

Kaum Hli 30, 2015



Nyob Zoo Lub Chaw Muab Kev Pabcuam:

Raws li koj paub los ntawm cov ntaub ntawv xov xwm tsis ntev los no, tau pom muaj cov tshuaj txhuas ntau rau hauv cov raj dej txhuas nyob ib cheeb tsam hauv Lub Nroog Flint cov dej.

Yuav pab tiv thaiv cov menyuum yaus nyob hauv Flint kom tsis txhob raug cov tshuaj txhuas nyob hauv cov dej, lub tsev haujlwm Genesee County Health Department and thiab lub tsev haujlwm Michigan Department of Health and Human Services thiaj hu rau koj thiab pab muab cov lus qhia txhawb rau nej tsev neeg.

Cov menyuum yaus tuaj yeem raug cov tshuaj txhuas los ntawm cov dej haus uas ntwis los ntawm cov raj dej txhuas, cov tso xim qub, av, cov khoom siv av puab, cov khoom plev ntsej muag thiab cov khoom ua si thiab qee yam tshuaj siv hauv tsev. Cov haujlwm uas cov neeg laus ua thiab cov haujlwm ua ua si xws li kho tsheb, kho iav thiab kev ua saw kub coj thiab cov mos txwv tuaj yeem ua rau cov menyuum yaus muaj pheej hmoo tau cov tshuaj txhuas yog lawv cov ris tsho lossis ua si ntawm thaj chaw uas muaj cov tshuaj txhuas.

Yog ib lub chaw muab kev pabcuam xub thawj, koj muaj lub luag haujlwm tseem ceeb los pab saib xyuas cov menyuum yaus thiab cov yim neeg uas tau raug cov tshuaj txhuas kom lawv tau txais kev saib xyuas thiab ntseeg siab tau tias lawv tuaj yeem tswj tau tej yam cuam tshuam tsis zoo los ntawm cov tshuaj txhuas lom rau kev noj qab haus huv.

Pov thawj. Cov menyuum yaus uas muaj mob los ntawm cov tshuaj txhuas feem ntaus yuav muaj mob tam sim no mus rau yav tom ntej. Txawm li cas los xij, qhov muaj mob thaum xub thawj yog tsis muaj zog, tsis xav noj mov, mob plab mog thiab tsam plab. Tshuaj txhuas muaj cov tshuaj lom uas rau mob hlwb, thiab yog raug cov tshuaj lawm tuaj yeem ua rau coj tus cwj pwm ua phem thiab thab plaub, cov tshuaj txhuas yuav ua rau ntshov siab, tej zaum yuav ua rau muaj Tus Mob Ntxhov Siab Tas Li (Attention Deficit Hyperactivity Disorder/ADHD) thiab yuav cuam tshuam rau IQ ntau txog 5-8 nqe nrog rau ua rau tsawg dua 10 ug/dL. Cov tshuaj txhuas raug siv los ntawm kev zom cov zaub mov hauv plab zoo ib yam nkaus li cov keeb hlau (iron) thiab calcium, feem pua kev siv yog nce raws li qhov loj thiab qhov hnyav ntawm tus menyuum. Ib nrab ntawm cov ntshav uas muaj cov tshuaj txhuas muaj sia nyob hauv cov ntshav (ntev li 1 lub hlis) tab sis nyob hauv cov pab txha ntev txog ntau caum xyoo.

Vim muaj ntau feem pheej hmoo tsis zoo rau ntau cov neeg nyob hauv Lub Nroog Flint (suav nrog cov tsev qub thiab cov dej zoo), peb thiaj hais qhia tias txhua tus menyuum yaus hnuv nyoog qis dua 6 xyoo uas nyob hauv Lub Nroog Flint lossis nyob hauv cov tsev uas siv cov dej hauv Flint, cov mus kawm ntawv lossis raug zov nyob hauv Flint, lossis cov kws zov menyuum nyob hauv Lub Nroog Flint yuav tsum tau mus kuaj ntshav xyuas cov tshuaj txhuas. Kev kuaj xyuas cov tshuaj txhuas hauv cov ntshav yuav tsum yog tus menyuum yaus tus kws kuaj mob xub thawj thiaj li tuaj yeem soj qab xyuas txaus rau lub sijhawm luv thiab lub sijhawm ntev. *Xav kom cov tsev neeg coj lawv cov menyuum mus kuaj kiag tam sim ntawd rau tom lawv tus kws khomob chav lis haujlwm lossis rau tom lub tsev haujlwm Genesee County Health Department.*

Kev Tswj Xyuas Cov Ntshav Muaj Tshuaj Txhuas. Cov lus qhia nram no yog kev tswj xyuas cov ntshav muaj tshuaj txhuas ntawm cov menyuum yaus:

• **BLL < 5 ug/dL**

- Theem tshuaj txhuas muaj tsawg dua 5 mcg/dL yuav tsis ua rau muaj kev txhawj xeeb.
- Muab kev qhia paub thiab cov lus qhia saib xyuas rau yav tom ntej kom tswj xyuas tsis pub cov tshuaj txhuas nce siab.
- Yuav tau rov qab mus kuaj xyuas hauv lub sijhawm 12 lub hlis raws li feem muaj pheej hmoo tsis zoo lossis muaj kev txhawj xeeb.

