in their AYP improvement outcome plans.

A wide range of enrichment and recreational activities were provided by the various contracted agencies and schools. Each contractor offered academic assistance, with a particular focus on reading and writing. In addition, they were required to focus on at least three of the following topic areas:

- Abstinence-based pregnancy prevention.
- Preparation toward future self-sufficiency.
- Case management or mentoring.
- Chemical abuse and dependency prevention and awareness.
- Gang violence prevention.
- Leadership development.
- Anger management.
- Parental involvement.

## **BA Program Highlights**

**Berrien County – Citizens for Progressive Change, Inc. provided services at two sites for 186 youths in grades 6-8. Funding amount: \$429,250.94.**

Academic assistance in reading, math and writing was based on preparing youths for state of Michigan MEAP standards. Programs were also provided in the arts and music. Topics such as gang violence prevention, abstinence-based pregnancy prevention, self-esteem, and substance abuse prevention were covered. Preparation toward self-sufficiency was taught through career development. Youths utilized computer software in exploring career tracks. Guest speakers came from various backgrounds to discuss careers. Anger management skills were taught to decrease impulsive and aggressive behavior using role playing, work sheets, surveys, videos, group activities and mentoring.

**Calhoun County – Albion Public Schools provided services at five sites for 806 youths in grades K-9. Funding amount: \$149,999.80.**

Academic assistance was provided in math and science. Albion High School and Albion College served as tutors and mentors, meeting with youths at least four evenings a week. Family activities were organized once a month. In addition, the Albion Recreation Department organized college and community volunteers to serve as mentors and tutors. The “Kids at Hope” project focused on life skill development, teen pregnancy prevention, character development, academic preparation, violence and anger management, and substance abuse prevention. Youths were also provided leadership opportunities. “Exploration Days” were set up to have youths meet new people from different backgrounds and encourage youths to learn about themselves, including how to work with others, managing their time wisely, and being “more mindful of the role academics play in getting into college.”

Albion Recreation Department, the physical education department at Albion College and Project First Step, Inc. partnered to provide a summer program focused on sports and recreational instruction, educational programs and academic preparation. MSU’s 4-H Exploration Days

involved youths in grades 6 through 9, while their Creative and Expressive Arts & Summer Program, held at Albion College, focused on introducing youths in grades 5 through 9 to creative and expressive arts such as singing, dancing and acting. Additional activities included ballroom and salsa dancing, acting workshops provided by members of the off-Broadway cast members of “Shampoo” and “Rent,” and various field trips.

**Calhoun County – Battle Creek Public Schools provided services at four sites for 400 youths in grades K-8. Funding amount: \$399,999.72.**

Youths were engaged in academic instruction for reading, writing, math and science. This was enhanced by remedial/supplemental education, homework help/tutoring and on-line academic activities. The topics of substance abuse and violence prevention were covered through a variety of methods such as the provision of information on the harmful effects of drugs, risk factors, the exploration of appropriate behaviors, and the development of problem-solving skills. Youths were involved in self-esteem building activities and taught how to make positive decisions. Youths had opportunities to participate in leadership skills through an array of group activities. They were taught conflict resolution, problem-solving and positive relationship building skills.

**Cheboygan/Presque Isle County – Onaway Area Community Schools provided services at one site for 50 youths in grades K-5. Funding amount: \$154,656.05.**

Teachers worked in small groups with youths and focused on reading, writing, math, physical education and the arts. Catholic Human Services provided youths with drug/alcohol awareness information, and related activities. The Family Resource Center helped youths prepare for future self-sufficiency by teaching organizational techniques, life skill classes, team-building and communication skills, the development of healthy relationships and decision-making. Numerous parenting classes were offered. The program “Heroes Among Us” was organized so that youths could recognize individuals within their community as their heroes. Parents, youths and their selected parents-youths-heroes participated in a dinner and awards ceremony.

