

Michigan Career and Technical Institute – East Mental Health Technician

Course Description

The Mental Health Technician program is 4 weeks. Students will receive their Certificate of Training after completion of the program and are scheduled to take the National Health Career Association Mental Health Technician Exam.

The program includes: Documentation, Planning, Intervention, Specialization in Psychiatric Disorders, Interdisciplinary Collaboration, Therapies, Advanced Directives, Discharge Planning Patient Care, Communication and Job Skills and Textbook Learning Objectives

Application Requirements

Acceptance in MCTI East program; 4th grade reading/math level. Applicants **CANNOT** have a criminal background; **MUST** be a Licensed Certified Nurses Assistant

What is a Mental Health Technician?

A Mental Health Technician is trained as a psychiatric aide; they provide nursing aide duties with addition of participating in the social work activity departments with emotionally disabled patients, mentally retarded, emotionally disturbed, or psychiatric patients under the supervision of a psychiatrist, psychologist, registered nurse, social worker or activities director.

Job Outlook

There are many job opportunities for mental health technicians in psychiatric hospitals, mental health clinics, nursing homes, hospitals, & private duty. The average wage for a mental health technician in Michigan is \$13.00 per hour with a median salary of \$31,585.

Work Environment

Mental health technicians/aides work in a wide variety of settings including mental hospitals, community general hospitals, community mental health centers, psychiatric clinics, schools for mentally retarded, social service agencies, geriatric nursing homes, child or adolescent centers, and halfway houses. They generally work a 40-hour week. Because patients need care 24 hours a day, scheduled work hours may include nights, weekends, and holidays. They will spend most of their time on their feet.

What tasks do Mental Health Technicians do?

- Admit and interview patients
- Assist with administering medication
- Bathes, dresses and grooms patients
- Feeds patients who need help
- Transports patients, helps patients walk
- Plan and implement individual patient treatment plans
- Assist with patient participation in educational, recreational, & therapeutic activities
- Recognize and report changes in patients behavior
- Observes and reports unusual conditions

MCTI EAST

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Mental Health Technician

Work Keys

1. Reading for Information Work-Keys Level 4.
2. Applied Mathematics Work-Keys Level 3.

CASAS Scaled Score

1. Reading 226 – 235
2. Math 216 – 225

Temperament

1. Performs a VARIETY (V) of tasks.
2. Enjoys working with PEOPLE (P) in job situations.
3. Ability to prioritize and working UNDER (U) specific instructions