Nplooj 2 ntawm 3

• **BLL >5 ug/dL**

- Cov menyuam yaus uas muaj cov tshuaj txhuas xyaw txoj hlab ntsha me ntau txog 5 ug/dL thiab siab dua yuav tsum muaj ib txoj hlab ntshav qhuav.
- Cov tsev neeg no yuav tsum tau txais cov lus qhia tswj xyuas mus rau yav tom ntej, kev pab tswv yim txog cov khoom noj zoo, qhia txog kev tu thiab kev nyab xeeb thiab yuav tau soj qab xyuas kom tsim nyog los ntawm tus kws kuaj mob xub thawj.
- Kev saib xyuas hauv tsev muaj xws li kev tswj xyuas qhov teebmeem thiab kev tshuaj ntsuam xyuas ib puag ncig rau txhua tus menyuam uas muaj cov tshuaj txhuas ntau dua 5 ug/dL. Xa cov neeg mob mus kuaj rau tom lub chaw Genesee County Health Department.
- Cov menyuam yaus uas raug lees tias qhov kuaj xyuas tau los muaj cov tshuaj txhaus ntau dua 5ug/dL hauv lub sijhawm 18 lub hli dhau los yuav tsum rov qab mus kuaj xyuas raws li txoj cai ntawm Medicaid thiab cov lus qhia ntawm AAP. (Saib cov ntaub ntawv muab xa ua ke tuaj no "Kev Ua Pov Thawj Sai Ntawm Tus Kws Kuaj Mob). Yog ib tug menyuam yaus tsis raug rov qab mus kuaj dua hauv lub sijhawm hais tseg, yuav tsum hais kom rov qab mus kuaj kom sai li sai tau.

• **BLL >44 ug/dL.**

- Cov menyuam yaus uas muaj cov tshuaj txhuas xyaw txoj hlab ntsha me ntau txog 5 ug/dL thiab siab dua yuav tsum muaj ib txoj hlab ntshav qhuav.
- Cov tshuaj txhuas muaj ntau dua 44 ug/dL tej zaum yuav tau mus pw tom tsev khomob. Sab laj nrog ib tug kws txawj kho tom Lub Tsev Khomob Menyuam Yaus ntawm Michigan hauv Detroit yog xav paub cov lus qhia ntxiv.
- Cov tsev neeg no yuav tsum tau txais cov lus qhia tswj xyuas mus rau yav tom ntej, kev pab tswv yim txog cov khoom noj zoo, qhia txog kev tu thiab kev nyab xeeb thiab yuav tau soj qab xyuas kom tsim nyog los ntawm tus kws kuaj mob xub thawj.
- Kev saib xyuas hauv tsev muaj xws li tswj xyuas qhov teebmeem thiab kev tshuaj ntsuam xyuas ib puag ncig rau txhua tus menyuam uas muaj cov tshuaj txhuas ntau dua 5 ug/dL. Xa cov neeg mob mus kuaj rau tom lub chaw Genesee County Health Department.
- Cov menyuam yaus uas raug lees tias qhov kuaj xyuas tau los muaj cov tshuaj txhaus ntau dua 5ug/dL hauv lub sijhawm 18 lub hli dhau los yuav tsum rov qab mus kuaj xyuas raws li txoj cai ntawm Medicaid thiab cov lus qhia ntawm AAP. (Saib cov ntaub ntawv muab xa ua ke tuaj no "Kev Ua Pov Thawj Sai Ntawm Tus Kws Kuaj Mob). Yog ib tug menyuam yaus tsis raug rov qab mus kuaj dua hauv lub sijhawm hais tseg, yuav tsum hais kom rov qab mus kuaj kom sai li sai tau.

Nco Tseg: Txhua tus menyuam yaus raug tiv thaiv los ntawm Medicaid yuav tsum raug kuaj xyuas mob thaum muaj hnuv nyoog 1 thiab 2 xyoos.

Soj Qab Xyuas Kev Saib Xyuas. Yog cov kws kuaj mob, muaj ntau khauj ruam uas koj tuaj yeem coj los pab txhawb rau koj tsev neeg:

