

DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS

DIRECTOR'S OFFICE

CONSTRUCTION SAFETY STANDARDS

Filed with the Secretary of State on December 9, 2014

These rules become effective immediately upon filing with the Secretary of State unless adopted under section 33, 44, or 45a(6) of 1969 PA 306. Rules adopted under these sections become effective 7 days after filing with the Secretary of State.

(By authority conferred on the director of the department of licensing and regulatory affairs by sections 19 and 21 of 1974 PA 154, **MCL 408.1019 and 408.1021**, and Executive Reorganization Order Nos. 1996-2, 2003-1, 2008-4, and 2011-4, MCL 445.2001, 445.2011, 445.2025, and 445.2030)

R 408.41105, R 408.41111, R 408.41113, R 408.41121, R 408.41124, R 408.41127, and R 408.41140 of the Michigan Administrative Code are amended and R 408.41102a is added, and R 408.41123 is rescinded, as follows:

PART 11. FIXED AND PORTABLE LADDERS

R 408.41102a Adopted and referenced standards.

Rule 1102a. (1) The following American National Standard Institute (ANSI) standards are adopted by reference:

- (a) ANSI standard A14.1 "Ladders – Wood Safety Requirements," 1990 edition. Cost: \$36.00.**
- (b) ANSI standard A14.2 "Ladders – Portable Metal – Safety Requirements," 1990 edition. Cost: \$41.00.**
- (c) ANSI standard A14.3 "Ladders – Fixed – Safety Requirements," 1984 edition. Cost: \$25.00.**
- (d) ANSI standard A14.5 "Ladders – Portable Reinforced Plastic – Safety Requirements," 1982 edition with 1985 supplement. Cost: \$42.00.**

(2) The standards adopted in subrule (1) of this rule are available from Global Engineering Documents, 15 Inverness Way East, Englewood, Colorado 80112, telephone number 1-800-854-7179, website: www.global.ihc.com, at the cost listed above.

(3) The standards adopted in these rules are also available for inspection at the Department of Licensing and Regulatory Affairs, MIOSHA Regulatory Services Section, 7150 Harris Drive, Lansing, Michigan, 48909-8143.

(4) The standards adopted in these rules may be obtained from the publisher or may be obtained from the Department of Licensing and Regulatory Affairs, MIOSHA Regulatory Services Section, 7150 Harris Drive, P.O. Box 30643, Lansing, Michigan, 48909-8143, plus \$20.00 for shipping and handling.

(5) The following Michigan occupational safety and health (MIOSHA) standards are referenced in these rules. Up to 5 copies of these standards may be obtained at no charge from the Department of Licensing and Regulatory Affairs, MIOSHA Regulatory Services Section, 7150 Harris Drive, P.O. Box 30643, Lansing, Michigan, 48909-8143 or via the internet at website: www.michigan.gov/mioshastandards. For quantities greater than 5, the cost, as of the time of adoption of these rules, is 4 cents per page.

- (a) Construction Safety Standard Part 16 "Power Transmission and Distribution," R 408.41601 to R 408.41658.**
- (b) Construction Safety Standard Part 22 "Signals, Signs, Tags, and Barricades," R 408.42201 to R 408.42243.**
- (c) Construction Safety Standard Part 45 "Fall Protection," R 408.44501 to R 408.44502.**
- (d) General Industry Safety Standard Part 3 "Fixed Ladders," R 408.10301 to R 408.10372.**

R 408.41105 Definitions; S to W.

Rule 1105. (1) "Safety feet" means a safety device that is placed on the foot of the side rails of straight, sectional, or extension ladders to reduce the likelihood that the base will slip. Safety feet may be flat pads that are covered with a nonslip material, pointed metal projections, or spur wheels.

(2) "Side-step ladder" means a ladder that requires an employee who is getting off at the top of the ladder to step sideways from the ladder to reach the landing.

