

Growing Communities through Gardens

Who is it for?

Anyone who is thinking about starting a community garden.

How do you get it?

Just download the pdf document.

How is it used?

It describes the benefits, organizational options and resources available for community gardening efforts in North Carolina.

Eat Smart. Move More North Carolina: Growing Communities Through Gardens is a planning and resource guide for anyone who is thinking about starting a community garden.

The guide describes a community garden, its benefits, how to find or start a garden and tips for growing, storing, preparing and enjoying fruits and vegetables. In addition it highlights state and national gardening resources.

Whether your "community" setting (worksite, faith community, school, etc.) is considering starting a community garden or you are thinking about joining a garden near you, the primer walks you through the options, steps and resources to ensure success.

