Listing of Worksite Vendors in Michigan

This listing was based on a 2007 survey of former worksite vendors in the "*Worksite and Community Health Promotion Program*" that was implemented in Michigan from 1998-2001 and published in April, 2007. Since publication there have been some further revisions which are reflected by the date in the lower right hand corner. This is not an exhaustive list of vendors in Michigan and is not an endorsement of any listed vendor. If corrections or additions would like to be made, please see the information below.

Michigan Department of Community Health

MDCH

Jennifer M. Granholm, Governor

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Cardiovascular Health, Nutrition & Physical Activity

For additions or corrections contact:

Cardiovascular Health, Nutrition and Physical Activity Section
109 W. Michigan Avenue, Sixth Floor
Lansing, MI 48911
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8/12/2008

Worksite Vendor Listing by Program Services

	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
Access Wellness Centers 4154 Saginaw Court Ann Arbor, Michigan, 48103 Contact: Patricia or David Kubany Phone: 734-665-9095 Email: spectrum@provide.net	FE HRA CS	HH NE PA PE SC-G WM	No	Yes	Ergonomic Analysis Cholesterol Screening Bone Density Screening
Aerobics Plus 2766 Stlll Valley Ct E. Lansing, MI, 48823 Contact: Joan Barch Phone: 517 351-3144 Email: barchj@msu.edu	FE HRA	HH NE PA WM	No	Yes	
Allegan County Health Department 3255 122nd Ave., Ste 200 Allegan, MI, 49010 Contact: Kathy Yonkers-Wright, RDH, MS Phone: 269-686-4523 Email: kwright@allegancounty.org	HRA	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Healthy Lifestyles Workshops and Support Meetings
Allegiance Health It's Your Life Services 1 Jackson Square 9th floor Jackson, MI, 49201 Contact: Theresa McIntyre Phone: 517-780-7305 Email: theresa.mcintyre@allegiancehealth.org	FE HRA CS	HH NE PA PE SC-G WM	Yes	Yes	Health fair display and material. Health management consulting. Onsite and telephonic counseling.
Bon Secours Cottage Health Services 22300 Bon Brae St. Clair Shores, MI, 48081 Contact: Peggy Murphy Kurza Phone: 586-779-7660 Email: peggy_kurza@bshsi.com	FE HRA CS	NE PA	No	Yes	

Health Assessment: Fitness Evaluation *(FE)*; Health Risk Appraisal (*HRA*); Clinical Screening (*CS*).

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
Cadillac Family Physicians 8950 Professional Drive Cadillac, MI, 49601 Contact: Julie Keller Phone: 231-775-2493 Email: occupational@cadillacfamilyphysicians.com	HRA	HH SC-G SC-SH WM	Yes	Yes	
Central Michigan Community Hospital Wellness Central 2600 Three Leaves Drive Mt. Pleasant, MI, 48858 Contact: Debbie Hilts Phone: 989-779-5606 Email: dhilts@cmch.org	FE HRA CS	HH NE PA PE WM	Yes	Yes	Worksite Wellness CPR/First Aid Training Stress Management
Central Michigan University Department of Human Environmental Studies 300 Russell St. Unit 10 Mt. Pleasant, MI, 48858 Contact: Carolyn J. Hoffman, Prof. Emeritus Phone: 989-772-3408 Email: carolynh10@charter.net		NE	Yes	Yes	
Comprehensive Health & Safety Education P.O. Box 373, Farmington, MI, 48332 Contact: Barbara Seabolt Phone: 248-477-1066 Email: chasebls@provide.net	HRA	HH NE PE SC-G SC-SH	Yes	Yes	CPR & First Aid, AED training, Cholesterol Education, Stress Management, Ergonomic, Blood Pressure Education, Bloodborne Pathogens
Covenant Occupational Health Services 600 Irving Ave. Saginaw, MI., 48602 Contact: Kris Wiedyk R.N. Phone: 989-583-7172 Email: kwiedyk@chs-mi.com	FE HRA CS	HH NE PA WM	Yes	Yes	Hearing, Drug, Vision, Cholesterol, and Blood pressure screenings Health fairs and PFTs

