



“WINTER WONDERLAND” B.O.W. Discovery Weekend!
March 5-7, 2010
Ralph A. MacMullan DNR Conference Center - Roscommon, MI

CLASS CHOICE FORM

Important! You must fill out and return this with your registration form!

Listed below are the classes offered for the Winter Wonderland B.O.W. Discovery Weekend. Please select your six top choices of the classes you would like to attend, ranking them from (1) - being your first choice through (6) - being your last choice. Some classes have limited space – early registration is recommended!

We will do our best to place you in your top three (3) class choices!

(Please number 1 through 6 choices) NO Skill Level is required – Beginners Welcome!

- _____ A. *** Cross country skiing Boot size _____ Height _____ Weight _____
- _____ B. Snow shoeing
- _____ C. Ice-Fishing – valid license required
- _____ D. Modern Methods of Trapping
- _____ E. Predator Hunting
- _____ F. Turkey Hunting
- _____ G. Shotgun Shooting
- _____ H. Muzzle loading
- _____ I. Handgun shooting
- _____ J. Winter Birds-Watching and Feeding
- _____ K. Geocaching
- _____ L. Outdoor Survival & First Aid
- _____ M. Hiking and Backpacking
- _____ N. Dog Sledding

***** This class requires an additional fee of \$20.00 for ski equipment rental.**

PLEASE NOTE: CLASSES MAY BE SUBJECT TO CHANGE!

CLASS DESCRIPTIONS

Cross Country Skiing- Enjoy the view while burning calories! Cross country skiing can be done on groomed trails located in many state and local parks or you can blaze your own trail through the forest, lake or campground! A great activity as a family during the winter months! This class will show you how to get started and a chance to practice too! Please include additional ski rental of \$20.00 for this class to your registration fee. Be sure to include boot size, height and weight on your class choice form. Your equipment will be waiting for you! Instruction provided by Cross Country Ski Headquarters – Roscommon. www.crosscountryski.com

Snow Shoeing - A great way to get around in the winter time whether for exercise or wildlife viewing! Snow shoes will be provided and after a brief lesson, you will take a snow shoe hike through beautiful Hartwick Pines! Please dress comfortably in layers. Instruction and guiding provided by Craig Kasmer, MI DNR.

Ice-Fishing – There is nothing quite like spending a beautiful winter day on the ice catching fish! Learn about ice safety, equipment, finding fish, hole drilling and technique! By the end of this class, you will be able to teach your whole family how to ice fish! Later on, you will have an opportunity to learn how to clean your catch! You must have a valid fishing license for this class! You may purchase your fishing license online: www.michigan.gov/dnr or at most sporting goods retailers. Instruction led by Steve Sendek, MI DNR.

Trapping – Although an age old wildlife management practice, trapping is still popular today! Learn about modern day methods of trapping for fur gathering or nuisance control. Trap and set types, lures, and fur harvester regulations will be discussed. Plan on learning how to set traps and choose different attractants for your targeted furbearer. After demonstrations, we will practice setting traps under the guidance of trapping instructors Valerie Frawley and Damien Lunning with the Michigan DNR. There will be classroom activities as well as some outdoor trap-setting opportunities.

Predator Hunting – This class will teach seasons and regulations, how to scout and track predators, how to set up for the hunt and predator calling.

Turkey Hunting – One of the fastest growing and exciting hunting activities in Michigan! This class will discuss spring turkey hunting- habitat, scouting, equipment, set-up, and a chance to learn and try various turkey calls! Spring turkey season is right around the corner and there may be a big gobbler close by! Instruction provided by the National Wild Turkey Federation.

Shotgun Shooting – This class will reinforce firearm safety, various types of shotguns, ammunition, chokes and patterning your shotgun. Learn the basics of choosing a proper fitting shotgun. You will also learn about eye dominance, proper stance and equipment for successful shooting. Class will be followed up with some real hands-on shooting instruction with a chance to shoot at still targets and trap (clays). This class is for beginners or those who would like some additional shooting instruction and a chance to sharpen their skills! You are welcome to bring your own shotgun to this class. Instruction provided by Patrick Donovan and Sandee Sinclair, MI DNR.

Muzzle loading - The smell of black powder! Learn about the art of shooting a muzzle loader! This class will teach you the basics of shooting a muzzle loader safely and types of ammunition required by law. Whether you want to learn to use a muzzle loader simply “for fun” shooting or for a more challenging hunting experience, this class will get you started. Instruction provided by Patrick Donovan, MI DEQ.

