

PRACTICE IMPROVEMENT STEERING COMMITTEE

April 11, 2013 Meeting
Michigan Association of CMH Boards Building
426 South Walnut Street, Lansing 48933
Minutes

Attendees on Site

Crystal Carrothers (MDCH)
Karen Cashen (MDCH)
Phil Cave (Genesee)
Luann Gray (Kalamazoo)
Colleen Jasper (MDCH)
Mark Lowis (MDCH)
Darren Lubbers (Ottawa)
Crystal Palmer (Detroit-Wayne)
Alyson Rush (MDCH)
Steve Wiland (EMU)

Attendees by Phone

Nora Barkey (MDCH)
Toby Bayless (CEI)
Sean Bennett (Consumer Advocate)
Risa Coleman (Detroit-Wayne)
Sheri Falvay (MDCH)
Barbara Glasheim (Saginaw)
Kathy Haines (MDCH)
Joel Hoepfner (CEI)
Kathy Kovach (Oakland)
Mary Kronquist (CEI)
Maureen Molonoey (CEI)
Mary Ruffolo (University of Michigan)
Tom Seilheimer (Thumb Alliance)
Leonard Smith (Flinn Foundation)
Rosa Thomas (Macomb)
Laura Vredeveltdt (The Standards Group)
Patty Wagenhofer (Genesee)
Lucy Wilcox (NorthCare)
Kim Zimmerman (CEI)

I. Welcome and Introductions

All were welcomed and everyone introduced themselves.

II. Review/approval of 01/10/13 Minutes

The recorder was Mark Lowis. Phil stated that the cohort recruitment process under the DBT section is actually referring to Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) rather than DBT. Minutes were approved with the revision.

III. Agenda

Mark added an update about Eastern Michigan University from Steve Wiland to the agenda. Kathleen added a discussion about applied behavioral analysis to EBP. The agenda was adopted.

IV. Applied Behavioral Analysis – Kathleen Kovach

- The applied behavioral analysis has now been launched. The guidelines have been approved because of CMS's approval of the benefits. Kathleen was interested in how it is being coordinated and how there will be consistent training and fidelity to the models. Sheri Falvay mentioned that there are performance measures that were required as part of 1915i amendment submission. Those things could be shared at an upcoming meeting. She suggested that the PISC should include the state autism coordinator, Lisa Grost, and other staff coming on board if this will be an ongoing discussion at the meetings.

V. FY14 Block Grant Request for Applications (RFA) – Karen Cashen

- The RFA went to the CEO's on March 5th. Karen wanted to make sure that it filtered down to the program staff and drop-in centers. The RFA is similar to last fiscal year's RFA, and it is due Thursday May 2nd at 5:00 p.m. The MDCH staff is currently trying to find out if they will do a 3-month contract with the 18 PIHPs and then a 9-month contract with the 10 new PIHPs. The staff will look at the proposals when they come in and then decide how they will be doing the contracts for FY14.
- There will not be a technical assistance day on the RFA like last year, but there is an integrated health learning community on April 29th in Grand Rapids as a continuation of those efforts.

VI. Focus on Innovation /Advancement

- Common Elements project update and beta-tester recruitment – *Mary Ruffolo*
 - There have been wonderful responses throughout the state on this project. 7 regions have committed to the project. About 28 supervisors and 92 supervisees will be reviewing the modules to give feedback and study the ways that people might be able to use them effectively within their practices. The common elements modules are on the IMP website. Participants (clinicians, nurses, case managers, peer advocates, and a range of other positions) had to complete a pre-survey. There have been interviews with the supervisors about how they plan to implement the modules. Anyone who is still interested in the beta testing, please send Mary an email at mruffolo@umich.edu. The modules will probably not be available to everyone until October of this year.
- <http://improvingMIpractices.org> updates – *Alyson Rush*
 - There are almost 2,500 people registered on the private side of the website.
 - Many classes/trainings that are offered live have handouts on the website for participants to view and print if they wish, which has gotten positive feedback.
 - The look of the front page will be improving.
 - The older adult class is up, but CEUs are not available yet. There are many older adult resources on the wiki.
 - The "ACT for Physicians and Nurse Practitioners" class is almost up. All of the modules and 3/5 learning checks are finished.
 - The integrated health practice area on the website includes an area for PIHP Block Grant project work plans and contact information, an area for Drop-in Center Block Grant project work plans and contact information, and an area for the Integrated Health Learning Community (IHLC). Catherine Terpstra

(cterpstra@macmhb.org) from the MACMHB was hired to be the coordinator for the IHLC. They are currently working on a diagram showing how everything fits together to avoid duplicating work and missing anything.