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
District Health Department #10 521 Cobbs Street Cadillac, MI, 49601 Contact: Kevin Hughes Phone: 231-876-3839 Email: khughes@dhd10.org	FE HRA	HH NE PE SC-G SC-SH WM	Yes	No	Consulting services to set-up and/or operate worksite wellness programs.
Grand Valley Health Plan 829 Forest Hills Ave SE Grand Rapids, MI, 49546 Contact: Terri Eudy Phone: 616-949-2410 X104 Email:	CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Flu Shot Clinics
Grand View Health System N 10561 Grand View Ln Ironwood, MI, 49938 Contact: Geneva Smiles Phone: 906-932-6208 Email: gsmiles@gvhs.org	HRA CS	HH NE PA PE SC-G	Yes	Yes	
Great Lakes Family Care 520 Cobbs Cadillac, MI, 49601 Contact: Kelly Russell Phone: 231-775-6521 Email: krussell@trinity-health.org	FE HRA	HH NE SC-G WM	Yes	Yes	
Health for Life Consulting, Inc. 6916 Kingdon Ave. Holt, MI, 48842 Contact: Jane Braatz Phone: 517-699-1864 Email: jsbraatz@comcast.net		HH PA PE	No	Yes	Services to the elderly

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
Henry Ford Health System 6525 Second Avenue Detroit, MI, 48202 Contact: Darlene Zimmerman, MS, RD Phone: 313-972-1920 Email: dzimmer1@hfhs.org		HH	No	No	
Holland Hospital Center for Good Health 175 South Waverly Holland, MI, 49423 Contact: Phone 616-394-3377 Email: worksitewellness@hollandhospital.org	FE HRA CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Cholesterol, Blood pressure, and Glucose screening. CPR, breast feeding and child birth classes. Wellness coaching and *Health at Every Size* program.
Holtyn & Associates 719 Turwill Lane Kalamazoo, MI, 49006 Contact: Ken Holtyn Phone: 269- 382-5897 Email: ken@holtynhpc.com Website: www.holtynhpc.com	FE HRA	HH NE PA PE SC-G SC-SH WM	Yes	No	Cholesterol, Blood pressure, and Glucose screening Environmental and policy audit, Cultural assessment, Wellness committee training and incentive programs
Huron Valley-Sinai Hospital 1 William Carls Drive Commerce, MI, 48382 Phone: 248-937-3314	HRA	HH NE SC-G	Yes	Yes	

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
Keweenaw Memorial Fitness Center 700 Sharon Ave Houghton, MI, 49931 Contact: Terry Smythe Phone: 906-482-8201 Email: tsmythe@kmmc.org	FE HRA	HH NE PA SC-SH WM	Yes	Yes	Corporate wellness plans Ergonomic evaluation
Lakeland HealthCare 1234 Napier Ave St Joseph, MI, 49085 Contact: Melissa Schultz, RN, BSN, MA Phone: 269-927-5275 Email: mschultz@lakelandregional.org	FE HRA CS	HH NE PA PE SC-G WM	Yes	Yes	Mental health assessment Health management advisor, Health coach, CPR, first aid, AED training, BBP training, and health fairs

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
Lee McDonagh 7555 Bircklan Dr. Canton, MI, 48187 Contact: Lee McDonagh, RD, CDE Phone: 734-453-1029 Email: mcdonaghrd@woway.com		HH NE WM	Yes	No	Diabetes Education
Midland Community Cancer Services 220 W. Main St. Ste. 105 Midland, MI, 48640 Contact: Susan B. Dusseau, MA, CHES, Director Phone: 989-835-4841 Email: dusseau@cancerservicesmidland.org		SC-G SC-SH	Yes	Yes	You Can Lower Your Cancer Risk Sun Safety presentations Colorectal Kits
MFit Health Promotion Division University of Michigan Health System, 2850 South Industrial, Suite 600 Ann Arbor, MI, 48104 Contact: Janice Gasaway Phone: 734-975-3049 Email: gasawayj@umich.edu	FE HRA CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Ergonomic Fitness for duty DOT physicals Stress management Cooking classes
Northern Michigan Hospital 360 Connable Avenue, Petoskey, MI, 49770 Contact: Therese Green Phone: 231-487-4836 Email: tgreen@northernhealth.org	HRA CS	HH NE PE SC-G SC-SH WM	Yes	Yes	