Handgun shooting – Handguns can be fun and challenging to shoot! Students learn basic safe, responsible handling and shooting of various handguns. Participants will have ample time to shoot handguns at the outdoor range. Instruction provided by Sandee Sinclair, MI DNR.

Winter Bird Watch- We all know our little feathered friends could use some help in the winter months! This class will teach you what birds to watch for and how to identify them in the winter! We will learn what types of food birds will benefit from in the winter months and build a bird house to take home! Instruction and guiding provided by Craig Kasmer, MI DNR.

Geocaching – A high tech treasure hunting game played throughout the world by adventure seekers equipped with GPS devices. The basic idea is to locate hidden containers, called geocaches, outdoors and then share your experiences online. This class will include an actual geocaching experience. GPS units will be provided. Instruction provided by Julie Anderson and Sherri Hines.

Outdoor Survival & First Aid - For those who like to explore new places, back packing or hiking, this class will provide you with enough information to survive in the wilderness! Learn how to build a shelter from nature, signaling for help, what to take with you to stay alive and alert and what to do if an accident occurs while waiting for help. We hope you never have to use it, but be prepared in case you ever do!

Hiking & Back Packing - Back packing and hiking is a great way to explore and view nature and wildlife, alone or with your family members! This class will teach you which back pack is right for you and what to put in it! Types of gear will be discussed whether venturing out for a one day hike or camping for a week. You will be surprised at how little you can get by with in your back pack and still enjoy the great outdoors comfortably!

Instruction provided by Diane Oliveira.

Dog Sledding - We introduce you to the thrill of dog sledding! Learn about the tradition of this popular activity and what it's like to glide through the woods as part of a happy working team! You will learn how to harness and hook up the dogs, steer the sleds and how the dogs are cared for. All you need is an abiding love for dogs, a willingness to learn and an irresistible attraction to winter!

Instruction will be provided by Gena Dewey, owner of Shemhadar Kennels and Rides in Cadillac.
www.sleddogpodcast.com

We thank our volunteer instructors for their willingness to share their time and talents for this weekend! Please note that some classes may be limited in size due to the specialty of the activity being taught. We will do our best to ensure your top (3) class choices. However, we encourage you to register early!

This is Michigan, and as we all know, Michigan winters can be very unpredictable. There is always a chance that we may have a mild winter. If we do not have enough snow or ice to safely participate in some activities, we may find it necessary to substitute classes. We will not cancel this event due to lack of snow.



“WINTER WONDERLAND”

B.O.W. Discovery Weekend
March 5-7, 2010
Ralph A. MacMullan Conference Center
Roscommon, MI (989) 821-6200

WORKSHOP SCHEDULE

FRIDAY EVENING, MARCH 5TH

Registration/Check in - 4:00 to 7:00 p.m.
Welcome and social time - 7:00 to 8:00 p.m.
Firearm Safety Orientation – 8:00 to 9:00 p.m.
(this is mandatory for anyone taking a firearms class)

**Please note: due to various arrival times,
Dinner will not be served Friday evening.
Light snacks and beverages will be provided during social hour.**

If you plan to arrive after 9:00 p.m. please call (989) 821-6200

SATURDAY, MARCH 6TH

8:00 a.m.	Breakfast
8:45 a.m.	Depart for class
9:00 to noon	Morning class session
12:15 to 1:15 p.m.	Lunch and warm-up (sack lunches will be provided- you may pick up your lunch and take it with you or eat in the dining hall)
1:15 p.m.	Depart for class
1:30 to 4:30 p.m.	Afternoon class session
5:30 p.m.	Dinner in the dining hall
7:00 p.m.	Evening activities
9:00 p.m.	Bonfire

SUNDAY, MARCH 7TH

8:00 a.m.	Breakfast
8:45 a.m.	Depart for class
9:00 to noon	Morning class session

12:15 to 1:00 p.m. Lunch in the dining hall
Check Out

ADDITIONAL INFORMATION

Lodging at the RAM Center is dorm style- 2 beds per room. Bathrooms are shared by four women. Upon receipt of your registration, class choices and full payment, a confirmation will be sent by e-mail, or postal mail (if e-mail is not legible or available). If for some reason, we are not able to place you in your top (3) three class choices, we will phone you and do our best to ensure you have a fun weekend!

Some classes can only offer limited space – don't be disappointed! Early registration is recommended!

