

## Michigan Department of Agriculture and Rural Development Allergen Poster Approval Criteria



- Food allergy awareness posters must be approved by the department.
- The department will only approve posters that meet the following criteria:
  1. Lists the eight major food allergens:
    - a. Milk
    - b. Eggs
    - c. Fish
    - d. Crustacean Shellfish
    - e. Wheat
    - f. Soybeans
    - g. Peanuts
    - h. Tree Nuts
  2. List symptoms of an allergic reaction:
    - a. Loss of consciousness
    - b. Shortness of breath
    - c. Itching or tingling in or around the mouth, face, scalp, hands, and feet
    - d. Hives (welts)
    - e. Wheezing or difficulty breathing
    - f. Swelling of the face, eyelids, tongue, lips, hands, or feet
    - g. Tightening of the throat (difficulty swallowing)
    - h. Sudden onset of vomiting, cramps, or diarrhea
  3. List actions to be taken if a customer informs a food service establishment employee they have a food allergy.
  4. List action to be taken if a customer has an allergic reaction.
  5. Text on the poster should be a minimal 21 point font size and be a contrasting color from the background.

To submit a poster for review please call  
1-800-292-3939