



Michigan Harvest Gathering Most Needed Items to Donate

Food Items:

- Canned fruit and vegetables
- Cream-based soups
- Chili
- Canned protein such as tuna, salmon and chicken
- Boxed stuffing mix
- Boxed dinners such as Hamburger/Tuna Helper
- Boxed side dishes such as Rice-A-Roni & Macaroni-N-Cheese
- Instant mashed potatoes
- Dry beans
- Cranberry sauce
- Snack crackers such as Grahams or Saltines
- Children's fruit snacks in individual packages
- Granola bars
- Cookies
- Peanut Butter
- Cereal
- Juices

Personal Needs:

- Bar soap
- Shampoo (especially in small bottles)
- Deodorant (male and female)
- Toothbrushes and toothpaste
- Shaving cream (male and female)
- Diapers

Special Notes:

- Please check to make sure that the cans are not outdated. Cans should not be rusting or bulging. Small dents on a can are acceptable as long as they are not located at the seam.
- Please no "homemade" food items or bottled water.
- Please no glass bottles or jars.