

## Where can I get family planning services?

The family planning program is available throughout Michigan. Family planning providers include many Local Health Departments, Planned Parenthoods, and a few other types of agencies. For a list of family planning providers in Michigan, please visit [www.michigan.gov/familyplanning](http://www.michigan.gov/familyplanning).



## For more information about family planning programs in Michigan contact:

Michigan Department of  
Community Health

Family Planning Program

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Lansing, Michigan 48933  
(517) 335-8929

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Michigan Department  
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# Family Planning in Michigan

## What, Why and Who

## What is family planning?

Family planning services help women and men determine if and when they want to have a child. The program helps keep people healthy and protects their ability to have children in the future. All services are completely confidential.



## Why do I need family planning?

- It promotes the well-being of families by giving couples the opportunity to time pregnancies when they are best able to care for a child.
- It promotes healthy pregnancies.
- It keeps women healthy by finding health problems early through regular checkups and testing. Finding problems early helps protect a woman's ability to have children in the future.

## What services can I access in a family planning program?

Family planning services include:

- A full range of birth control information and supplies. Some methods provided include: birth control pills, the "Patch," the "Depo Shot," the NuvaRing, IUDs, condoms, natural family planning and emergency contraception.
- Pregnancy testing, counseling and referrals
- Annual exams (check-ups)
- Screening for sexually transmitted infections, HIV/AIDS, breast and cervical cancer, and other health issues.
- Client education and counseling and community education
- Follow-up and referrals for social and medical issues.

Abortions are not provided through this program.



## Am I eligible for the family planning program?

Family planning services are provided to **men and women** of all ages, in need of pregnancy prevention services, regardless of their income.

## Who pays for the program?

In Michigan, federal, state and local funds are used to provide confidential family planning services for people in need, including individuals with low incomes and teens.

Fees are charged on a sliding scale based on family income. Teens seeking confidential services will be charged based on the income of the teen, not their parents.

Services are not denied based on the individual's ability to pay. Donations from clients are accepted.

Insurances including Medicaid are accepted.