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
Omni Fitness Club 40 E. Norton Ave. Muskegon, MI, 49444 Contact: Lana Carson Phone: 231-739-3391 Email: lana_carson@omnifitnessclub.com	FE	HH NE PA PE WM	Yes	Yes	
Portage Health Community Health Dept. 500 Campus Drive Hancock, MI, 49930, Contact: Karin Van Dyke Phone: 906-483-1525 Email: kvandyke@portagehealth.org	FE HRA CS	HH NE PA PE WM	Yes	Yes	Blood sugar, Blood pressure, and Cholesterol screening
Professional Fitness Systems 31218 Wellston Warren, MI, 48093 Contact: Darlene Sowa Phone: 586-979-9060 Email: darstar1@sbcglobal.net		PA PE	Yes	Yes	Relaxation Meditation Exercise from a spiritual perspective
Public Health Delta & Menominee Counties 2920 College Ave, Escanaba, MI, 49829 Contact: Renee Barron Phone: 906-789-8110 Email: rbarron@phdm.org		NE PA PE SC-SH WM	Yes	Yes	Cholesterol Screening
Sparrow Corporate Solutions 2900 Hannah Blvd, Ste 211 East Lansing, MI, 48823, Contact: Kari Ruthig Phone: 517-364-8143 Email: kari.ruthig@sparrow.org	FE HRA CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Strategic Planning, Environmental Evaluation Wellness Coaching, Osteoporosis Education, Cancer

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
St. Clair County Health Department 3414 28th Street Port Huron, MI, 48060 Contact: Susan Amato Phone: 819-987-5300 Email: samato@hd.stclaircounty.org		HH NE PE SC-SH	Yes	No	General communicable disease prevention Bloodborne Pathogen Education
St. John Health Systems Occupational Health Services 110 Beech Street, Suite A Tawas, MI, 48764-0489 Contact: Toni Lehr Phone: 989-362-9406 Email: klandon@sjhsys.org	HRA CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Women's Health Initiatives
Training Options Consulting: Wellness Module P.O. Box 674 Southfield, MI, 49037 Contact: Sharon Martin Phone: 248-355-1447 Email: sharmar953@aol.com		HH NE PE SC-G SC-SH WM	Yes	No	Hypertension Education Cholesterol Education Diabetes Education
Tuscola County Health Department 1309 Cleaver Rd. Caro, MI, 48723 Contact: Ann Hepfer Phone: 989-673-8114 ext. 117 Email: ahepfer@tchd.us	HRA	HH NE PA	Yes	Yes	Rural Health Outreach Mi-health tools survey utilization (worksites, restaurants, and schools)
Visiting Nurse Services of Michigan 1515 Cal Drive Davison, MI , 48423 Contact: Jean Mawson, Phone: 810-496-8760 Email: jeanm@vnsm.org	FE HRA CS	HH PA SC-SH WM	Yes	Yes	Bone density screening, CPR, First aid & EAD training, Immunizations, Travel health, Ergonomic, Consultation and training

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
VNA of Southeast Michigan 25900 Greenfield Rd., Ste. 600 Oak Park, MI, 48237 Phone: 248-967-8751 Email: krenny@vna.org	HRA CS	HH NE PE WM	Yes	Yes	Lab draws; Immunization, Blood pressure, TB testing, Travel Vaccinations, BMI, Osteoporosis, and Body fat data analysis.
Wellco Corporation 29488 Woodward Avenue, Suite 102 Royal Oak, MI, 48073 Contact: Scott Foster Phone: 248-549-4247 Email: scott.foster@wellcocorp.com	FE HRA CS	HH NE PA PE WM	Yes	Yes	Actionable metrics, Return on investment data. WellWise seminars and teleseminars. Coaching and consulting.

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