(3) "Single-cleat ladder" means a ladder ~~which~~ **that** consists of a pair of parallel side rails that are connected with cleats which are joined to the side rails at regular intervals.

(4) "Single-rail ladder" means a portable ladder that has rungs, cleats, or steps which are mounted on a single rail instead of the normal 2 rails that are used on most other ladders.

(5) "Special-purpose ladder" means a portable ladder that represents either a modification or a combination of design or construction features in 1 or more of the general purpose types of ladders, as defined in R 408.41103(5) and (6), R 408.41104(5) and (6), and subrules (4) and (6) of this rule, in order to adapt the ladder to special or specific uses.

(6) "Stepladder" means a self-supporting portable ladder ~~which~~ **that** is nonadjustable in length and ~~which~~ **that** has flat steps and a hinged back. A stepladder's size is measured along the front edge of the side rails.

(7) "Steps" means the flat crosspieces of a ladder on which a person may step to ascend or descend.

(8) "Through ladder" means a ladder that requires an employee who is getting off at the top of the ladder to step through the ladder to reach the landing.

(9) "Trestle ladder" means a self-supporting portable ladder which is nonadjustable in length and which consists of 2 sections that are hinged at the top to form equal angles with the base. The size of the ladder is designated by the length of the side rails measured along the front edge.

(10) "Well" means a permanent complete enclosure around a fixed ladder that protects a climber. Proper clearance for a well will give the same protection as a cage.

(11) "Worn" means a reduction of the dimension of a wood or **non-wood**~~nonwood~~ part by more than 10% of its original size.

R 408.41111 **Ladders.** ~~Adoption by reference; certification.~~

Rule 1111. (1) A manufactured portable wood ladder shall be constructed and maintained as prescribed in the ANSI standard A14.1 -1990, "**Ladders – Wood Safety Requirements,**" 1990 edition, ~~which is as adopted by reference in R 408.41102a. this rule and may be inspected at the Lansing office of the department of licensing and regulatory affairs. This standard may be purchased at a cost as of the time of adoption of this rule of \$36.00 from Global Engineering Documents, 15 Inverness Way East, Englewood, Colorado, 80112, telephone number 1-800-854-7179, website: www.global.ihs.com, or from the Michigan Department of Licensing and Regulatory Affairs, 7150 Harris Drive, Box 30643, Lansing, Michigan 48909.~~

(2) A manufactured portable metal ladder shall be constructed and maintained as prescribed in the ANSI standard A14.2 1990, "**Ladders – Portable Metal – Safety Requirements,**" 1990 edition, ~~which is as adopted by reference in R 408.41102a. this rule and may be inspected at the Lansing office of the department of licensing and regulatory affairs. This standard may be purchased at a cost as of the time of adoption of this rule of \$41.00 from Global Engineering Documents, 15 Inverness Way East, Englewood, Colorado, 80112, telephone number 1-800-854-7179, website: www.global.ihs.com, or from the Michigan Department of Licensing and Regulatory Affairs, 7150 Harris Drive, Box 30643, Lansing, Michigan 48909.~~

(3) A manufactured portable plastic ladder shall be constructed and maintained as prescribed in the ANSI standard A14.5 -1982 and supplement 1985, "**Ladders – Portable Reinforced Plastic – Safety Requirements,**" 1982 edition ~~with 1985 supplement, which is as adopted by reference in R 408.41102a. this rule and may be inspected at the Lansing office of the department of licensing and regulatory affairs. This standard may be purchased at a cost as of the time of adoption of this rule of \$42.00 from Global Engineering Documents, 15 Inverness Way East, Englewood, Colorado, 80112, telephone number 1-800-854-7179, website: www.global.ihs.com, or from the Michigan Department of Licensing and Regulatory Affairs, 7150 Harris Drive, Box 30643, Lansing, Michigan 48909.~~

