

Listing of Worksite Vendors in Michigan

This listing is based on a 2007 survey of former worksite vendors in the “*Worksite and Community Health Promotion Program*” that was implemented in Michigan from 1998-2001. This is not an exhaustive list of vendors in Michigan and is not an endorsement of any listed vendor. If corrections or additions would like to be made, please see the information below.



For additions or corrections contact:

Cardiovascular Health, Nutrition and Physical Activity Section
109 W. Michigan Avenue, Sixth Floor
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517-335-8766 Phone 517-335-9056 Fax

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Worksite Vendor Listing by Program Services

	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
<p>Access Wellness Centers 4154 Saginaw Court Ann Arbor, Michigan, 48103</p> <p>Contact: Patricia or David Kubany Phone: 734-665-9095 Email: spectrum@provide.net</p>	FE HRA CS	HH NE PA PE SC-G WM	No	Yes	Ergonomic Analysis Cholesterol Screening Bone Density Screening
<p>Aerobics Plus 2766 Still Valley Ct E. Lansing, MI, 48823</p> <p>Contact: Joan Barch Phone: 517 351-3144 Email: barchj@msu.edu</p>	FE HRA	HH NE PA WM	No	Yes	
<p>Allegan County Health Department 3255 122nd Ave., Ste 200 Allegan, MI, 49010</p> <p>Contact: Kathy Yonkers-Wright, RDH, MS Phone: 269-686-4523 Email: kwright@allegancounty.org</p>	HRA	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Healthy Lifestyles Workshops and Support Meetings
<p>Bon Secours Cottage Health Services 22300 Bon Brae St. Clair Shores, MI, 48081</p> <p>Contact: Peggy Murphy Kurza Phone: 586-779-7660 Email: peggy_kurza@bshsi.com</p>	FE HRA CS	NE PA	No	Yes	

Health Assessment: Fitness Evaluation (FE); Health Risk Appraisal (HRA); Clinical Screening (CS).

Risk Reduction: Heart Health Education (HH); Nutrition Education (NE); Physical Activity Involving Workout (PA); Physical Activity involving Education but not Workout (PE); Smoking Cessation for Group (SC-G); Smoking Cessation-Self Help (SC-SH); Weight Management (WM).

Program Services					
Health Assessment	Risk Reduction	Onsite	Offsite	Other?	
<p>Cadillac Family Physicians 8950 Professional Drive Cadillac, MI, 49601</p> <p>Contact: Julie Keller Phone: 231-775-2493 Email: occupational@cadillacfamilyphysicians.com</p>	HRA	HH SC-G SC-SH WM	Yes	Yes	
<p>Central Michigan Community Hospital Wellness Central 2600 Three Leaves Drive Mt. Pleasant, MI, 48858</p> <p>Contact: Debbie Hilts Phone: 989-779-5606 Email: dhilts@cmch.org</p>	FE HRA CS	HH NE PA PE WM	Yes	Yes	Worksite Wellness CPR/First Aid Training Stress Management
<p>Central Michigan University Department of Human Environmental Studies 300 Russell St. Unit 10 Mt. Pleasant, MI, 48858</p> <p>Contact: Carolyn J. Hoffman, Prof. Emeritus Phone: 989-772-3408 Email: carolynh10@charter.net</p>		NE	Yes	Yes	
<p>Comprehensive Health & Safety Education P.O. Box 373, Farmington, MI, 48332</p> <p>Contact: Barbara Seabolt Phone: 248-477-1066 Email: chasebls@provide.net</p>	HRA	HH NE PE SC-G SC-SH	Yes	Yes	CPR & First Aid, AED training, Cholesterol Education, Stress Management, Ergonomic, Blood Pressure Education, Bloodborne Pathogens
<p>Covenant Occupational Health Services 600 Irving Ave. Saginaw, MI., 48602</p> <p>Contact: Kris Wiedyk R.N. Phone: 989-583-7172 Email: kwiedyk@chs-mi.com</p>	FE HRA CS	HH NE PA WM	Yes	Yes	Hearing, Drug, Vision, Cholesterol, and Blood pressure screenings Health fairs and PFTs

