



DHS Office of Human Resources is hosting an employee flu shot clinic for all active downtown Lansing area DHS state employees. The clinic will be held in the Grand Tower Dempsey Room on Friday, September 14 from 8 a.m.-4 p.m. and again on Monday, September 17 from 8-11 a.m.

The Civil Service Commission Employee Benefits Division is working with the Visiting Nurses Association of Southeast Michigan to provide vaccinations this fall for state of Michigan employees. The 2012 seasonal flu vaccine contains the H1N1 (swine flu) pandemic strain. The nasal-spray flu vaccine will not be offered at the worksite clinic.

Most state plans will cover 100 percent of the cost of the vaccine including BCBSM PPO, BCN, COPS trust, HAP, HealthPlus of Michigan, McLaren Health Plan, PHP Mid-Michigan, and Priority Health. Employees enrolled in Grand Valley Health Plan and Total Health Care HMOs may receive their vaccines through their primary physicians. There may be a co-pay fee through those HMOs.

Only active employees are able to participate this year at the worksite clinic. Employees must sign up for an appointment to receive the vaccination by contacting Karen Crawford in the Office of Human Resources by telephone at 373-8524 or by email to [crawfordk@michigan.gov](mailto:crawfordk@michigan.gov). Please call now for your appointment as we are limited in appointment spaces this year.

For your appointment you must:

1. Bring your employee ID card and a **copy** of your health insurance card.
2. Wear clothing that allows access to your upper arm 2-3 inches below your shoulder – don't wear long sleeve tops or turtlenecks.
3. **Bring a completed and signed [consent form](#).**
4. Read the [Vaccine Information Statement](#).
5. Read the [privacy statement](#).
6. Be prepared to pay \$28 by check to Visiting Nurse Association of Southeast Michigan if you do not bring a photo copy of your state health insurance card.

Note: First time flu vaccine recipients will be asked to remain 15 minutes following their shot for observation.

Thank you for participating in the 2012 Flu Shot Clinic!