- If you have any documents that you discussed during this meeting or will discuss for future meetings, please send them to Crystal Carrothers (carrothersc@michigan.gov) to distribute to the group and post on IMP. Mark asked that everyone send a simple word document with the updates they will be discussing at the meeting to make it easier for taking minutes.
- Modules 1-6 on Motivational Interviewing will be launched on IMP in April pending review by Mark.
- The VASE-R Simulated Encounters is a 30-minute competency exam that is expected to launch within the next two months. This can be used by supervisors to teach motivational interviewing to their staff all at one time. The scoring will help to determine areas of focus for training and coaching activities to improve skills. With the number of contact level staff, using the Motivational Interviewing Technical Instrument (MITI) would not be effective due to the amount of time it takes to make a recording, send it in to a coder, have it coded (at least an hour and a half per recording) and get it back and follow with an appointment to review it with the coder by phone.
- Alyson mentioned that the forum located within each of the classes will be gradually becoming the listserv.
- Mark is interested in having a training on “Using Person Centered Planning to Facilitated the Writing of Recovery-Oriented, Strength-Based, Stage-Wise Treatment Plans” training on the website, because it is the most requested training. There is growing concern about person-centered planning practices especially as it relates to greater emphasis on integrated healthcare and electronic health records. There is a need to collect a lot of data.
 - Mark will send a poll to the group to see who is willing to start meeting to get that project going and what the best meeting time will be.

VII. Updates on MACMHB-associated trainings/conferences & IHLC

- On April 29th there will be a pre-conference for both the MACMHB Spring Conference and the Cross-Cutting and Integrated Practice Conference. That day will also include the second meeting of the Integrated Health Learning Community. April 20th and May 1st is the MACMHB Spring Conference at the Amway Grand Plaza as well as the COD conference at the JW Marriott in Grand Rapids. The two hotels are joined by a tunnel. The plan was to combine both conferences into one, but it did not work out that way. Karen encouraged people to register for the conference if they have not yet. Mark discussed some of the plenary speakers and workshops.

VIII. Discussion/updates on EBP Development & Implementation

- Updates (as indicated) from existing PISC Subcommittees/workgroups

Measurement – Kathy Haines

- Kathy stated that she has been very busy with dual eligibility and the group has not had time to meet. She is not sure what the group will do for the future.

- She discussed the HH and HH/TG modifier data that she is reviewing with the CoCAL subcommittee. The Outcomes Workgroup of the CoCAL will use this data to assist PIHPs in consistently and correctly using the modifiers so that the department can reliably track the degree to which they are providing co-occurring supports and services across the state.
 - HH and TG are modifiers to codes that are entered by the provider when they provide a co-occurring service.
 - The final technical advisory went out to explain what the modifiers were because there were different understandings across the state. Mark will send that advisory to the PISC.
 - Detroit-Wayne is currently creating an instruction manual that walks providers through the use of modifiers. Training on the process should begin this summer.

DD+MI Subcommittee – Nora Barkey

- This subcommittee is no longer meeting, but is willing to meet again based on priorities and response. The update from the subcommittee will be taken off the agenda for future meetings.
- Nora sent an email to all members of the PISC with all of the workgroup's materials and summarized what those materials were. She would like everyone to review the materials and share their insights at the next meeting.
- There was a discussion about the concern that psychiatric hospitals think they cannot provide support to individuals with dual diagnosis. Further discussion about this issue will be put on the agenda for the next meeting.

CoCal – Mark Lewis

- Mark emailed a 2nd quarter report for the CoCAL to the PISC group and discussed the items on the report.
- He discussed the data on the 2012 DDCMHT site reviews that show the overall competency scores and number of recommendations. All of the site reviews were provided a report on the review with scoring and a work plan that they may use to target areas for improvement in 2013. The goal is to double the number of site reviews. Mark recommends agencies who have not had a DDCMHT technical visit consider using it to get a detailed picture of where your supports and services are already well integrated, and a more accurate target for implementation efforts where it is needed. So far there have been four teams reviewed in 2013, and new requests are coming in almost daily. In order to better help agencies with the implementation of COD supports and services, the Technical Assistance report will be delivered on a work plan format. Agencies will be able to work right from the report/work plan on areas they want to target for improvement.
- There have been 11 IDDT reviews in fiscal year 2013 so far. Mark would like to analyze them quarterly and report to the group. The IDDT toolkit was updated so the reports need to have the updated language. The MiFAST technical assistance site visit will be improved by focusing on areas that have traditionally scored below a 3.5 across the state, with assistance and recommendations from MiFAST for those areas.

- Workshop #22 at the COD conference is intended to inform certified peer support specialists of a key role they have within the site review process for IDDT, DDCMHT, and DDCAT. Those who indicate that they are interested in participating in the reviews will be recruited and trained as part of the MIFAST team.
- Mark trained 246 people on Motivational Interviewing across several agencies during the second quarter. The Detroit-Wayne Children's Center training has been participating in weekly coaching activities to enhance the effectiveness of their programs for children and family services. Motivational Interviewing training and coaching are available to all agencies and programs through the MIMIT cadre of trainers developed through MDCH. There are 42 MIMIT trainers that Mark is working with and who are available to assist you. The primary focus with regard to Motivational Interviewing is to provide supervisors of contact-level staff who see practice every day, with training to enable them to provide enhancement coaching on Motivational Interviewing skills for sustainable use and improvement.

Supported Employment – Amy Miller

- Amy was absent and did not give a report.

