

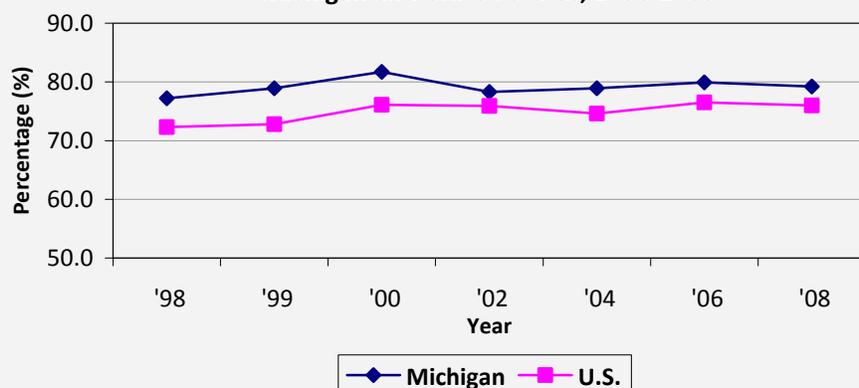
Indicator Definition: Percentage of adults who are up-to-date with age-appropriate screening services.

Indicator Overview:

- Among the many clinical preventive services, the following services are included for this report: Mammograms, Pap Tests, Colorectal Cancer Screenings, and Cholesterol Checks.
- According to the Centers for Disease Control and Prevention (CDC), 7 out of 10 deaths are due to chronic disease; heart disease, cancer, and stroke account for more than 50% of all deaths each year. Preventative screenings can help catch chronic diseases at an earlier stage, which increases longevity with the disease and allows the patient to set up a plan with the provider to manage the disease on a long-term basis.

Mammograms

**Had a Mammogram in the Past Two Years
Among Women Aged 40 Years and Older
Michigan and United States, 1998-2008**

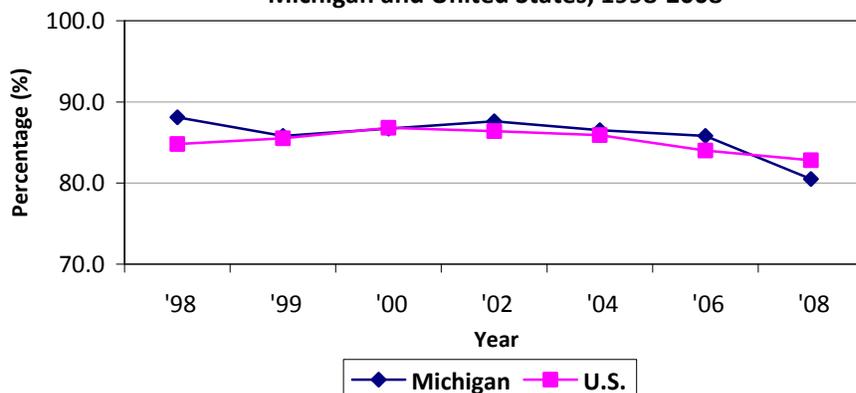


← **Trends:** The percentage of women aged 40 years and older who have had a mammogram in the past two years has remained relatively stable over the past decade for both Michigan and the United States. In 2008, Michigan women aged 40 years and older (79.2%) reported a slightly higher rate of mammography within the past two years when compared to the nation as a whole (76.0%).

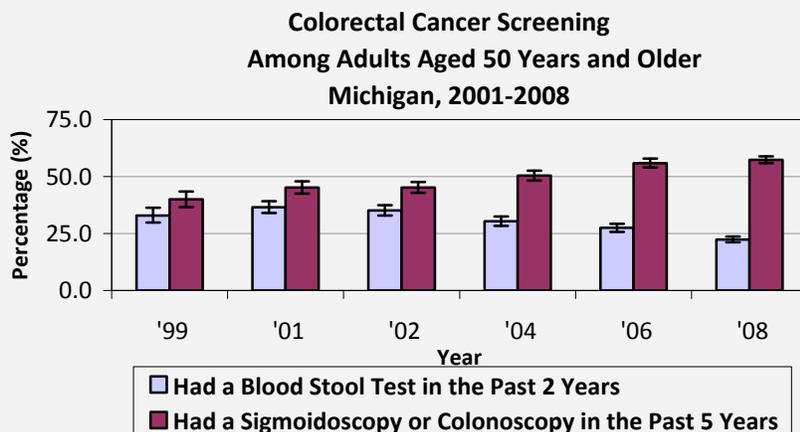
Pap Tests

→ **Trends:** The prevalence of pap testing among women aged 18 years and older has declined slightly over the past decade both at the state and national levels. In 2008, the pap testing rate among Michigan women aged 18 years and older (80.5%) dropped below the U.S. median (82.8%) for the first time in the past several years.

**Had a Pap Test in the Past Three Years
Among Women Aged 18 Years and Older
Michigan and United States, 1998-2008**



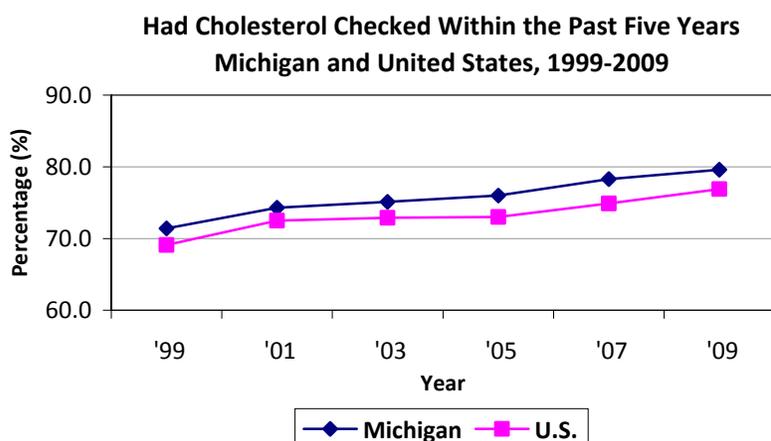
Colorectal Cancer Screening



← **Trends:** The utilization of colorectal cancer screening among Michigan adults aged 50 years and older increased over the past decade. The prevalence of those having a blood stool test in the past two years has decreased slightly, while the prevalence of those having a sigmoidoscopy or colonoscopy in the past five years has dramatically increased.

Cholesterol Check

→ **Trends:** The prevalence of having had cholesterol screening within the past five years in Michigan and the United States has steadily increased over the past decade. In 2009, 79.6% of Michigan adults reported having had their cholesterol checked within the past five years, compared to 76.9% of U.S. adults.



Links to Other Sources of Information:

Michigan Department of Community Health. Michigan Behavioral Risk Factor Surveillance System, 1998-2009. (www.michigan.gov/brfs)
Centers for Disease Control and Prevention (CDC). *Behavioral Risk Factor Surveillance System Survey Data*. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 1998-2009. (www.cdc.gov/brfss)

Links to Related Public Health Programs:

MDCH: Physical Health & Prevention Programs: http://www.michigan.gov/mdch/0,1607,7-132-2940_2955---,00.html
CDC: Chronic Disease Prevention & Health Promotion: <http://www.cdc.gov/chronicdisease/index.htm>