



# BOARDING PASS

## TRAVELER/ SOUTH & CENTRAL AMERICA, MEXICO, CARIBBEAN VECTOR-BORNE DISEASES: KNOW BEFORE YOU TRAVEL

### VECTORS

Like the yellow fever mosquito & Asian tiger mosquito



### CAUSE

Serious diseases such as:

- Zika
- Dengue
- Chikungunya (chik-un-gun-ya)

### DISEASE

Watch for symptoms including:

- Fever
- Joint pain or swelling
- Severe headache, muscle pain, or rash

### WORLD TRAVELER

Find travel notices, destination information, and travel clinic info at [www.cdc.gov/travel](http://www.cdc.gov/travel)



**SMALL BITE, BIG THREAT**  
TAKE SIMPLE STEPS TO  
PROTECT YOURSELF AND  
YOUR FAMILY

**SEE REVERSE 1A**



GATE A 37

SEAT 15 E

ZONE 2

Non-smoking  
flight



## TRAVEL ADVICE



Pregnant women should consider postponing travel to areas where Zika virus transmission is ongoing.

Contact your healthcare provider or nearest travel clinic for advice about travelers health prior to traveling.

If you suspect symptoms of Chikungunya or Dengue during or after travel, immediately contact your healthcare provider or local medical care facility and avoid mosquito bites.



Adapted from World Health Organization World Health Day Boarding Pass  
<http://www.who.int/campaigns/world-health-day/2014/en/>

## TAKE SIMPLE MEASURES TO PROTECT YOURSELF AND YOUR FAMILY

No vaccines exist to prevent Zika, Chikungunya or Dengue, but getting recommended travel vaccinations for your destination is always an important step for trip planning



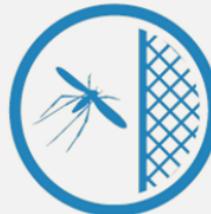
Use insect repellents on skin and/or clothing



If you are unable to protect yourself from mosquitoes inside your hotel, sleep under an mosquito bed net



Use air conditioning or window/door screens to keep mosquitoes outside



Help reduce the number of mosquitoes outside your hotel room by emptying standing water from containers such as flowerpots or buckets

