



Region 2 South Medical  
Bio-Defense Network  
presents

# **CISM: Group Crisis Intervention**

*A free two-day ICISF-certified training offered to Wayne, Washtenaw,  
& Monroe county residents or workers*

8:30 a.m. – 5:00 p.m., January 13 & 14, 2009

in the University of Michigan Campus Safety Services Building,  
1239 Kipke Drive, Ann Arbor, MI

## **About the Training**

This **free** training includes workbook, continental breakfast and lunch both days. Participants who have completed this two-day Group Crisis Intervention course will receive ICISF Certification, including 1.4 General Contact Hours from the University of Maryland, Baltimore County. **14 credit hours will be given for State of MI Social Workers.**

The training includes the presentation of information related to:

- The stressful impact of trauma

- The timing for, correct selection and proper application of a wide range of Critical Incident Stress Management interventions.

Material will be presented as lecture and in Q & A group discussion and hands-on skill building sessions with examples and practical guidance from two well-experienced crisis responders/instructors.

**NOTE: The full two-day session must be attended to receive a certificate and/or Social Work CEUs.**

## Group Crisis Intervention

The CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum. The two day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD).

The CISM: Group Crisis Intervention course specifically prepares participants to provide several of these interventions, specifically demobilizations, defusings and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multi-component crisis intervention strategy, which is discussed in this course. T

At the completion of this course, participants will be able to : Define stress, CIS, and PTSD; List the 10 basic interventions of CISM; and Define and describe in detail the CISM group processes of Demobilizations, Defusings, and Debriefings. Completion of The CISM: Group Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as

a CORE class in ICISF's Certificate of Specialized Training Program.

**Day 1:Registration & continental breakfast at 8:00** (class: 8:30 a.m. – 5:00 p.m.)

- General, cumulative, critical incident stress and PTSD
- High risk populations: emergency services, military, other
- 'Critical Incidents' – death, injury, threat, terror, etc.
- Critical Incident Stress Management (CISM) fundamentals
- Core intervention tactics
- Demobilization
- Defusing of small groups

**Day 2:(8:30 a.m. – 5:00 p.m.)**

- Defusing Demonstration
- Essentials of group intervention, Critical Incident Stress Debriefing (CISD)
- Assessing the need for CISD
- Factors which enhance CISD success
- Question / Answer

## **Instructors**

### **Gary Logan, MSW, LMSW**

Gary is a Community Mental Health Specialist with Prevention and Community Response Services of Washtenaw County Public Health and has worked in the mental health field since 1968. He is the Emergency Mental Health Director for Public Health, Coordinator of the Traumatic Events Response Network (TERN), a member of the Washtenaw County CISM Team, a board member of the Michigan

Crisis Response Association and frequent faculty at its annual training conference. Gary is involved in local and regional disaster preparedness, grief and crisis response service delivery as a trainer, consultant, and crisis intervention coordinator/responder in community, school, and emergency services settings. He is an ICISF–approved instructor for group and individual CISM courses.

## **Michelle Rose–Armstrong, M.A., L.L.P**

Michelle is a Community Mental Health Specialist with Prevention and Community Response Services of the Washtenaw County Public Health Department. In this role she provides training and consultation related to crisis and disaster response planning, stress management, suicide prevention, mental health education, and grief and loss support to schools, businesses, and emergency services personnel in her county and surrounding counties. In addition, she is the operations coordinator of the Washtenaw County CISM Team, which responds to the needs of emergency response personnel. Michelle is also a member of the TERN Team and a Board Member of the Michigan Crisis Response Association. Michelle is an ICISF Trained Trainer for *Group Crisis Intervention*, *CISM: Advanced Group Crisis Intervention*, *Responding to Schools Crisis: An integrated, Multi–Component Crisis Intervention Approach*, and *Assisting Individuals in Crisis and Peer Support*.

## **Directions**

The U of M Campus Safety Services Building is located on the east side of the parking lot for Crisler Arena, which is just east of the Michigan Stadium at the intersection of E. Stadium Blvd. & S. Main St. in Ann Arbor, MI.

Map & Driving Directions to Crisler Arena:

<http://www.google.com/maps?f=d&hl=en&saddr=&daddr=333+E.+Stadium+Blvd.+Ann+Arbor,+MI+48104&ie=UTF8&z=15&ll=42.265432,-83.746119&spn=0.014482,0.043001&om=1&iwloc=addr>

Also see: <http://police.umich.edu/?s=directions> regarding advice not to use online mapping programs or GPS for directions to this site.

<p><b>For further information</b> (non registration-related) <b>please contact Gary Logan at 734-544-6811 or <a href="mailto:logang@ewashtenaw.org">logang@ewashtenaw.org</a></b></p>
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# **Group Crisis Intervention**

## **WORKSHOP REGISTRATION**

8:30 a.m. – 5:00 p.m., January 13 & 14, 2009  
at the U of M Campus Safety Services Building,  
1239 Kipke Drive, Ann Arbor, MI

**DAY ONE REGISTRATION at 8:00 a.m.**

- Attendance is limited to individuals who work or live in Wayne, Washtenaw or Monroe counties
- Class size is limited and is likely to fill up very quickly
- Pre-registration is required

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Please check if you are pursuing social worker education credits: \_\_\_\_\_

Email Registration to: [abeauregard@2south.org](mailto:abeauregard@2south.org)

Fax Registration to: 734-902-6000

Please call Amy Beauregard or Jacqueline Henry regarding workshop registration at 734-727-8001 or email questions to [logang@ewashtenaw.org](mailto:logang@ewashtenaw.org)

**Special Needs:**

If you have special needs, including ADA accommodations, please clearly specify (i.e., dietary restrictions, mobility assistance, interpreters, etc). Arrangements will be honored for those written request received 10 business days prior to the conference. All attempts for on-site requests will be made. Address any grievances to Amy Beauregard at [abeauregard@2south.org](mailto:abeauregard@2south.org) or 734-727-8001.