

It Begins with You, Make a Difference Today!

Parent Mentor Training

The Family Center for Children and Youth with Special Health Care Needs invites you to a Parent Mentor Training in **Jackson, Michigan**.

- Remember when your child was newly diagnosed?
- Would it have helped to have someone to talk with who has “been there”?

In our free, interactive **Parent Mentor Training** learn from a fellow parent about:

- Parent-to-Parent Support
- Communication Skills
- Listening Techniques
- Community Resources

If you are a parent, caregiver, or guardian of a child/youth with special needs and would like to make a difference in the lives of others, please join us for a free opportunity to become a trained Parent Mentor.

As a trained Parent Mentor, you will become a part of our statewide network of volunteer parents supporting one another, sharing resources, and helping to navigate various systems.

January 17, 2015
Saturday, 9:00 AM—1:00 PM

Carnegie Library
244 W. Michigan Ave.
Jackson, MI 49201

Please bring a sack lunch, drinks will be provided.
(If needed, mileage and childcare may be reimbursed with prior approval)

To register or find out more information, please contact Amanda Larraga at 517-373-2239
or email LarragaA@michigan.gov

Register by January 9, 2015, space is limited!



“It was so nice to finally talk with another parent who gets my life, who understands what I am going through, and who has made me feel like I am not all alone...”

