You can’t see or feel many illnesses and life-threatening problems, like heart defects, lead poisoning, or hearing and vision problems.

If you or your children — or grandchildren — are under age 21, you can help keep them healthy.

Call your doctor TODAY to make an appointment for a free check-up. Your doctor will let you know how often you need to come in for a health check-up.

Check-ups include:

Physical Exam
Shots (immunizations)
Blood lead testing
Growth and developmental checks
Hearing and vision checks
Dental checks & referrals as needed

Please call your health care provider to make an appointment for a health check-up.

Make that date for good health sake!

For questions and/or problems, or help to translate, call the Beneficiary Help Line at 1-800-642-3195 (TTY 1-866-501-5656).
Spanish: Si necesita ayuda para traducir o entender este texto, por favor llame al teléfono 1-800-642-3195 (TTY 1-866-501-5656)
Arabic: 1-800-642-3195 (TTY 1-866-501-5656)
Regular dental check-ups may keep you or your child from getting cavities later. Catching problems early helps keep your teeth healthy and strong.

Medicaid pays for you or your child to get FREE health and dental check-ups, from birth to age 21.

Call your health and dental provider TODAY to make an appointment for a FREE health or dental check-up. Find out if you have any problems—from heart defects to lead poisoning and more—before you or your child feels sick or has serious problems.

What If I Don’t Have Any Way to Get to the Health or Dental Check-up?

Medicaid can help you get a ride to your health or dental check-up if you do not have any other way to get there.

Contact your Medicaid Health Plan for help getting a ride for medical appointments. If you do not belong to a health plan or for dental appointments, contact your local Department of Human Services (DHS) office.

You need to call your health plan or DHS before you need a ride to find out if you qualify.

Don’t delay—call your health care provider and...

Make that date for good health sake!

What are Health Check-ups?

"Health check-ups" are exams and tests that may not be done when you go to the doctor because you are sick or don’t feel good. Children need to have regular check-ups.

You need to make a separate appointment for a health check-up to give your doctor extra time to do exams and tests that may find problems that you do not know about. Catching problems early can help you or your child from getting really sick later.

What are Dental Check-ups?

"Dental check-ups" are tooth exams and x-rays that may not be done when you go to the dentist for toothaches or pains.

Going to a dentist regularly helps keep you and your teeth healthy. Children should go to a dentist by age 1. By age 3, all children should go to a dentist every six months.

You need to make a separate appointment to give your dentist extra time to do exams, teeth cleanings, and x-rays that may find problems that you do not know about.

Schedule a FREE health check-up so you can know about the problems—from heart defects to lead poisoning and more—before you or your child feels sick or develops a serious complication.