(4) Fixed ladders shall be constructed and maintained as prescribed in the ANSI standard A14.3 -1984, "**Ladders – Fixed – Safety Requirements,**" 1984 edition, ~~which is as adopted by reference in R 408.41102a. this rule and may be inspected at the Lansing office of the department of licensing and regulatory affairs. This standard may be purchased at a cost as of the time of adoption of this rule of \$20.00 from Global Engineering Documents, 15 Inverness Way East, Englewood, Colorado, 80112, telephone number 1-800-854-7179, website: www.global.ihs.com, or from the Michigan Department of Licensing and Regulatory Affairs, 7150 Harris Drive, Box 30643, Lansing, Michigan 48909.~~

(5) A manufactured portable ladder shall be branded or have a permanent label permanently affixed by the manufacturer which shows the type of ladder and certifies that it meets the requirements of the appropriate ANSI standard as set out in subrules (1) to (4) of this rule.

R 408.41113 General requirements.

Rule 1113. (1) A ladder shall be provided at all personnel points of access if there is a break in elevation of 19 inches (48 cm) or more and if a ramp, runway, sloped embankment, stairway, or personnel hoist is not provided.

(2) When a building or structure has only 1 point of access between levels, that point of access shall be kept clear to permit the free passage of employees. When work must be performed or equipment must be used, that restricts the free passage of employees at the point of access, **an employer shall provide** a second point of access ~~shall be provided and the access must be~~ used.

(3) When a building or structure has 2 or more points of access between levels, **the employer shall ensure** at least 1 point of access ~~shall be~~ **is** kept clear to permit the free passage of employees.

(4) Employers shall provide and install all ladder fall protection systems that are required by this part and shall comply with all other pertinent requirements of this part before employees begin the work that necessitates the installation and use of ladders and their respective fall protection systems.

(5) Ladder rungs, cleats, and steps shall be parallel, level, and uniformly spaced when a ladder is in position for use.

(6) Rungs, cleats, and steps of portable ladders, except as provided in subrules (7) and (8) of this rule, and fixed ladders shall be spaced not less than 10 inches (25 cm) apart and not more than 14 inches (36 cm) apart, as measured between the center lines of the rungs, cleats, and steps .

(7) Rungs, cleats, and steps of step stools shall be not less than 8 inches (20 cm) apart and not more than 12 inches (31 cm) apart, as measured between center lines of the rungs, cleats, and steps.

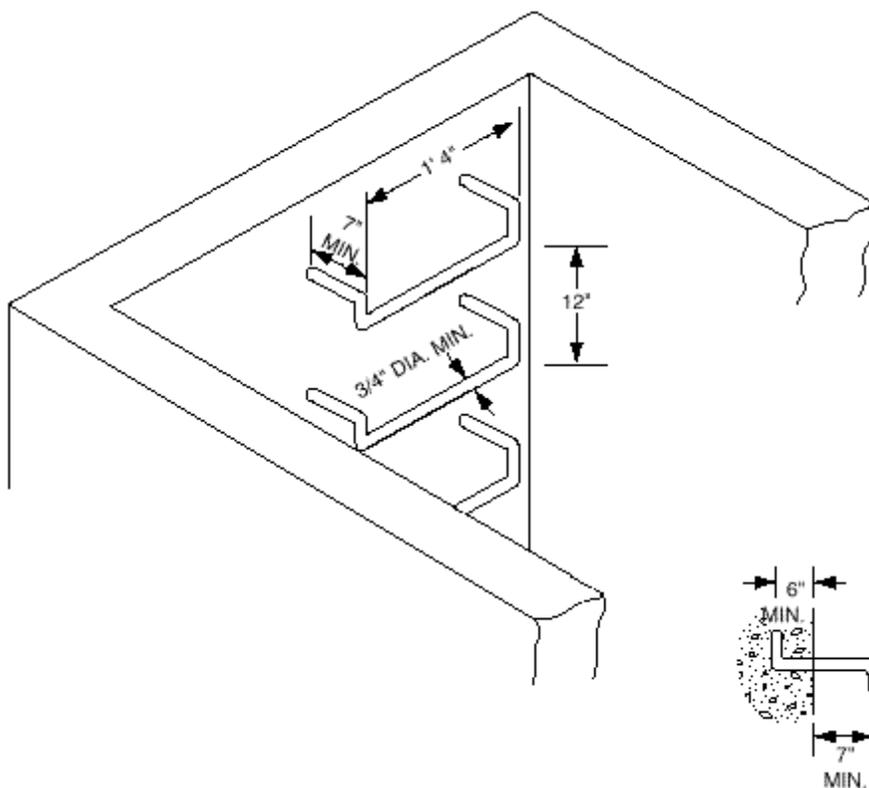
(8) Rungs, cleats, and steps of the base section of extension trestle ladders shall be not less than 8 inches (20 cm), nor more than 18 inches (46 cm), apart, as measured between center lines of the rungs, cleats, and steps. The rung spacing on the extension section of the extension trestle ladder shall be not less than 6 inches (15 cm), nor more than 12 inches (31 cm), as measured between center lines of the rungs, cleats, and steps.

