

Preconceptional Health Internet Resource List

American Family Physician: Preconception Health Care www.aafp.org/afp/20020615/2507.html

Comprehensive cover article on preconceptional health care includes patient handout, checklist, and information on various elements of preconceptional health.

California Preconception Care Initiative

www.marchofdimes.com/california/4949_8258.asp

Resource links for increasing use of preconception care; English and Spanish fact sheets on folic acid, diabetes and pregnancy; and a number of other topics including preconceptional care billing codes used successfully in California.

CDC Folic Acid Now www.cdc.gov/ncbddd/folicacid www.cdc.gov/ncbddd/folico/default.htm (Spanish)

Information on the importance of folic acid with online publication order form, FAQ section, folic acid fact sheets, and a quiz.

CDC Pregnancy-planning Education Program

www.cdc.gov/ncbddd/pregnancy/

Online education program for women planning to become pregnant provides e-mail health messages reminding them how to have a safe pregnancy.

Genetics & Your Practice Curriculum

www.marchofdimes.com/gyponline/index.bm2

Curriculum for health care professionals working with preconception/ prenatal, infant/child, or adolescent/adult clients offers practical information for integrating genetics into patient care.

Georgia Department of Human Resources

<http://health.state.ga.us/programs/women/pregnancyplanning.asp>

Preconceptional health care information including the importance of pregnancy planning and information for women age 35 and over.

March of Dimes: Preconception Curriculum

www.marchofdimes.com/professionals/19640_1483.asp

Curriculum with PowerPoint slide sets for obstetrics/gynecology, internal medicine, family medicine, and pediatrics; includes notes for use in teaching presentations, clinical conferences, grand rounds, etc.

Michigan Genetics Resource Center

www.MiGeneticsConnection.org

Michigan clinical genetic service sites and a section on birth defects prevention with links to other relevant sites.

MMWR: Recommendations to Improve Preconception Health and Health Care --- United States

April 21, 2006-55(RR06) 1-23

www.cdc.gov/mmwr/preview/mmwrhtml/rr5506a1.htm

Ten important recommendations from the CDC/ATSDR Preconception Care Group and Select Panel to improve preconceptional health and preconceptional health care in the United States.

National Birth Defects Prevention Network

www.nbdpn.org

Organization of individuals working in birth defects surveillance, research, and prevention; includes newsletters, list-serv, and links to state birth defects monitoring programs; resource section with past and current birth defects prevention month materials.

National Council on Folic Acid www.folicacidinfo.org

Partnership of over 80 national organizations, associations, and government agencies working to promote folic acid; resource list, e-newsletter and information about folic acid.

National Guideline Clearinghouse www.guideline.gov

Clinical practice guideline on preconception care for women with diabetes (listed under *preconception health*). NGC is a public resource for evidence-based clinical practice guidelines.

New Jersey Department of Health and Senior Services

www.state.nj.us/health/fhs/precon.htm

Information for women of childbearing age regarding preconceptional health and pre-pregnancy planning.

Organization for Teratology Information Services

www.otispregnancy.org

Fact sheets about possible harmful exposures during pregnancy.

Spina Bifida Association www.sbaa.org

Downloadable patient education materials and folic acid tutorials for professionals.

State University of New York, Albany, School of Public Health www.albany.edu/sph/coned/preconcept.htm

Free Women's Health Grand Rounds webcast on preconceptional care with continuing education credits and a preconceptional screening/counseling checklist.

Wisconsin Association for Perinatal Care

www.perinatalweb.org/association/pcon.html

Online parent booklet; preconception checklist; provider's guide to preconceptional risk assessment; information on screening for prenatal and postpartum depression; and fact sheets on asthma, depression, diabetes, and epilepsy.