



An Informative Three-day Seminar:

MIOSHA General Industry 10-Hour + (Fundamentals of Safety and Health)

1 Who Should Attend . . .

This seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs.
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work.
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA).

2 MIOSHA Training Institute

MIOSHA Consultation Education and Training (CET) Division and Macomb Community College (MCC) have developed the MIOSHA Training Institute (MTI) through a formal alliance.

The MIOSHA Training Institute introduced a new certification program, effective October 1, 2007. This course is an MTI Level one course. The certification program offers participants an opportunity to be recognized for their educational efforts and increased technical expertise. Courses are offered throughout the state in sponsorship with other M-TECSM facilities, community colleges, and safety and health organizations. To learn more about the certification program, log-on to the CET Division website at www.michigan.gov/mti.

3 What You'll Learn . . .

Many employers are faced with the need to appoint an employee to oversee their program who may not be fully prepared for the challenge. This course offers the basics of creating a safety and health management system as well as providing an introduction to the MIOSHA Act and standards. Topics include inspections and citations, elements of a comprehensive safety and health system, recordkeeping, accident investigations, written programs, introduction to industrial hygiene, respiratory protection, hearing conservation, bloodborne infectious disease (BID), eye wash requirements, hazard recognition, machine guarding, and ergonomics. Students will receive a MIOSHA General Industry 10 Hour + card upon successful completion of the class.

Required Class for
General Industry
Level One
MTI Certification

Agenda

We offer a flexible program agenda to emphasize the safety and health topics you want most.

- ▶ Accident Investigation
- ▶ Act 154 Inspections & Citations
- ▶ CET Services
- ▶ Elements of a Safety & Health Management System
- ▶ Ergonomics
- ▶ Hazard Recognition and Self Inspection
- ▶ Respiratory Protection
- ▶ Hearing Conservation
- ▶ Introduction to Industrial Hygiene
- ▶ First Aid, Eye Wash, and Bloodborne Infectious Diseases
- ▶ Machine Guarding
- ▶ Recordkeeping
- ▶ Required Written Programs

All meetings are accessible and barrier free. Please contact the cosponsor or CET Division, at least two weeks in advance, to request necessary accommodations.

Facilitator

Debra Gundry has been with the State of Michigan since 1979. She is a graduate of Michigan State University and joined the Consultation Education and Training Division as a MIOSHA consultant in 1992. Debra provides services to Shiawassee, Clinton, Ionia, Ingham, Eaton, Washtenaw, and Livingston counties.

Debra's duties include consultative services to establish a company or organization's Safety and Health Management System; and planning and conducting training programs for management, trainers, supervisors, and employees regarding the Michigan Occupational Safety and Health Standards. She also serves on several CET committees.



Debra Gundry
Senior Occupational Safety Consultant,
MIOSHA, CET Division

Program Details

DATE:	January 6, 13, & 20, 2010	TIME:	Check-in - 8:30 a.m. Program - 9:00 a.m. to 4:00 p.m.
LOCATION:	Lansing Area Safety Council 3315 S. Pennsylvania Ave. Lansing, Michigan 48910	DEADLINE:	Register by January 1, 2010 Please register early!
COST:	\$210 per person Includes lunch and course materials Certification/Maintenance Points Available	CONTACT:	Sandy Long, 517.394.4614 or 866.423.7233 or info@safetycouncil.org

COSPONSOR: Lansing Area Safety Council

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

How to Register

**MIOSHA General Industry 10 Hour +
(Fundamentals of Safety and Health)**

Four Easy Ways to Register:

- ▶ **Phone:** 517.394.4614 or 866.423.7233
- ▶ **Fax:** 517.394.1117
- ▶ **Web:** www.safetycouncil.org
Select: *Class Calendar*
- ▶ **Mail:** Lansing Area Safety Council
3315 S. Pennsylvania Ave.
Lansing, MI 48910
Attn: Sandy Long

Please Make Check or
Money Order Payable to:
Lansing Area Safety Council

Name: _____
Company Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Fax: _____
Email: _____
Number Attending: _____ @ \$210 each = \$ _____
Mastercard or Visa #: _____
Print Credit Card Holder's Name: _____
Signature: _____ Exp. Date: _____

The meeting site and parking is accessible. Individuals attending the meeting are requested to refrain from using heavily scented personal care products, in order to enhance accessibility for everyone. People with disabilities requiring additional services (such as materials in alternative format) in order to participate in the meeting should call 517.322.1809. The Department of Energy, Labor & Economic Growth is an equal opportunity employer/program.