**Genesee County – Jung Do Martial Arts Academy, Inc. provided services at one site for 220 youths in grades K-9. Funding amount: \$215,237.28.**

Individualized homework assistance was provided in the areas of math, reading and writing. Tutors helped parents understand the youth’s homework so that they in turn could assist the child at home. Guest speakers presented on abstinence-based pregnancy prevention and peer pressure. Their use of Hapkido, a martial arts program, incorporated values and skills such as self-control, discipline and respect for others. Those same traits promote leadership, positive interpersonal relations, anger management, problem-solving and peaceful resolution skills. Approximately 80% of the program included parental involvement. Youths participated in community demonstrations, tutoring, martial arts classes, picnics, participation in tournaments, field trips and volunteering within the community.

**Genesee County – United Way of Genesee provided services at seven sites for 2001 youths in grades K-9. Funding amount: \$498,368.88.**

The program focused on academics, including reading, writing, math and science. Summer programs mandated that youths spend half their day working solely on academics in preparation for fall classes. All sites maintained youth advisory councils to get student input on programs and to promote leadership development. To increase parental involvement, most sites held

events, family nights and field trips where parents participated and/or volunteered. Several of the sites established mentoring programs encouraging older youths to act as mentors for younger youths, including siblings. This involved a working relationship with Big Brothers/Big Sisters. Some sites provided their own formal mentoring classes.

**Grand Traverse County – Traverse City Area Public Schools provided services at two sites for 135 youths in grades K-5. Funding amount: \$214,303.00.**

Tutoring was provided for youths who were at risk of failing and/or required additional assistance with homework completion and skills practice. Weekly workshops enhanced their academic work. Examples are the Drop Everything and Read program, historical presentations on presidents, women's history and field trips to the local library for story time or exposure to reading material. Catholic Human Services provided abstinence-based pregnancy prevention, drug/alcohol prevention/awareness and gang violence prevention programs through the Strong Futures model. Preparation toward self-sufficiency was accomplished through Tae Kwon Do, drama and gymnastics. Programs on nutrition, empowerment and obesity were provided by the MSU Extension Office.

**Ingham County – Ingham County Board of Commissioners provided services at three sites for 202 youths in grades K-6. Funding amount: \$74,626.74.**

Youths participated in a number of educational activities that focused on the individual needs of each youth. A different educational theme was selected each week such as the Olympics, animals or science. Skills were developed in the areas of building character, leadership development, responsibilities of civic engagement and developing healthy lifestyles. Youths could attend field trips on Fridays if attendance was complete during the week. Services were provided in conjunction with Lansing Parks and Recreation, Boy Scouts and 4-H Youth Development. Programs were limited to a three-week summer program due to licensing difficulties.

**Jackson County – Highfields, Inc. provided services at one site for 47 youths in grades K-5. Funding amount: \$113,775.00.**

Daily homework assistance was provided by Highfields, Inc. staff. Youths were encouraged to read books by themselves or to each other. Math and/or language arts activity sheets were provided to youths if needed. Weekly "moral reasoning groups" addressed topics such as substance abuse and dependency prevention/awareness and gang violence prevention. Youths were assigned leadership roles in various program activities. Anger management techniques were taught and used daily with youths. Select events were attended by parents.

**Kent County – Heart of West Michigan United Way provided services at six sites for 1,040 youths in grades K-6. Funding amount: \$500,000.00.**

Daily academic assistance in reading, writing and math was provided to youths via homework assistance. Participants were required to attend the academic portion of the program prior to attending any enrichment or recreational activities (fine arts - music/dance/drama, team sports, etc.). The enhancement of the youths' computer skills was also a priority. The following topic areas and specific skills were covered: confidence, self-image and working with others, and leadership development. Appropriate anger management and conflict resolution skills was a major focus in daily interaction.

