

Michigan Career and Technical Institute – East Certified Nurses Assistant

Program Description

This course provides the student with the necessary skills to seek employment in long-term care facilities as Certified Nursing Assistants. Emphasis is on basic principles of nursing, development and application of nursing skills in long-term care facilities. They receive hands-on instruction in patient care, communication, medical terminology, documentation, and medical equipment. Upon completion of the program, students are offered study and practice sessions to prepare for the State of Michigan competency exam.

Application Requirements

Acceptance in MCTI East program; 8th grade reading/math level.

Additional Requirements

No Felony Convictions – Must be crime free as outlined by Public Acts 27.28 and 29 (2006); No current charges pending; Physical Examination including blood work and immunization; TB Test

Aptitude/Abilities

- Ability to follow orders, work under close supervision, perform well under stress and perform a variety of tasks
- Demonstrate emotional stability, caring and empathetic attitude, good interpersonal communication skills
- Enjoy dealing with people beyond receiving work instructions
- Physically demanding

Job Outlook

There are many jobs opportunities for nursing assistants in nursing homes, home care, hospitals, and private duty. Students can expect an entry wage of \$7.40 - \$12.50 per hour.

What is a Certified Nursing Assistant?

Nurse Assistants perform routine tasks in the general care of hospital, clinic, and nursing home patients. C.N.A.'s work directly under the supervision of registered and vocational nurses. C.N.A.'s perform services that require less training, therefore, freeing the medically trained staff for more highly skilled, specialized duties.

What tasks do Certified Nursing Assistants do?

- Answers patient call lights
- Tidies patients' room, changes soiled linen
- Assists with personal hygiene
- Serves meals, water and snacks
- Transports patients, helps patients walk
- Takes and records temperature, pulse, respiration and blood pressure
- Collects specimens; urine, stool, sputum
- Performs procedures including Heimlich maneuver, isolation, Universal Precautions, gait belt, post mortem care

MCTI EAST

11457 Shoemaker, Suite 1003, Detroit, MI 48213 (313) 267-0120 phone (313) 267-0127 fax
855-246-MCTI toll-free

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Work Keys

1. Reading for Information Work-Keys Level 4.
2. Applied Mathematics Work-Keys Level 3.

CASAS Scaled Score

1. Reading 226 – 235
2. Math 216 – 225

Temperament

1. Performs a VARIETY (V) of tasks.
2. Enjoys working with PEOPLE (P) in job situations.
3. Ability to prioritize and working UNDER (U) specific instructions.

Physical Demands

M – Medium meaning exerting 20 TO 50 POUNDS OF FORCE OCCASIONALLY, or 10 TO 25 POUNDS OF FORCE FREQUENTLY, greater than negligible up to 10 pounds of force constantly to move objects.

Physical demand requirements are in excess of those for Light Work.

04O STOOPING, that is, bending body downward and forward by bending spine at the waist, requiring full use of the lower extremities and back muscles - OCCASIONALLY, meaning that this activity or condition exists up to 1/3 of the time.

08F REACHING, that is, extending the hand(s) and arm(s) in any direction - FREQUENTLY, meaning that this activity or condition exists from 1/3 to 2/3 of the time.