

What to Expect After Receiving Vaccines

Sometimes the vaccines that protect you from serious diseases may also cause some discomfort. Reactions to vaccinations do occur, but serious reactions are rare. The more common reactions are redness, slight swelling and pain at the injection site, and fever.



Today's Date _____

You have received the vaccines that are checked below:

Influenza: TIV (flu shot)	Hepatitis A: hep A
Influenza: LAIV (nasal spray)	Hepatitis B: hep B
Pneumococcal Polysaccharide: PPSV23	Varicella: Var (chickenpox)
Tetanus/Diphtheria: Td	Zoster: zoster (shingles)
Tetanus/Diphtheria/Pertussis: Tdap	Meningococcal Conjugate: MCV4
Human Papillomavirus: HPV4 or HPV2	Meningococcal Polysaccharide : MPSV4
Measles/Mumps/Rubella: MMR	Other:

Follow These Steps Below to Ease the Discomfort of Recent Vaccination:

- Apply a cold pack or cloth to the injection area for 5-10 minutes at a time
- Use or exercise the arm in which the vaccine was given - this will distribute the medication quickly and reduce soreness
- If you develop a fever greater than 100°F (38°C), do the following:
 - Take a fever reducing medication as directed by your health care provider: _____
 - Drink plenty of fluids
 - Dress lightly

If you have other questions or are concerned about how you are feeling, don't hesitate to call your health care provider or the clinic where you received the vaccine.

Phone Number: _____

Your next vaccine(s) are due on or after _____