**Mackinac County – Child and Family Services of the Upper Peninsula provided services at one site to 122 youths in grades 6-8. Funding amount: \$212,021.97.**

Individualized tutoring services were provided to youths, concentrating on subjects identified by their teachers. Tutors met with the youths two or three times per week. The Alcohol, Tobacco and Other Drugs program provided youths with education about the negative consequences of drug and alcohol use and/or abuse. Youths were provided activity booklets and handouts. The Strengthening Families program helped youths deal with such things as peer pressure, and substance abuse awareness and prevention. Jump Into Foods and Fitness covered the areas of physical fitness, hygiene, life skills and cooking classes as a way to help prepare youths for self-sufficiency. Parents were encouraged to participate in the program through special events, dinners, award programs and the Strengthening Families program.

**Marquette County – Child and Family Services of the Upper Peninsula provided services at four sites for 334 youths in grades K-5. Funding amount: \$295,593.00.**

Homework help and individualized tutoring was provided by college students, teachers and adults from the community. A reading club was established during the summer program called the Our Kinder Club. Chemical dependency prevention and awareness activities were provided through the use of Alcohol, Tobacco and Other Drugs activity booklets and handouts. Curriculum materials from the Strengthening Families program were used as was Jump Into Foods and Fitness. Personal trainers presented an introduction to physical fitness, while Red Cross assisted with CPR/first aid & safe sitters. Marquette Food Co-op taught healthy food recognition and preparation. Northern Michigan University led a student leader fellowship program. Other program partners included the Girl Scouts (learning how to budget money), the Teen Leadership Cooperative program and the YMCA. A number of guest speakers provided perspectives on various occupations and hobbies. Anger management was a primary focus as a conflict resolution kit was developed for each program area. Parents were encouraged to participate in the program through special events, field trips, dinners, award programs and through the Strengthening Families program.

**Midland County – West Midland Family Center provided services at two sites for 135 youths in grades 1-9. Funding amount: \$73,600.00.**

A tutoring coordinator monitored youths during homework time and found tutors to assist them with specific subject matter. On occasion communication would occur with the school on behalf of the child to coordinate instruction efforts. During summer programs, tutors were secured for youths who needed special help due to delays in reading comprehension. The computer lab was open daily for youths to work on homework and to develop general computer skills. The curriculum, Positive Action, was adopted for all grade levels to help youths build self-esteem, leadership skills, and to encourage positive role modeling. Circle of Health Partnership provided drug abuse prevention activities. Parental involvement was enhanced by family open houses, seminars, and childcare and partnering with Bullock Creek school district on Parent Education and Family Nights.

**Muskegon County – Muskegon Public Schools/M-TEC provided services at three sites for 468 youths in grades K-8. Funding amount: \$375,064.00.**

Homework help and tutoring, provided by a certified teacher, helped build youths' proficiency in math, language arts, social studies and science. They utilized Study Island, a Web-based MEAP preparation tool. Writing experiences were enhanced by creating newspapers for their

schools. Abstinence Based Pregnancy Prevention helped youths understand the importance of healthy interpersonal relationships and making healthy choices within those relationships. The Muskegon Health Department offered a segment on the health and safety hazards of sexual activity. Chemical use and dependency prevention/awareness services were provided by Muskegon Community Parent Resource Institute for Drug Education. The use of music, drama and art in the curriculum significantly engaged the youths. Field trips were organized to the Grand Rapids Children's Museum, the Howmet Theater, Gerald R. Ford Museum, Muskegon Museum of Art and the John Ball Park Zoo.

**Saginaw County – First Ward Community Schools provided services at three sites for 336 youths in grades K-9. Funding amount: \$332,093.98.**

Youths were assisted in math, reading and writing proficiency. Preparation for the MEAP exam was a primary focus of the program. Youths participated in the Winter Read program and each child was given books as an incentive to encourage reading at home. The use of computer software, learning Web sites, the Comprehensive Curriculum of Basic Skills and regular use of computer lab provided youth with additional tools to strengthen their academic skills. Project Alert and Alcohol Tobacco and Other Drugs were both used to provide chemical dependency prevention. Parents were involved in chaperoning events and field trips, and assisting with academics. The "All Stars" program addressed stress and anger management and how to develop decision-making and coping skills. The program also provided resistance skills which taught youths how to stand up for themselves, ask for what they want, express themselves, and say no when they wanted to without being passive or aggressive. The Brief Strategic Family Counseling program addressed anger issues with our youths.

