

What is Fluoride Varnish?

Fluoride varnish is
painted on the teeth to
prevent new cavities.

It can also stop cavities
that have already
started.



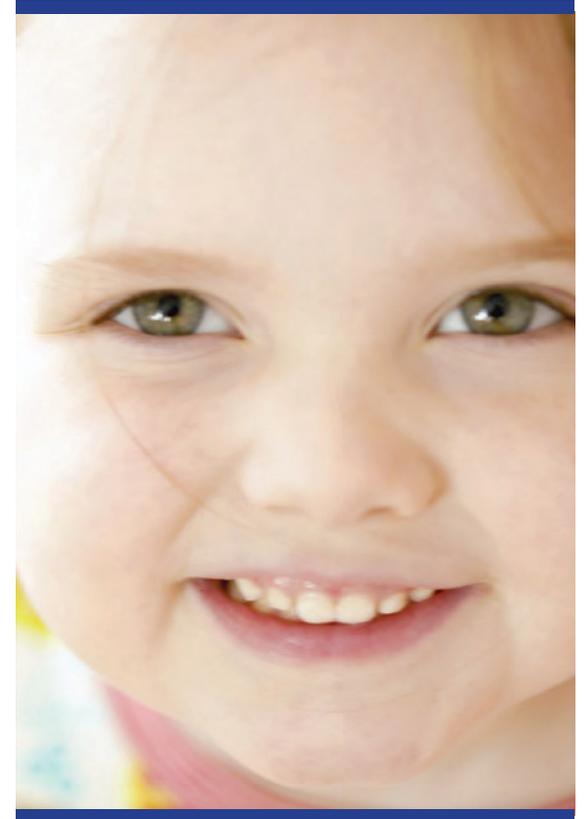
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Fluoride Varnish



**Keep Your
Child's Smile
Healthy**

Why is fluoride varnish recommended for my child's teeth?

Many children have cavities. Even children as young as 1 year old can get cavities. Cavities in children's teeth can cause pain and stop children from eating, speaking, sleeping and learning.

Does my child need fluoride varnish?

If a child has cavities or fillings or does not have fluoride in their drinking water they should have varnish put on their teeth.

At what age should fluoride varnish be applied?

It is ok for babies and children of all ages to have fluoride varnish.



Is fluoride varnish safe?

Yes, fluoride varnish can be used on babies from the time they have their first teeth. Only a very small amount of fluoride varnish is used.

How is fluoride varnish put on the teeth?

The varnish is easily painted on the teeth with a small, one time use brush. It is quick, easy and has good flavor.



What should you do after fluoride varnish is put on your child's teeth?

- Do not brush your child's teeth until the next day.
- Do not allow your child to eat hard or chewy foods or chew gum that day.
- The fluoride varnish can be yellow or clear. The teeth may look yellow for 24 hours. The color will disappear when the teeth are brushed the next day.

How long does varnish last?

The fluoride varnish sticks to the teeth until it is brushed away the next day. Varnish should be put on the teeth every 3 to 4 months to keep the teeth healthy.

Who will give your child the varnish?

A trained health professional will put the varnish on your child's teeth.

How much does the varnish cost?

If your child has Medicaid or other dental insurance, the insurance company may be billed. A special program might cover the cost or a very small fee may be charged.