



Module 7 Providing Advice - Offering Nutrition Education

Observation Activity:

Providing Advice - Offering Nutrition Education

Instructions: Observe a certification and note the phrases, words and tone used to deliver nutrition education. Refer to the back page of the “Explore-Offer-Explore” Handout and note any restrictive language used.



- ◆ How was education delayed until the full assessment was complete?
- ◆ What nutrition education was provided?
- ◆ What methods were used to provide nutrition education?
 - ◇ How did staff ask permission?
 - ◇ Was the participant offered a menu of options to discuss?
 - ◇ How did the certifier find out what the participant already knew or has tried?
- ◆ If handouts were provided, how did the certifier engage the participant in the information?
- ◆ Comment on the flow of the certification based on the flowchart provided in this module.