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						Program Services				
						Health Assessment	Risk Reduction	Onsite	Offsite	Other?
District Health Department #10 521 Cobbs Street Cadillac, MI, 49601 Contact: Kevin Hughes Phone: 231-876-3839 Email: khughes@dhd10.org						FE HRA	HH NE PE SC-G SC-SH WM	Yes	No	Consulting services to set-up and/or operate worksite wellness programs.
Grand Valley Health Plan 829 Forest Hills Ave SE Grand Rapids, MI, 49546 Contact: Heather E. Bogetta R.D. Phone: 616-949-2410 X104 Email: bogettah@gvhp.com						CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Flu Shot Clinics
Grand View Health System N 10561 Grand View Ln Ironwood, MI, 49938 Contact: Geneva Smiles Phone: 906-932-6208 Email: gsmiles@gvhs.org						HRA CS	HH NE PA PE SC-G	Yes	Yes	
Great Lakes Family Care 520 Cobbs Cadillac, MI, 49601 Contact: Kelly Russell Phone: 231-775-6521 Email: krussell@trinity-health.org						FE HRA	HH NE SC-G WM	Yes	Yes	
Health for Life Consulting, Inc. 6916 Kingdon Ave. Holt, MI, 48842 Contact: Jane Braatz Phone: 517-699-1864 Email: jsbraatz@comcast.net							HH PA PE	No	Yes	Services to the elderly

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
<p>Henry Ford Health System 6525 Second Avenue Detroit, MI, 48202</p> <p>Contact: Darlene Zimmerman, MS, RD Phone: 313-972-1920 Email: dzimmer1@hfhs.org</p>		HH	No	No	
<p>Holtyn & Associates 719 Turwill Lane Kalamazoo, MI, 49006</p> <p>Contact: Ken Holtyn Phone: 269-382-5897 Email: ken@holtynhpc.com Website: www.holtynhpc.com</p>	FE HRA	HH NE PA PE SC-G SC-SH WM	Yes	No	Cholesterol, Blood pressure, and Glucose screening Environmental and policy audit, Cultural assessment, Wellness committee training and incentive programs
<p>Huron Valley-Sinai Hospital 1 William Carls Drive Commerce, MI, 48382</p> <p>Phone: 248-937-3314</p>	HRA	HH NE SC-G	Yes	Yes	
<p>Keweenaw Memorial Fitness Center 700 Sharon Ave Houghton, MI, 49931</p> <p>Contact: Terry Smythe Phone: 906-482-8201 Email: tsmythe@kmmc.org</p>	FE HRA	HH NE PA SC-SH WM	Yes	Yes	Corporate wellness plans Ergonomic evaluation
<p>Lakeland HealthCare 1234 Napier Ave St Joseph, MI, 49085</p> <p>Contact: Melissa Schultz, RN, BSN, MA Phone: 269-927-5275 Email: mschultz@lakelandregional.org</p>	FE HRA CS	HH NE PA PE SC-G WM	Yes	Yes	Mental health assessment Health management advisor, Health coach, CPR, first aid, AED training, BBP training, and health fairs

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
<p>Lee McDonagh 7555 Bircklan Dr. Canton, MI, 48187</p> <p>Contact: Lee McDonagh, RD, CDE Phone: 734-453-1029 Email: mcdonaghrd@woway.com</p>	X	<p>HH NE WM</p>	Yes	No	Diabetes Education
<p>Midland Community Cancer Services 220 W. Main St. Ste. 105 Midland, MI, 48640</p> <p>Contact: Susan B. Dusseau, MA, CHES, Director Phone: 989-835-4841 Email: dusseau@cancerservicesmidland.org</p>	X	<p>SC-G SC-SH</p>	Yes	Yes	<p>You Can Lower Your Cancer Risk</p> <p>Sun Safety presentations</p> <p>Colorectal Kits</p>
<p>MFit Health Promotion Division University of Michigan Health System, 2850 South Industrial, Suite 600 Ann Arbor, MI, 48104</p> <p>Contact: Janice Gasaway Phone: 734-975-3049 Email: gasawayj@umich.edu</p>	<p>FE HRA CS</p>	<p>HH NE PA PE SC-G SC-SH WM</p>	Yes	Yes	<p>Ergonomic</p> <p>Fitness for duty</p> <p>DOT physicals</p> <p>Stress management</p> <p>Cooking classes</p>
<p>Northern Michigan Hospital 360 Connable Avenue, Petoskey, MI, 49770</p> <p>Contact: Therese Green Phone: 231-487-4836 Email: tgreen@northernhealth.org</p>	<p>HRA CS</p>	<p>HH NE PE SC-G SC-SH WM</p>	Yes	Yes	X
<p>Oakwood Healthcare System Department of Community Health 23400 Michigan Ave Suite 606 Dearborn, MI, 48124</p> <p>Contact: Lindsey West Phone: 313-586-4938 Email: lindsey.west@oakwood.org</p>	<p>FE CS</p>	<p>HH NE PA SC-SH WM</p>	Yes	Yes	<p>Diabetes Education</p> <p>Genetic Risk Assessments for Cancer</p>