(9) The minimum clear distance between the sides of individual rung-type stepladders and the minimum clear distance between the side rails of other fixed ladders shall be 16 inches (41 cm).

(10) The minimum clear distance between side rails for all portable ladders shall be 11 1/2 inches (29 cm).

(11) The rungs of individual rung-type stepladders shall be shaped so that an employee's feet cannot slide off the end of the rungs. See figure 1.

FIGURE 1
SUGGESTED DESIGN FOR RUNGS ON INDIVIDUAL RUNG LADDERS
Figure for R 408.41113



(12) The rungs and steps of fixed metal ladders that are manufactured after January 14, 1991, shall be corrugated, knurled, dimpled, coated with skid-resistant material, or otherwise treated to minimize slipping.

(13) The rungs of steps of portable metal ladders shall be corrugated, knurled, dimpled, coated with skid-resistant material, or otherwise treated to minimize slipping.

(14) Except when portable ladders are used to gain access to fixed ladders, such as ladders on utility towers, billboards, and other structures where the bottom of the fixed ladder is elevated to limit access, when 2 or more separate ladders are used to reach an elevated work area, the ladder shall be offset with a platform or landing between the ladders.

(15) Ladder components shall be surfaced in a manner that prevents employee injury due to punctures or lacerations and prevents the snagging of clothing.

R 408.41121 Inspection; faults and defects.

Rule 1121. (1) A ladder, as prescribed in this part, shall be used to provide safe access to all elevations, unless other means, such as steps, stairs, ramps, runways, or elevators, are provided.

(2) A ladder shall be inspected before use and after it has fallen or been involved in an accident to determine its condition.

(3) A ladder that has any of the following faults and defects shall be immediately tagged "DANGEROUS - DO NOT USE" and shall be withdrawn from service:

(a) Broken, worn, or missing rungs, cleats, or steps.

- (b) Broken or split side rails.
- (c) Broken or bent guides or iron spreaders.
- (d) Broken or bent locks.

The tag shall be as prescribed in **Construction Safety Standard Part 22 “Signals, Signs, Tags, and Barricades,” as referenced in R 408.41102a.** ~~rules 2241 and 2242 of Part 22. Signals, Signs, Tags and Barricades, being R 408.42241 and R 408.42242 of the Michigan Administrative Code.~~

(4) Fixed ladders that have structural defects, such as broken or split rails or corroded components, shall be withdrawn from service until repaired. The requirement to withdraw a defective ladder from service is satisfied if 1 of the following provisions is complied with:

- (a) The ladder is immediately tagged with the words "do not use" or similar language.
 - (b) The ladder is marked in a manner that readily identifies it as defective.
 - (c) The ladder is blocked, such as with a plywood attachment that spans several rungs.
- (5) Ladder repairs shall restore the ladder to a condition that meets its original design criteria before the ladder is returned to use.

