

# MICHIGAN DEPARTMENT OF COMMUNITY HEALTH

Michigan Department  
of Community Health



## Minimum Program Requirements

Element: **Family Planning**

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### **ELEMENT DEFINITION:**

Family Planning services offer comprehensive preventive reproductive health care that includes: general health assessment and examination; routine screening for sexually transmitted diseases, HIV infections, cervical and breast cancer, high blood pressure, anemia, infertility problems and selected infections; contraception, pregnancy testing and counseling services; client and community education; and follow-up and referrals for medical or socio/economic problems.

The primary mission is to provide individuals the information and means to exercise personal choice in determining the number and spacing of their children.

### **MINIMUM PROGRAM REQUIREMENTS:**

1. Provide a broad range of acceptable and effective medically approved family planning methods (including natural family planning methods) and services (including infertility services and services for adolescents). *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(1)*
2. Provide services without subjecting individuals to any coercion to accept services or to employ or not to employ any particular methods of family planning. Acceptance of services must be solely on a voluntary basis and may not be made a prerequisite to eligibility for, or receipt of, any other services, assistance from or participate in any other program. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(2)*
3. Provide services in a manner which protects the dignity of the individual. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(3)*
4. Provide services without regard to religion, race, color, national origin, handicapping condition, age, sex, number of pregnancies, or marital status. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(4)*
5. Not provide abortion as a method of family planning. Offer pregnant women the opportunity to be provided information and counseling regarding each of the following options:

(A) Prenatal care and delivery; (B) Infant care, foster care, or adoption; and (C) Pregnancy termination. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(5) and (i)*

6. Provide that priority in the provision of services will be given to persons from low-income families. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(6)*

7. Provide that no charge will be made for services provided to any persons from a low-income family (at or below 100% of the Federal Poverty Level) except to the extent that payment will be made by a third party (including a government agency) which is authorized to or is under legal obligation to pay this charge. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(7)*

8. Provide that charges will be made for services to persons other than those from low-income families in accordance with a schedule of discounts based on ability to pay, except that charges to person from families whose annual income exceeds 250 percent of the levels set forth in the most recent Poverty Guidelines will be made in accordance with a schedule of fees designed to recover the reasonable cost of providing services. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(8)*

9. If a third party (including a government agency) is authorized or legally obligated to pay for services, all reasonable efforts must be made to obtain the third-party payment without application of any discounts. Where the cost of services is to be reimbursed under title XIX, XX, or XXI of the Social Security Act, a written agreement with the title agency is required. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(9)*

10. Provide for an advisory committee. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (a)(11)*

11. Provide for medical services related to family planning (including physician's consultation, examination prescription, and continuing supervision, laboratory examination, contraceptive supplies) and necessary referral to other medical facilities when medically indicated, and provide for the effective usage of contraceptive devices and practices. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(1)*

12. Provide for social services related to family planning, including counseling, referral to and from other social and medical services agencies, and any ancillary services which may be necessary to facilitate clinic attendance. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(2)*

13. Provide for informational and educational programs designed to: achieve community understanding of the objectives of the program; inform the community of the availability of services; and promote continued participation in the project by persons to whom family planning services may be beneficial. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(3)*

14. Provide for orientation and in-service training for all project personnel. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(4)*

15. Provide services without the imposition of any durational residency requirement or requirement that the patient be referred by a physician. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(5)*
16. Provide that the family planning medical services will be performed under the direction of a physician with special training or experience in family planning. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(6)*
17. Provide that all services purchased for project participants will be authorized by the project director or his/her designee on the project staff. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(7)*
18. Provide for coordination and use of referral arrangements with other providers of health care services, local health and welfare departments, hospitals, voluntary agencies, and health services projects support by other federal programs. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(8)*
19. Provide that if family planning services are provided by contract or other similar arrangements with actual providers of services, services will be provided in accordance with a plan which establishes rates and method of payment for medical care. These payments must be made under agreements with a schedule of rates and payments procedures maintained by the agency. The agency must be prepared to substantiate, that these rates are reasonable and necessary. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(9)*
20. Provide, to the maximum feasible extent, an opportunity for participation in the development, implementation, and evaluation of the project by persons broadly representative of all significant elements of the population to be served, and by others in the community knowledgeable about the community's needs for family planning services. *42 CFR CH. 1 (10-1-00 Edition) §59.5 (b)(10)*
21. Any funds granted shall be expended solely for the purpose of delivering Title X Family Planning Services in accordance with an approved plan & budget, regulations, terms & conditions and applicable cost principles prescribed in 45 CFR Part 74 or Part 92, as applicable. *42 CFR CH. 1 (10-1-00 Edition) §59.9*