Trauma Subcommittee – Colleen Jasper

- Mary Ludtke has developed an extensive survey for the Clinical Directors on Trauma Informed Care (TIC) and Trauma specifics. The survey is for information, planning, and analysis of the activities regarding Trauma that are being conducted statewide in Michigan. The survey covered all populations of the public mental health system and included whether there was screening, secondary trauma, inclusion of policy and procedures, self-assessment, and special training request for needs that the state may have. About 20 CMHs have responded and the information is still being analyzed. The data will be utilized for specific training in the next couple years. Information gathered from the survey has provided immense depth in understanding how trauma care is being executed in Michigan.
- A consultation call transpired between CMHSPs and Community Connections on January 28th. The content of the call was focused on the five principles of Trauma Informed Care and Self-Assessment. Most CMHSPs that participated in the phone call were involved in TIC in regards to the domain of safety for both clients and staff. Another call is scheduled for April 26. There will be one more call after that.
- A workgroup is being created to address a technical advisory on the guidelines in carrying out Trauma Specific care for the field. The goal of the technical advisory is to clarify and offer guidance for some of the circumstances where trauma services can be delivered in an effective and safe manner.
- Two learning modules are being developed to be added to the IMP website. The content of the modules will be on the five principles of TIC and self-assessment. This work is being completed by Community Connections in Washington, DC, who did the initial training in this area in the State.

PMTO – Luann Gray

- Training and Coaching is going well. There is a decrease in training days, which is getting people through quicker. PTC training will be finishing up next week. There are 5 new groups starting out in several counties. Detroit and Oakland are partnering with University of Minnesota and going over preferences of parents.
- Also partnering with parent support partners and looking at how parents can work with PTC to help support the parents and clinicians.
- The state conference will happen in September and they are currently determining the best dates for everyone.

Assertive Community Treatment (ACT) – Alyson Rush

- The group completed a revisions draft of ACT.
- ACT 101 occurred in December as well as today and tomorrow. There have been two Recovery of Hope trainings. There was also a training focused on mental illness and dementia.
- The ACT for MD/NP class will be available on the IMP website shortly.

Family Psycho-education (FPE) – Alyson Rush

- Rizzi Designs filmed trainings that will be made into videos. There will be one day worth of training online, and the parts to learn interaction skills will be live.
- The Spring training is coming up, and there is a learning collaborative on April 23rd.

DBT Subcommittee

- The DBT knowledge and practice exams for both Masters prepared DBT trained clinicians and certified peer specialists is currently being beta tested. There were 34 beta testers involved that took it twice. Their feedback was reviewed and the test was revised. The final version of the exam is posted to the IMP website effective April 1, 2013.
- It was proposed that any individual who completes the 2nd beta test version and achieves a passing score (90% correct for DBT Team leaders; 80% correct for all others) would have the option of using that score to fulfill a testing requirement associated with the subsequent credentialing or certification review in lieu of re-taking the DBT Practice and Knowledge Exam. The proposal was reviewed and acted upon by members of the PISC DBT Subcommittee who passed the proposal unanimously.
- Discussion involving the DBT Outcomes Project with data collection via the Carepaths website was introduced during the last DBT Team Leader Conference call. There is a follow-up conference call scheduled to be hosted by Dave Petts Dave Petts on April 16th at 1:00 p.m. DBT Team Leaders are encouraged to join by calling 877-873-8018; Access code: 4983433.
 - Steven noted that the project is a web-based tool for gathering client level outcome data for consumers involved in DBT services. The teams participating have to gather the outcomes.

- Mark has been looking at the coaching information, and it looks like he cannot tell what they are getting for the coaching. There is not detail to show how the calls are improving the teams. For the next fiscal year he wants coaches to have specific targets and report on those in order to have definable outcomes for coaching.

IX. Recap of Recommendations & Decisions Made at Meeting

- Review the materials that Nora sent from the DD MI subcommittee and share insights at the next meeting.
- Patty Wagenhofer will send the trauma technical advisory information and set up a meeting
- Send a written report to Crystal Carrothers (carrothersc@michigan.gov) for the minutes and future meetings.
- Mark will send a poll to the group to see who is willing to be on a new subcommittee for person-centered planning and strength-based training.

X. Public Comment

- Sean Bennett expressed his concerns of the harmfulness of psychiatric drugs and the coercive policies and practices that force people to take drugs. Sean would like the department to start looking at an alternative treatment and perform some studies showing that the current drugs are known to be very harmful to the majority of people they are prescribed to.
- Steve Wiland discussed some of the grant projects that Eastern Michigan University is hoping to partner with Wayne State University. One of the projects is focusing on using different technological applications to treat persons with co-occurring disorders. The other project is intervening with citizens returning from incarceration and how to better influence the process. Through his new position at EMU, Steve has learned more about Detroit-Wayne's Virtual Center of Excellence (VCE) and the possibility of partnering with the IMP website.

XI. Agenda topics for next meeting

- Psychiatric hospitals providing support to the dually-diagnosed.
- Person centered planning and developing IPOS is a potential presentation for another meeting.

XII. Adjourn

The meeting was adjourned at 11:46 p.m.

Next PISC meeting: July 11, 2013; 9:00am – Noon
Michigan Association of CMH Boards Building
426 South Walnut Street, Lansing, 48933