

Keeping Your Baby Safe

A Safe Sleep Commitment

1. All Hurley Medical Center employees are required to wear photo ID badges. If someone does not have a photo ID badge, **DO NOT** give your baby to them. If you have questions or concerns regarding individuals coming to your room for any reason, call your nurse.
2. After the birth of your baby, four matching ID bands are given to you, your baby, and one support person of your choice. Staff will use these bands to identify your baby and to compare with yours when your baby returns to your room.
3. An infant security transmitter will be placed on your baby's ankle.
4. Always wash your hands before handling your baby. Remind your family members to do the same.
5. **DO NOT** leave your baby alone in the room. If you have to leave your room, take your baby to the nursery and tell your nurse. When showering, close the room door to the hall tightly. Leave the bathroom door open and pull the crib close to the bathroom. You may wish to take your baby back to the nursery.
6. Babies are **ALWAYS** transported to and from the nursery in their cribs. They are never carried in someone's arm – even their parents. Babies are to remain on the unit unless being discharged or are accompanied by nursing staff.
7. **DO NOT** have your baby sleep in the bed or chair with you or your support person. Always return your baby to the crib if you are drowsy or if you have been recently medicated.
8. SAFE SLEEP:
 - a. Babies need to sleep in a crib alone and on his/ her back.
 - b. The crib/ bassinette/ or pack-n-play should have a firm, tight-fitting mattress, without loose linen, pillows, blankets, or toys.

The American Academy of Pediatrics also recommends these extra steps:

- Put your baby's crib, bassinette, pack-n-play, etc. in the room with you.
- Offer your baby a pacifier at nap time or bedtime. If you are breast-feeding, delaying pacifier use until one month of age is recommended.
- Avoid smoking around your baby.

9. **Never shake a baby.** Shaking a baby or child can cause blindness, permanent brain damage, even death.

Share this information with anyone who will be caring for your baby.

I understand the information my nurse has discussed with me, I was able to ask my nurse questions about safe sleep and have those questions answered, and I am committed to providing a safe place for my baby to sleep. I will also talk to anyone who takes care of my baby so they know the safest way for my baby to sleep.

Mom's Signature: _____ Witness: _____

Support Person: _____ Date/ Time: _____

Reviewed in Post Partum: _____ Date/ Time: _____

Patient Label

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