



STATE OF MICHIGAN
 DEPARTMENT OF COMMUNITY HEALTH
 LANSING

JENNIFER M. GRANHOLM
 GOVERNOR

JANET OLSZEWSKI
 DIRECTOR

**Advisory Committee on Pain and Symptom Management
 Meeting Minutes**

May 21, 2009

Members in attendance:

Melanie Brim, M.H.A.
 Ruth Ann Brintnall, Ph.D
 Michael Chafty, M.D.
 Daniel Clauw, M.D.
 Dennis Dobritt, D.O.
 Jean Friend
 Ralph Geraci, PA-C
 Alan Lewandowski, Ph.D.
 Frenchie McCall, L.M.S.W.
 Lawrence Prokop, D.O.
 Michael Stellini, M.D.

Representing/Appointed By:

Michigan Department of Community Health
 Michigan Board of Nursing
 Michigan Board of Medicine
 University of Michigan
 Michigan Board of Osteopathic Medicine & Surgery -
 Public Member
 Task Force on Physician's Assistants
 Michigan Board of Psychology
 Chronic Pain Sufferer
 Michigan State University College of Osteopathic
 Medicine
 Wayne State University School of Medicine

Members absent:

Brian Beck, D.O.
 Jack Gobetti, D.D.S.
 Karen Ogle, M.D.
 Claire Saadeh, Pharm.D, BCOP
 Maria Silveira, M.D.

Michigan Board of Osteopathic Medicine and Surgery
 Michigan Board of Dentistry
 Michigan State University College of Human Medicine
 Michigan Board of Pharmacy
 Michigan Hospice and Palliative Care Association

Visitors in attendance:

Katie Kessler, M.S.N., R.N.
 Jeanne Lewandowski, M.D.
 Mary Lou Searles

Michigan State University College of Nursing
 Beaumont Hospital Grosse Pointe
 MDCH Cancer Prevention and Control Section

Department staff in attendance:

Susan Affholter
 Angela Awrey
 Perry Bell
 Steve Creamer
 Doreen Lyman
 Michael Wissel

The meeting was called to order at 9:45 a.m.

Welcome / Approve of November Meeting Minutes / BHP Update:

Melanie Brim, Director, Bureau of Health Professions, welcomed committee members and visitors to the meeting.

A motion to approve the November 20, 2008 minutes was made by Michael Stellini, M.D. and seconded by Alan Lewandowski, Ph.D. The minutes were approved.

Melanie Brim discussed the appointments for the Advisory Committee on Pain & Symptom Management. The term ends July 2009. The majority of the committee will be returning. Jack Gobetti, D.D.S., Brian Beck, D.O. will not be returning. The Bureau of Health Professions has solicited for the vacancies and hopes to have the appointments in place by the August 2009 meeting.

Compensation / Travel Expense:

Susan Affholter briefly discussed a packet containing travel reimbursement information. In the packet, Advisory Committee members received a non-state employee travel reimbursement form and instructions on how to complete the form. It was explained that if a member travels more than 70 miles to attend a meeting, the state will reimburse for lodging.

Michigan Medical Marihuana Program (MMMP):

Melanie Brim discussed the Medical Marihuana Program. A handout of a PowerPoint on the MMMP was provided to members. The presentation will also be distributed electronically.

Some of the highlights of the presentation were:

- The public ballot proposal on medical marihuana passed on November 4, 2008. Because the Bureau of Health Professions is involved in pain management, the program was assigned to the Bureau.
- A registry has been created with all of the permits issued to date, which includes patients and the caregivers who qualify for the program.
- A review panel will be created for the purpose of reviewing petitions that request adding medical conditions or treatments to the list of conditions or treatments that are in the law. The review panel consists of no more than 15 members including the DCH Chief Medical Executive. The Bureau of Health Professions has asked the Michigan Osteopathic Association and the Michigan State Medical Society for nominations to the panel.
- The Advisory Committee on Pain and Symptom Management is represented on this review panel by providing four licensed physicians and three non-physicians for a total of 7 out of the 15 members. Members were asked to contact Steve

Creamer if they are interested in sitting on the review panel. Once a petition is received, the department has 180 days to respond. It is the job of the review panel will provide recommendations to DCH regarding whether petitions should be approved or denied.

Discussion ensued around the Michigan Medical Marihuana Program. Dr. Jeanne Lewandowski suggested that the ACPSM issue a statement on the efficacy of marihuana for pain management. Michael Chafy, M.D. raised several concerns about the lack of treatment guidelines for using medical marihuana. Specifically, how much should a person have, what other avenues have been pursued prior to using medical marihuana, etc. Daniel Clauw, M.D., reported that at the University of Michigan Health System it has been decided that the new statute effectively turns marihuana into a complementary and alternative therapy, and rather than marihuana being something that is prescribed, it is something that patients will choose to use on their own. Dr. Clauw mentioned that U of M has established an FAQ for both patients and providers to inform them about the risks of cannabanoids and the current evidence available indicating that cannabanoids may be effective for some individuals with a few conditions (such as refractory chronic pain).

