

# Hey Michigan! Do you have a **favorite fish recipe** you'd like to share?

Submit your recipe to the  
Michigan Department of Community Health  
Division of Environmental Health's cookbook!



**Recipes from the Great Lakes State**

Visit [www.michigan.gov/eatsafefish](http://www.michigan.gov/eatsafefish) to  
print a submission form or submit your recipe online!

**No internet?**  
Call 1-800-648-6942 to request a form by mail.



Tell your friends & family!



Please note, your recipe must feature fish that  
can be caught or bought in Michigan.\*

\*Please see the submission form for additional rules and guidelines...