1. Kav tsij hais thiab qhia txog feem muaj hmoo tsis zoo thiab cov khauj ruam tiv thaiv cov tshuaj txhuas uas yuav tshwm sim tsis zoo rau lawv tsev neeg.
2. Txhawb kom koj tsev neeg haus dej lim, siv tov mis rau menyuam mos thiab ntxuav tais diav. Cov tsev neeg tuaj yeem hu rau 2-1-1 yog xav tau dawb cov tshuab lim dej Raug Pom Zoo Los Ntawm NSF.
3. Cov khoom noj zoo yog ib qho tseem ceeb tuaj yeem tiv thaiv rau cov menyuam yaus los ntawm kev tau cov tshuaj txhuas. Saib xyuas kom nej cov neeg mob tau noj cov khoom noj zoo txaus xws li muaj cov keeb hlau (iron), calcium thiab Vais Tas Mees C. WIC thiab SNAP muab kev pab rau cov niam txiv thiab cov menyuam yaus uas xav tau cov khoom noj tshiab thiab cov khoom noj zoo. Hu rau lub chaw Genesee County WIC chav lis haujlwm rau ntawm tus xovtooj (810) 237-4537 yog xav paub ntau ntxiv. Ntxiv rau qhov no, SNAP tau muab ib qho kev pab Double Bucks uas muaj cov khoom noj zoo rau cov tsis muaj txaus.
4. Tau hais thiab pab txhawb kom pub niam mis thiaj yog ib qho tiv thaiv tau zoo. Txawm li cas los xij, yog leej niam cov mis muaj cov tshuaj txhuas ntau tshaj 40ug/dL lossis nws cov tshuaj txhuas muaj ntau dua 20 ug/dL thiab tus menyuam mos muaj cov tshuaj txhuas ntau tshaj 5 ug/dL lawm, tsis txhob pub niam mis rau tus menyuam mos no lawm.
5. Vim cov tshuaj txhuas yog ib hom tshuaj lom uas rau mob hlwb, cov menyuam yaus uas muaj cov tshuaj txhuas lom yuav tsum raug soj qab xyuas mus ntev thiab tej zaum yuav tau saib xyuas kev loj hlob thiab kev kho tus cwjpw. Kav tsij soj qab xyuas nej cov neeg mob seb zoo mus li cas thaum mus saib txhua zaus.
6. Yuav tau mob siab saib xyuas ntxiv thiab muab kev pab txhawb uas muaj txiaj ntsig zoo rau nej cov neeg mob xws li kev mus saib xyuas cov menyuam mos tom tsev, kev pib npaj saib xyuas thaum ntxov thiab kev npaj saib xyuas. Hu rau 2-1-1 yog xav paub ntau ntxiv.

Cov Chaw Kuaj Hauv Ib Cheeb Tsam. Muaj ntau qhov chaw kuaj rau koj thiab nej cov neeg mob:

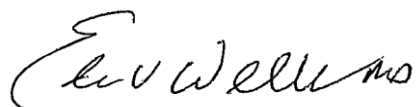
- Kuaj Ntshav. Cov neeg mob yuav tsum xub hu rau lawv lub chaw kuaj mob mus kuaj sim. Lub chaw Genesee County Health Department los kuj kuaj xyuas tau cov tshuaj txhuas. Cov neeg mob uas xav tau kev pab thauj mus los yuav tau hu thov kev pab rau 2-1-1.
- Kuaj Dej. Kuaj dej dawb rau ntawm Lub Tsev Kuaj Dej Hauv Lub Nroog Flint. Cov neeg mob tuaj yeem hu rau 810-787-6537 yog xav paub ntau ntxiv.
- WIC thiab SNAP muab kev pab rau cov niam txiv thiab cov menyuam yaus uas xav tau cov khoom noj tshiab thiab cov khoom noj zoo. Hu rau lub chaw Genesee County WIC chav lis haujlwm rau ntawm tus xovtooj (810) 237-4537 yog xav paub ntau ntxiv.
- Kev Loj Hlob Ntawm Tus Menyuam. Yog koj muaj kev txhawj xeeb txog kev loj hlob, kev paub tab lossis kev kawm ntawm ib tug menyuam yaus, hu rau 2-1-1 nyob hauv koj ib cheeb tsam kom lawv Tuaj Saib Xyuas Tom Tsev.

Cov Websites thiab cov ntaub ntawv sib txuas lus.

- Genesee County Health Department Lead Program
(810) 257-3833
www.gchd.us
- Michigan Department of Health and Human Services Childhood Lead Poisoning Prevention Program
(888) 322-4453
www.michigan.gov/lead
- Michigan Department of Health and Human Services
Cov Duab Vis Dis Aus Tiv Thaiv Cov Tshuaj Txhuas Lom rau Cov Kws Kuaj Mob Xub Thawj
http://www.youtube.com/watch?v=AnkjCW_yGaU&feature=youtu.be
- United States Environmental Protection Agency
www.epa.gov/lead
- U.S. Centers for Disease Control and Prevention (CDC) Web site
www.cdc.gov/nceh/lead

Cov lus qhuab qhia no yuav siv tau mus txog thaum lub tsev haujlwm Genesee County Health Department muaj kev txwv txog kev siv cov dej.

Sau npe,



Eden V. Wells, MD, MPH, FACPM Gary K. Johnson, MD, MPH Tus Thawj Tswj Xyuas

Kev Kuaj Mob Tus Thawj Coj Kev Kuaj Mob

Michigan Lub Tsev Haujlwm Saib Xyuas Kev Noj Qab Haus Huv thiab Tib Neeg Ntawm Lub Chaw Genesee County Health Department