

## Instructions for Facemask Use

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This H1N1 Influenza Toolkit includes 200 (4 boxes) Alpha Protech facemasks.

The purpose of these facemasks is to prevent the spread of the H1N1 influenza virus in your school.

Students showing flu-like symptoms should be provided, and wear, a mask until they can be sent home.



### If Your Student Shows Any of These Symptoms...

- Fever
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Chills and fatigue
- Some people may have vomiting and diarrhea

### Then Follow These Guidelines...

- Provide the student a facemask to wear until s/he is able to leave school grounds.
- Put your student in a well-ventilated area (when possible).
- Place student(s) in areas where at least 6 feet distance can be maintained between the ill student and other well and/or ill people.
- Tell your student s/he needs to stay home until s/he is free of fever (100° F [37.8°C]) without the use of fever-reducing medications for 24 hours.

**CDC Facemask Information:** Unless otherwise specified, the term "facemasks" refers to disposable facemasks cleared by the U.S. Food and Drug Administration (FDA) for use as medical devices. This includes facemasks labeled as surgical, dental, medical procedure, isolation, or laser masks. Such facemasks have several designs:

- One type is affixed to the head with two ties, conforms to the face with the aid of a flexible adjustment for the nose bridge, and may be flat/pleated or duck-billed in shape.
- Another type of facemask is pre-molded, adheres to the head with a single elastic band, and has a flexible adjustment for the nose bridge.
- A third type is flat/pleated and affixes to the head with ear loops (included in this toolkit).

### Quick Facts:

1. Facemasks should be used once and then thrown away in the trash.

2. They keep splashes or sprays from reaching the mouth and nose of the person wearing the facemask.

3. Facemasks cleared by the FDA for use as medical devices have been determined to have specific levels of protection from penetration of blood and body fluids.

4. They are not designed to protect against breathing in very small particle aerosols that may contain viruses.

5. Facemasks help stop droplets from being spread by the person wearing them.