Melanie asked that Advisory Committee members come to the August 20, 2009 meeting with suggestions on what the department should be doing with outside organizations regarding the MMMP.

Additional information can be found at www.michigan.gov/mmp.

Michigan Automated Prescription System (MAPS):

Due to the lengthy discussion around the MMMP, the presentation on the MAPS program by Pharmacy Manager Mike Wissel was rescheduled to the August 20, 2009 meeting.

Professional Practice Section Update:

Steve Creamer presented an update on the Professional Practice. The FSMB opioid booklet is expected to be printed and distributed in June 2009. The booklets will be mailed to all Michigan-based physicians and medical residents, physician assistants, and advanced practice nurses. It offers 7.25 CME hours through the University of Wisconsin School of Medicine and Public Health. Pharmacists and dentists are targeted to receive a copy of the booklet later in the year.

Per the statute, the ACPSM [staff] is to consult annually with licensing boards to develop an integrated approach to understanding and applying pain and symptom management techniques. Steve Creamer has presented to the Boards of Pharmacy, Psychology, Medicine, Osteo, and Nursing on the work of the ACPSM and the new pain program.

The physician survey, with the new 18 additional pain management questions added, was completed in March. The report should be coming out in August. The dental survey has two new questions added that inquire into the physician's awareness and

use of the Michigan Automated Prescription System (MAPS). The public pain survey was completed in March. S. Creamer reviewed the Glengariff / Affholter analysis of the March public pain survey. Some discussion followed.

Doreen Lyman, Bureau of Health Professions' website manager, reported that since November 2008, the pain management website has experienced a 97% increase in visitors. Frenchie McCall indicated that the website lacks information on pain management groups and support groups for hospitals. Staff indicated they would address these concerns before the next meeting.

Pain Management Program Update:

Pain guidelines. Susan Affholter discussed the 2002 ACPSM recommendation regarding pain guidelines, which was to develop and distribute pain treatment guidelines. Today, however, there are hundreds of pain guidelines that have been developed and distributed by various organizations.

It was proposed that we address this 2002 recommendation by adding links on the pain management website to 1) the National Guideline Clearinghouse website (www.ngc.gov), and 2) the Cochrane Review (<http://www.cochrane.org/reviews/>). Both resources provide evidence-based pain management guidelines. The committee agreed this would satisfy the recommendation. The department will add a statement that we do not officially endorse any of these treatment guidelines.

Susan noted MAPS, which was launched in 2003, currently has a 15% user rate. In order to increase the MAPS user rate, an article has been written encouraging health care professionals to register to become a MAPS user. The article has been and will be published in several organizations' newsletters, including the Michigan Cancer Consortium, Michigan State Medical Society, Michigan Osteopathic Association, Michigan Pharmacists Association, etc.

Susan Affholter will send the MAPS article to ACPSM members who, in turn, may submit the article to their organization's newsletter.

She will also email ACPSM members the bill numbers of two bills recently introduced related to MAPS.

Ensuring community supply of Schedule II controlled substances. Susan Affholter discussed that she, Steve Creamer, LeAnn Mize, Claire Saadeh, and Mike Wissel have been working on the recommendation related to the supply of these drugs in pharmacies. A survey has gone out to small pharmacy chains and independents asking if they supply Schedule II's. They have also been asked if they would agree to be placed on a confidential list of pharmacies that supply Schedule II's. The list, once compiled, will be sent out to Michigan's community pharmacies to aid them in making referrals to pharmacies that can supply their customers' with Schedule II drugs. The results of the survey indicate that a majority of community pharmacies carry Schedule II's and are willing to be on the list. A survey of large chain pharmacies will be conducted this summer.

Controlled Substances Advisory Commission. Susan Affholter gave a presentation to this commission on the work of the ACPSM as well as on the work of the new Pain Management Program.

New recommendations for 2009 - 2011. Due to time constraints, we were unable to discuss recommendations at this meeting. The August meeting will focus on development of new recommendations. Dr. Prokop brought up the issue of lack of services in rural areas and the possibility of doing televised grand rounds on pain issues as one potential future recommendation.

Next Steps / FY 2009 Meeting Dates / Adjourn:

The next meeting date will be August 20, 2009 from 9:30am to 12:00 pm. It will be held in the Ottawa Building, Upper Level (UP), Conference Room 3.

A motion to adjourn was made by Lawrence Prokop, M.D. and was seconded by Ruth Ann Brintnall, PhD. The meeting was adjourned at 12:00 p.m.

Prepared by: _____
Angela Awrey Date

Approved by: _____
Melanie Brim Date