

Protecting
Advocating
Serving

Pain Advocacy: The Mayday Fund

2011 Michigan Pain and Palliative Care Assembly
September 16, 2011

The Mayday Fund

Background

- **Shirley Steinman Katzenbach (1917-1991)**
Philanthropist and Volunteer
- **Established in 1992 to further her commitment to social and medical causes**
- **Fund Trustees adopted Ms. Katzenbach's special interest in the treatment of pain as the Fund mission**
- **“M'aidez” or “help me”**

The Mayday Fund

Mission:

- The Mayday Fund is dedicated to alleviating the incidence, degree and consequence of human physical pain

Principles:

It is better to be a rifle than a shotgun

- Creating meaningful change with modest funding.

It is necessary to close the gap between knowledge and practice

- Excellent research has led to a wealth of information
- Existing knowledge needs to be effectively used

The Mayday Fund

Application Guidelines

Mayday's current grant-making targets --

- **Projects that result in clinical interventions to reduce the toll of pain**
- **Pediatric pain**
- **Pain in non-verbal populations**
- **Pain in the context of emergency medicine**
- **Desire to remain flexible to respond as special opportunities are identified**

The Work of The Mayday Fund

The Fund is engaged in a number of projects targeted to alleviating pain

Partnerships can expand reach --

- Currently, the Fund partners with the
- Donahue Foundation to support the *“Implementation of a Stepped Care Model of Pain Management”* at the West Haven Connecticut VA Hospital
- John A. Hartford Foundation, on its *“Building Academic Geriatric Nursing Program.”*

2010 Grants

- **Pain Help: A Proof of Concept Trial to Prevent the Transition from Acute to Chronic – UNC, Chapel Hill**
- **Task Force on Nursing Home Pain – Sigma Theta Tau International Foundation for Nursing, Indianapolis**
- **Contribution to Promote the “Safe Use” of Pain Medications for Older Americans – American Geriatric Society**
- **PRN - Pain Resource Nurse Manual for the VA System – University of Wisconsin, Madison**
- **Educational Tools for Immunization Pain Management in Children – University of Toronto**
- **Acupuncture for Relieving Pain in Newborns – Arkansas Children’s Hospital Foundation, Little Rock**
- **PICH: Pain in Child Health: Strategic Training Initiative in Health Research – IWK Health Centre, Halifax**

2010 Grants (cont.)

- **Contribution to Pediatric Palliative Care Master Class – DC Pediatric Palliative Care Collaborative, Washington, DC**
- **Extension of a Longitudinal Study of Pediatric Chronic Pain – UCLA Pediatric Pain Program, Los Angeles**
- **Pediatric Pain Distraction Video for Parents, University of Iowa Foundation, Iowa City**
- **Childkind International – Connecticut Children’s Medical Center, Hartford**
- **Contribution to the WHO’s Treatment Guidelines for Chronic Pain in Children – International Association for Hospice and Palliative Care, Houston**
- **Analysis of Biofeedback as a Therapeutic Intervention for Post Amputation Pain – Center for Pain Studies, Rehabilitation Institute of Chicago**

2010 Grants (cont.)

- **Exploratory Analgesic Dietary Intervention for Chronic Daily Headache – Program on Integrative Medicine, UNC, Chapel Hill**
- **Development of a Simple, Reliable Tool for Rapid Screening for Pain and Palliative Care (needs) in Hospitalized Patients with Advanced Cancer – Memorial Sloane Kettering Cancer Center, New York**
- **Implementation of a VA Stepped Care Model of Pain Management – Yale University School of Medicine and West Haven VA Hospital**
- **Project STEP-ing Out: Sharing Best Practices in Pain Management Between Community Health Center, Inc. And VA Connecticut Healthcare System – Community Health Center, Middletown**
- **Pain Perceptions and Treatment in Intensive Care Units – Newark Beth Israel Medical Center, Newark**

2010 Grants (cont.)

- The Council on Foundations Philanthropy New York (Foundation Citizenship)
- Contribution to the International Pain Summit – International Association for the Study of Pain, Seattle
- Exploring the Impact of Opioid Contracts – A Consensus Meeting – Center for Practical Bioethics, Kansas City
- **TOTAL GRANTS PAIN IN 2010: \$1,057,507.83**

The Work of The Mayday Fund

Emerging issues for research Include:

- What accounts for the transition from acute to chronic pain
- How to expedite the transfer of knowledge to improve practice
- Overcoming the stigma of pain
- Progressive integration of multidisciplinary pain assessment and treatment into the fabric of everyday medical care
- Medical and regulatory issues regarding the use of opioid medications for chronic non-cancer pain

Mayday Fellows and Scholars Programs

Supporting leadership in the field through Fellows and Scholars Program

- **Role Model Fellows**
- **Legal Scholars through the American Society of Law, Medicine and Ethics**
- **Currently, Research Fellowships through the John A. Hartford Foundation's "Building Academic Geriatric Nursing Capacity Initiative"**

Mayday Pain and Society Fellowship

Established 2004 – providing tools to reach the broader public

- **Six Fellows per year**
- **5 months coaching in media, policy and leadership**
- **To date, 30 Fellows have been trained to work**
 - **Media - print, broadcast and Internet resources**
 - **Policy makers at the local, state and federal levels**
 - **Identify and address gaps in the public's knowledge about physical pain and its treatment**

Mayday Pain Project

- **Web based searchable resources for**
 - **Caregivers**
 - **People in Pain**
 - **Health Care Professionals**

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www.maydayfund.org

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Mayday Fellow (2008)

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