R 408.41123 Classification of ladders. **Rescinded.**

~~Rule 1123. The use of all manufactured portable ladders or stepladders shall be limited to those classified as type IA or type I, as prescribed in ANSI A14.1-1990, which is adopted by reference in this rule and may be inspected at the Lansing office of the department of licensing and regulatory affairs. This standard may be purchased from Global Engineering Documents, 15 Inverness Way East, Englewood, Colorado, 80112, telephone number 1-800-854-7179, website: www.global.ihs.com, or from the Michigan Department of Licensing and Regulatory Affairs, MIOSHA Standards Section, 7150 Harris Drive, Box 30643, Lansing, Michigan 48909, at a cost as of the time of adoption of this rule of \$36.00.~~

R 408.41124. Portable ladders.

Rule 1124. (1) A portable ladder shall be used at such a pitch that the horizontal projected distance from the top support to the base is not more than 1/4 of the vertical distance between these points.

(2) A portable ladder in use shall be equipped with appropriate safety feet, unless the ladder is tied, blocked, or otherwise secured to prevent it from being displaced. **Slip-resistant** ~~Slipresistant~~ feet shall not be used as a substitute for care in placing, lashing, or holding a ladder that is used upon slippery surfaces, including flat metal or concrete surfaces that are constructed so that they cannot be prevented from becoming slippery.

(3) A portable ladder that is used at such a pitch that the horizontal projected distance from the top support to the base is less than 1/5 of the vertical distance between these points shall be secured at the top to prevent tipping backward.

(4) A portable ladder that is used at a pitch of 80 degrees or more shall be in compliance with the requirements of a fixed ladder as prescribed in **General Industry Safety Standard Part 3 “Fixed Ladders,” as referenced in R 408.41102a.** ~~R 408.10335.~~

(5) When portable ladders are used for access to an upper landing surface, the ladder side rails shall extend not less than 3 feet (.9 m) above the upper landing surface to which the ladder is used to gain access; or, when such an extension is not possible because of the ladder’s length, then the ladder shall be secured at its top to rigid support that will not deflect and a grasping device, such as a grabrail, shall be provided to assist employees in mounting and dismounting the ladder. The side rails shall not extend in a manner that would permit ladder deflection under a load, by itself, to cause the ladder to slip off its support. The top of a non-self-supporting ladder shall be placed with the 2 rails supported equally, unless the ladder is equipped with a single support attachment.

(6) A manufactured portable metal ladder shall not be used for electrical work or where the ladder or an employee may contact electrical conductors.

A ladder shall have nonconductive siderails if the ladder is used where the employee or the ladder could contact exposed energized electrical equipment, **except as provided in Construction Safety Standard Part 16 “Power Transmission and Distribution,” as referenced in R 408.41102a.**

(7) A metal ladder shall not be used or moved unless a minimum of 20 feet is maintained between power transmission or distribution lines.

(8) A power transmission or distribution line or electrical apparatus shall be considered energized unless the property owner or utility indicates it is de-energized and the line or apparatus is visibly grounded. Where de-energizing is impractical, the minimum clearances set forth in table 1 shall be maintained between the ladder, employee, or material, whichever is closer.

(9) Table 1 reads as follows:

TABLE 1

VOLTAGE	MINIMUM CLEARANCE
To 50 kV	10 feet
Over 50 kV	10 feet plus .4 inch per kV

(10) An employee who is using a portable ladder shall not stand on the top 2 rungs or within 3 feet of the top of the ladder.