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
<p>Omni Fitness Club 40 E. Norton Ave. Muskegon, MI, 49444</p> <p>Contact: Lana Carson Phone: 231-739-3391 Email: lane_carson@omnifitnessclub.com</p>	FE	HH NE PA PE WM	Yes	Yes	
<p>Portage Health Community Health Dept. 500 Campus Drive Hancock, MI, 49930,</p> <p>Contact: Karin Van Dyke Phone: 906-483-1525 Email: kvandyke@portagehealth.org</p>	FE HRA CS	HH NE PA PE WM	Yes	Yes	Blood sugar, Blood pressure, and Cholesterol screening
<p>Professional Fitness Systems 31218 Wellston Warren, MI, 48093</p> <p>Contact: Darlene Sowa Phone: 586-979-9060 Email: darstar1@sbcglobal.net</p>		PA PE	Yes	Yes	Relaxation Meditation Exercise from a spiritual perspective
<p>Public Health Delta & Menominee Counties 2920 College Ave, Escanaba, MI, 49829</p> <p>Contact: Renee Barron Phone: 906-789-8110 Email: rbarron@phdm.org</p>		NE PA PE SC-SH WM	Yes	Yes	Cholesterol Screening
<p>Sparrow Corporate Solutions 2900 Hannah Blvd, Ste 211 East Lansing, MI, 48823,</p> <p>Contact: Kari Ruthig Phone: 517-364-8143 Email: kari.ruthig@sparrow.org</p>	FE HRA CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Strategic Planning, Environmental Evaluation Wellness Coaching, Osteoporosis Education, Cancer

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	Program Services				
	Health Assessment	Risk Reduction	Onsite	Offsite	Other?
<p>St. Clair County Health Department 3414 28th Street Port Huron, MI, 48060</p> <p>Contact: Susan Amato Phone: 819-987-5300 Email: samato@hd.stclaircounty.org</p>	X	HH NE PE SC-SH	Yes	No	General communicable disease prevention Bloodborne Pathogen Education
<p>St. John Health Systems Occupational Health Services 110 Beech Street, Suite A Tawas, MI, 48764-0489</p> <p>Contact: Toni Lehr Phone: 989-362-9406 Email: klandon@sjhsys.org</p>	HRA CS	HH NE PA PE SC-G SC-SH WM	Yes	Yes	Women's Health Initiatives
<p>Training Options Consulting: Wellness Module P.O. Box 674 Southfield, MI, 49037</p> <p>Contact: Sharon Martin Phone: 248-355-1447 Email: sharmar953@aol.com</p>	X	HH NE PE SC-G SC-SH WM	Yes	No	Hypertension Education Cholesterol Education Diabetes Education
<p>Tuscola County Health Department 1309 Cleaver Rd. Caro, MI, 48723</p> <p>Contact: Ann Hepfer Phone: 989-673-8114 ext. 117 Email: ahepfer@tchd.us</p>	HRA	HH NE PA	Yes	Yes	Rural Health Outreach Mi-health tools survey utilization (worksites, restaurants, and schools)
<p>Visiting Nurse Services of Michigan 1515 Cal Drive Davison, MI , 48423</p> <p>Contact: Jean Mawson, Phone: 810-496-8760 Email: jeanm@vnsn.org</p>	FE HRA CS	HH PA SC-SH WM	Yes	Yes	Bone density screening, CPR, First aid & EAD training, Immunizations, Travel health, Ergonomic, Consultation and training

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Program Services					
Health Assessment	Risk Reduction	Onsite	Offsite	Other?	
VNA of Southeast Michigan 25900 Greenfield Rd., Ste. 600 Oak Park, MI, 48237 Phone: 248-967-8751 Email: krenny@vna.org	HRA CS	HH NE PE WM	Yes	Yes	Lab draws; Immunization, Blood pressure, TB testing, Travel Vaccinations, BMI, Osteoporosis, and Body fat data analysis.
Wellco Corporation 29488 Woodward Avenue, Suite 102 Royal Oak, MI, 48073 Contact: Scott Foster Phone: 248-549-4247 Email: scott.foster@wellcocorp.com	FE HRA CS	HH NE PA PE WM	Yes	Yes	Actionable metrics, Return on investment data. WellWise seminars and teleseminars. Coaching and consulting.