**Wayne County – Wayne Metropolitan Community Action Agency provided services at one site for 182 youths in grades K-5. Funding amount: \$125,063.05.**

Homework assistance and tutoring was provided to youths in grades K-5. The Michigan Curriculum Framework was the basis for academic guidance. Hands-on math activities and the guided reading approach for literacy lessons rounded out the academic component. Daily physical fitness instruction was offered by Sports, Play and Active Recreation for Kids, which promoted the development of healthy lifestyles, motor skills and movement, and social and personal skills. Art instruction and music appreciation was offered. The Taylor School District scheduled an academic-based summer program using the Michigan Curriculum Framework to help youths prepare for MEAP testing. Additional subjects included math and earth science. Youths participated in an archeological dig. Field trips were organized to the Detroit Historical Museum, U of M Museum of Natural History, Detroit Zoo and the YMCA Splash Park. The Taylor Teen Health Center provided a substance abuse prevention program for 5th graders. The American Cultures for Children initiative was a six-week program designed to promote cultural awareness with an understanding of diversity and tolerance. The Health for Children series used group discussion and videos to cover topics such as feelings, decisions and conflicts, personal safety and hygiene.

**Wayne County – Communities in Schools of Detroit, Inc. provided services at six sites for 1,263 youths in grades K-9. Funding amount: \$801,125.68.**

Academic assistance was provided by school teachers and lay tutors in reading, writing, math, science, and ecology. Reading and writing tutoring followed the guidelines provided by the Open Court curriculum. The Girl Scouts of Metro Detroit Abstinence Program provided abstinence-based pregnancy prevention services as well as chemical abuse and dependency

prevention/awareness. Both the Detroit Hispanic Development Corporation and Detroit Police Gang Squad tackled the issue of gang violence prevention. Services were provided in a number of different sites and a wide range of programming was offered in order to better serve the needs of youths at each site. Examples of additional activities included English as Second Language (ESL) classes, Mexican dance, martial arts, cheerleading, mime, piano, arts and crafts, wrestling, violin, Flamenco dancing, basketball, flag football, swimming, drumming, and jewelry making. Leadership development was handled in a number of ways, such as the development of a student council, participation in Junior Achievement classes, a peer mentoring component, community service projects, the organization of food drives and the formation of a newspaper club. Students from EMU, WSU and U of M mentored program participants. Parental involvement was key as they were encouraged to volunteer and participate in Family Nights. ESL classes were provided for non-English language dominant parents.

Field trips were organized to a variety of venues and locations, such as Garden Bowl bowling, Bishop Foley High School, Youthville seminars, the University of Michigan, Detroit Zoo, Calders Dairy Farm, Chandler Park, Belle Isle and the Detroit Science Center, the African American World Museum, Arab American Museum and the Holocaust Memorial Center.

## BA Programming Components

County	Contractor	Abstinence-Based Pregnancy Prevention	Chemical Abuse and Dependency	Parental Involvement	Gang Violence Prevention	Preparation Toward Future Self-Sufficiency	Leadership Development	Case Management or Mentoring	Anger Management
Berrien	Citizens for Progressive Change, Inc.	X				X			X
Calhoun	Albion Public Schools		X	X			X	X	
Calhoun	Battle Creek Public Schools		X	X		X	X		X
Cheboygan/ Presque Isle	Onaway Area Community Schools		X	X		X			
Genesee	Jung Do Martial Arts Academy, Inc.	X	X	X	X	X		X	X
Genesee	United Way of Genesee			X			X	X	X
Grand Traverse	Traverse City Area Public Schools	X	X	X	X	X	X	X	X
Ingham	Ingham County Board of Commissioners					X	X		X
Jackson	Highfields Inc.		X		X	X	X		X
Kent	Heart of West Michigan United Way				X	X	X		X
Mackinac	Child and Family Services of the Upper Peninsula, Inc.		X	X		X	X	X	X
Marquette	Child and Family Services of the Upper Peninsula, Inc.		X	X		X	X	X	X
Midland	West Midland Family Center		X	X			X		
Muskegon	Muskegon Public Schools/M-TEC	X	X			X	X		
Saginaw	First Ward Community Schools		X	X					X
Wayne	Wayne Metropolitan Community Action Agency		X	X	X	X	X	X	
Wayne	Communities in Schools of Detroit, Inc.	X	X	X	X	X	X	X	X
	<b>Component Totals</b>	<b>5</b>	<b>13</b>	<b>12</b>	<b>7</b>	<b>13</b>	<b>13</b>	<b>8</b>	<b>12</b>