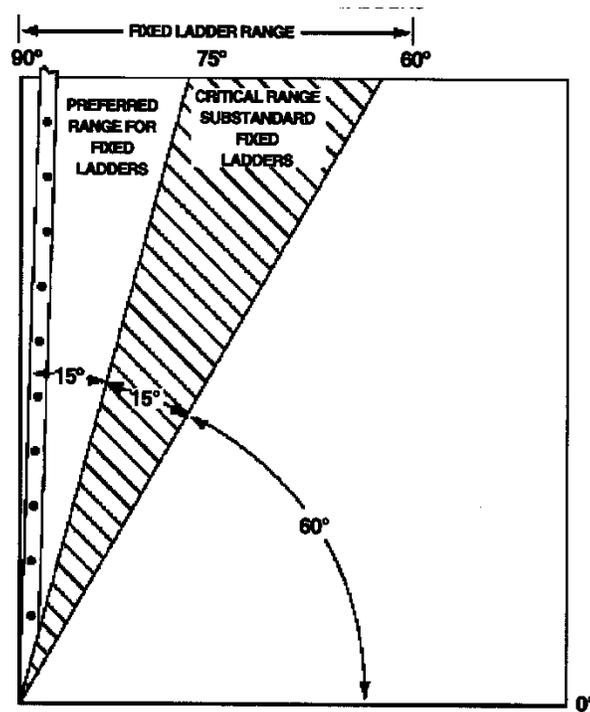
(11) Two portable ladders shall not be spliced together to provide long sections unless such ladders are specifically designed for such use.

(12) A portable 2-section extension ladder shall be erected so that the top section rests on the base section. The top section shall be the section nearest to the climber.

(13) A non-self-supporting ladder shall be used at an angle such that the horizontal distance from the top support to the foot of the ladder is approximately 1/4 of the working length of the ladder that is the distance along the ladder between the foot and the top support.

(14) A fixed ladder shall be used at a pitch of not more than 90 degrees from the horizontal, as measured to the back side of the ladder.

See figure 5.



R 408.41127 Single and double-cleat ladders generally.

Rule 1127. (1) A job-built ladder shall not be more than 24 feet in length. If the length of a required job-built ladder would be more than the maximum length, 2 or more separate ladders shall be used and shall be offset with a platform between each ladder that is not supported by the ladders. Ladders used with a platform shall be secured at the top and bottom.

(2) The platform shall be designed to support 4 times the intended load. Guardrails and toeboards, as prescribed in **Construction Safety Standard Part 45 "Fall Protection," as referenced in R 408.41102a.** ~~Part 45. Fall Protection, being R 408.44501 et seq. of the Michigan Administrative Code,~~ shall be erected on the exposed sides of the platform. Rails shall extend above the top landing at least 36 inches but not more than 42 inches to provide a handhold for mounting and dismounting, and cleats shall be eliminated above the landing level. When 2 or more separate job-built ladders are used with a platform, the ladders shall be completely offset from each other and the minimum horizontal distance between adjacent side rails shall be 6 inches.

(3) Side rails of a job-built ladder shall be continuous.

(4) Each cleat of a job-built ladder shall be a continuous member.

(5) A wood cleat shall be not less than nominal 1-inch by 4-inch construction grade lumber for a cleat less than 20 inches in length and not less than nominal 2-inch by 4- inch construction grade lumber for a cleat from 20 inches to 50 inches in length. **Knot-free** ~~Knotfree~~ lumber shall be used for cleats.

(6) The cleats shall be uniformly spaced 12 inches top to top. A cleat shall be attached to the narrow face of each side rail using 2 10-d nails for nominal 1-inch by 4-inch cleats or 2 16-d nails for 2-inch by 4-inch cleats .

(7) Filler blocks shall be used on the rails between cleats. Filler blocks of the same thickness as the cleats shall be inserted between cleats and butted tightly against the underside of each cleat.

(8) Side rails shall not be cut into house cleats.

R 408.41140. Fixed ladders.

Rule 1140. A fixed ladder shall be as prescribed in **General Industry Safety Standard Part 3 “Fixed Ladders,” as referenced in R 408.41102a.** ~~Part 3. Fixed ladders, being R 408.10301 et seq. of the Michigan Administrative Code. This standard may be inspected at or purchased from the Michigan Department of Licensing and Regulatory Affairs, MIOSHA Standards Section, 7150 Harris Drive, Box 30643, Lansing, Michigan 48909.~~