

## Non-Opioid Pain Treatments

- [General Pain Relief - Nondrug, Complementary, Alternative](#)
- [Acupuncture](#)
- [Adjuvant Drugs](#)
- [Biofeedback](#)
- [Botulinum Toxin \(BOTOX\) Injections](#)
- [Cold or Heat Therapy](#)
- [Electroanalgesia \(incl. CES, PENS, SCS, TENS, & Others\)](#)
- [Exercise Therapy](#)
- [Headache - Drug & Non-Drug Therapies](#)
- [Herbal Medicines & Dietary Supplements](#)
- [Interventional Pain Management](#)
- [NSAIDs & OTC Analgesics](#)
- [Nuclear Medicine](#)
- [Physical Therapies \(plus Massage & Shockwave Therapy\)](#)
- [Psychological Interventions \(plus Hypnosis & Music\)](#)
- [Topical Analgesia](#)



**Also see the following for additional documents of interest:**

- Non-Opioid/Alternative Therapies **Clinical Guidelines:** <[Click Here](#)>
- Non-Opioid/Alternative Therapies **Systematic Reviews:** <[Click Here](#)>
- Non-Opioid Therapies **Position/Policy Statements:** <[Click Here](#)>