

How Does Your Pre-Teen Stack Up?

Your child needs vaccines to fight these diseases by 11-12 years of age.

Meningitis

- Affects the brain and spinal cord
- Spread through sneezing, coughing, kissing, and sharing food or drinks with infected persons
- First dose should be given at the 11-12 year old check up
- Second dose should be given at 16 years



Influenza (Flu)

- Spreads easily in school settings
- Even healthy people can get the flu and it can be serious
- Everyone 6 months of age and older needs seasonal flu vaccine every year



Human Papillomavirus (HPV)

- Causes genital warts and anal cancer in males and females, and cervical cancer in females
- Three shots are needed for girls and boys at 11-12 years of age



Hepatitis A

- Hep A can cause fever, tiredness, loss of appetite, nausea, and jaundice
- Children and teens need two shots of Hep A vaccine



Tetanus, Diphtheria, Pertussis

- Tetanus can be found in soil and enters the body through a cut or wound
- Whooping cough (pertussis) causes coughing or choking making it hard to eat or breathe
- One shot of Tdap vaccine is needed at 11-12 years of age



Varicella (Chickenpox)

- Causes an itchy rash all over the body
- Can lead to severe skin infections, scars, and pneumonia
- All school-age children and teens - who have not had chickenpox - now need two shots of vaccine



Make sure to ask the doctor if your pre-teen is up-to-date on other needed vaccines, such as Hepatitis B; Measles, Mumps and Rubella (MMR); and Polio. www.michigan.gov/teenvaccines

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