Your class schedule along with a map of class locations will be given to you upon registration/check- in Friday evening. All equipment will be provided with the exception of cross country skiing. **You may waive the ski rental fee if you have your own cross country skiing equipment.**

Your registration cost includes breakfast both Saturday and Sunday morning, dinner on Saturday evening and lunch both on Saturday and Sunday (before departure). Per the suggestion from past events, Saturday's lunch will be "brown bag" style. You can choose to take your lunch with you when you depart for your morning class or pick it up when you come back to the RAM Center at noon. This will accommodate those who are snow shoeing at Hartwick Pines or ice fishing etc. and may be running a bit behind.

We encourage you to pack breathable, synthetic material clothing, socks and thermal underwear for your weekend at the RAM Center. Cotton tends to get wet (from sweat or wet snow) and lowers your body temperature, making you cold and miserable. Find clothing that will not trap moisture next to your skin – now would be a good time to invest in good thermal underwear. Ask experts at your local sporting goods stores for suggestions or shop online. Light layering is highly recommended for "active" outdoor activities such as skiing or snow shoeing. Be prepared to add or take off layers while taking part in winter activities.

PLEASE BRING:

Bath towel/washcloth
Toiletries
Sunglasses/sunscreen (yes we can get sunburned in the winter!)
Chapstick/lip balm
Hat/ear muffs – bring extra!
Warm jacket
Waterproof pants are highly recommended! (Bring extra pants if you do not have waterproof! Blue jeans ARE NOT recommended for warmth!)
Thermal underwear
Warm shirts for layering
Waterproof boots
Socks – bring extra!
Gloves/mittens – bring extra!
Alarm clock
Flashlight
Earplugs – if you are a light sleeper!
Disposable hand and/or foot warmers (found in most sporting retail stores)
Water bottle

OPTIONAL:

Binoculars – recommended for bird-watching class
Camera – waterproof container
Extra cash for Saturday evening craft activities

*** You may bring your own cross country skis or snow shoes if you have them. Please mark them clearly so they do not get mixed in with rental equipment!

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Michigan Department of Natural Resources

BECOMING AN OUTDOORS-WOMAN

REGISTRATION FOR

B.O.W. DISCOVERY WEEKEND WORKSHOP

This information is required by authority of the Michigan Department of Natural Resources for participation consideration.



REGISTER EARLY!

WORKSHOP SPACE IS LIMITED

FIRST REGISTERED - FIRST ENROLLED

WHERE

RALPH A. MACMULLAN CENTER
104 CONSERVATION DRIVE
ROSCOMMON, MI 48653

WHEN

MARCH 5-7, 2010
ARRIVE FRIDAY AFTER 4:00 P.M.
DEPART SUNDAY 1:00 P.M.

COST

\$200.00 PER PERSON

CANCELLATION DEADLINE

NO REFUNDS WILL BE ISSUED
AFTER FRIDAY, FEB. 19, 2010
YOU MAY SEND A SUBSTITUTE

You must pre-register for this workshop! Walk-ups cannot be accepted!

Print or type. Use separate registration for each person; photocopy for additional registrants.

Name	Are you 18 years of age or older? <input type="checkbox"/> No <input type="checkbox"/> Yes
Address	Do you have special accommodation needs (If yes, please state) <input type="checkbox"/> No <input type="checkbox"/> Yes
City, State, ZIP	Dietary Preferences (if meals are included)
Telephone (daytime) ()	Do you have a roommate preference? (if yes, please state) <input type="checkbox"/> No <input type="checkbox"/> Yes
E-mail	Emergency Contact Name and Telephone

CERTIFICATION

I certify that all the information I have provided is true and accurate to the best of my knowledge, I have read and understand the information contained herein; I recognize and understand that the program involves some risks and I take responsibility for all action or injury that may result from participation. Further, I release the State of Michigan and its agents and instructors, from any and all liability for any such injuries.

Signature

Date

PHOTOGRAPH AND/OR VIDEO RELEASE

I hereby grant permission to use my photograph or video of me taken during this BOW event in any official publicity pieces. Publicity pieces include (but are not limited to) news releases, publications, videos and web use.

Signature

Date

Make check or money order payable to "State of Michigan" and send with completed and signed registration to:

You may purchase your registration on Michigan E-Store at www.michigan.gov/bow; however you MUST complete this registration and send or FAX to:

CASHIER'S OFFICE
MICHIGAN DEPARTMENT OF NATURAL RESOURCES
P O BOX 30451
LANSING MI 48908

OR **Becoming an Outdoors-Woman**
MICHIGAN DEPARTMENT OF NATURAL RESOURCES
Mason Bldg., 6th floor
530 W. Allegan St.
Lansing, MI 48909

FAX: (517) 373-1547

For more details... contact Sue Tabor (517) 241-2225

FOR DNR USE ONLY

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PCA - 97300

AOBJ - 9175