## Data and Evaluation Highlights

<b>Counties</b>	<b>Number of Participants</b>
Berrien	186
Calhoun	1,206
Cheboygan/Presque Isle	50
Genesee	2,221
Grand Traverse	135
Ingham	202
Jackson	47
Kent	1,040
Mackinac	122
Marquette	334
Midland	135
Muskegon	468
Saginaw	336
Wayne	1,445
<b>Total</b>	<b>7,927</b>

Contractors were required to submit a summary report which included the following:

- Number of participants.
- Summary of activities and successes.
- Identification and evaluation of program results as it related to the following:
  1. Decrease in juvenile crime.
  2. Decrease in aggressive behavior.
  3. Academic achievement.
  4. Development of new skills and interests.
  5. Improved school attendance and dropout rates.
  6. Positive behavioral changes in school.
- Description of barriers and challenges they encountered in implementing the programs.

Since the BA programs evaluated program outcomes, success and their youth and parent satisfaction using various methods, there is variance in how intended outcomes were described. The following is a summation of findings:

- 98% to 100% of the participating youths had no arrests and/or contact with law enforcement and/or did not participate in illegal activities.
- 83% to 100% of participating youths exhibited decreased or no aggressive incidents, the overwhelming majority of the programs falling within the 92% to 100% category. Programs measured a number of related factors, such as attitude toward authority, behavior at home, ability to problem-solve and the development of skills in conflict resolution. A number of parent and teacher surveys confirmed these findings.
- 69% to 81% of participating youths expressed an increased interest in school, based on teacher reports.

- 83% to 95% of participating youths achieved placement in next grade level or achieved satisfactory school performance.
- 62% to 80% of participating youths exhibited academic improvement, based on parent reports.
- 65% to 100% of participating youths reported improvement in their studies.
- 95% of participating youths reported having new skills or interests through their involvement in the program.
- 83% of participating youths had a reduction in unexcused absences.
- 98% of participating youths remained in school, of those programs that reported on drop-out rates.
- 91% of participating youths exhibited fewer behavioral problems in school.

### **Barriers and Challenges Encountered**

- Some providers experienced challenges with funding. A few agencies reported difficulties due to tardy reimbursements from the state. Many programs, however, are creative and have developed relationships with community groups, which have assisted them in obtaining funding for services.
- There has been limited capacity at the state or local level to provide ongoing technical assistance, monitoring and evaluation. Plans are being developed that will address this matter.
- Staff turnover and transportation challenges for youths and parents, as well as physical space limitations, have been experienced.
- A number of grantees reported they “struggle to get parents in” and have difficulties getting parents to participate.
- Some programs reported declining youth populations in districts, leading to the closure of some schools, which then impacted the number of youths they were able to bring into their BA programs.
- A few programs reported they experienced organizational stress given that they provided case management for over 100 youths and the overwhelming needs of youths and parents.
- Currently agencies who can apply must be located within the vicinity of a school that does not meet adequate yearly progress (AYP) standards. There is an unfortunate consequence in that a program's success could actually penalize them from securing continued funding should their school meet AYP standards in a subsequent year. Other eligibility requirements are being explored, including changing eligibility to the percentage of youths receiving free or reduced lunches.